

# OCTAGON *Tribune*



Volume 12 Issue 5

A Monthly Newsletter for the Residents of the Octagon Towers Condominium

June 2026

## OCTAGON TOWERS CONDOMINIUM

1881 Washington Avenue  
Miami Beach, Florida 33139

### ASSOCIATION OFFICERS

**Pres./Treas.** .... Heather McCabe  
**Vice President** Joshua Stedman  
**Secretary** ..... Courtney Adante

### ASSOCIATION DIRECTORS

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**Director** ..... Greg Freeman  
**Director** ..... Adriana Moya  
**Director** ..... Stacey Waldron  
**Director** ..... Steven Velozo  
**Director** ..... Raul Jidy

### PROPERTY STAFF

**Manager** .. Adriana Caraballo, LCAM  
*Adriana@pmisunshinestate.com*  
**Maintenance Sup.** .. Jaime Orozco  
**Maintenance** ..... Everett Brown

### IMPORTANT NUMBERS

**Main** ..... 305-673-6580  
**Valet**..... 305-673-4563  
**After Hours Emergency**  
..... 786-440-6157

### OFFICE HOURS

**Monday - Friday**.....9am - 5pm



Published monthly at no cost for Octagon Towers by Coastal Group Publications. Contact CGP at (305) 981-3503 or [info@cgpnewsletters.com](mailto:info@cgpnewsletters.com) to place an ad or to get a free newsletter for your property.

## OWNER'S UPDATE OCTAGON TOWERS

### ELEVATOR MODERNIZATION

Awaiting updated final proposal for the partition wall in the elevator room, that is required by City of Miami Beach for the new elevators to pass inspection.

### FIRE SPRINKLER SYSTEM

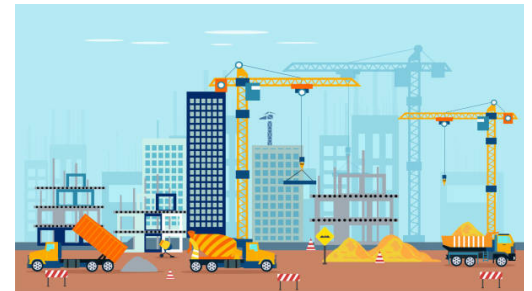
Pending the selection of an electrician and fire alarm work.

### ROOFING

Tremco issued a letter confirming the products usage on the roof deck based on the core sample testing report provided.

### GENERATOR INSTALLATION

Awaiting updated engineer drawings with the location of the temporary generator to be placed in the general parking. General Contractors have been contacted to bid on the construction of the elevated platform for the permanent generator.



### A/C GEOTHERMAL SYSTEM

An engineering proposal has been accepted. Awaiting geothermal wells contractors finalized proposals.

### FIRE ALARM UPGRADES

City of Miami Beach approved the permit application. Awaiting date when work will begin.

### PARKING LOT DRAINAGE

Additional contractor proposals are being obtained for piping and drainage work.

### 60 YEARS RECERTIFICATION

The engineering firm M2E completed their electrical and structural integrity reports. The reports were submitted to The City of Miami Beach.

The engineering firms, M2e, Thornton & Tomasetti, Mueller & Associates, submitted proposals for preparing the request for bid packages, currently under review.

*Continued on page 2*

**Owner’s Update (cont. from page 1)**

Presently meeting with electrical contractors that will bid on the electrical scope of work for the deficiencies noted in the electrical re-certification report.

Please find below a reminder regarding trash disposal:

- Refuse/bagged garbage shall be deposited only in the trash chute, or in the containers provided in the trash room. In this regard, all refuse must be in sealed bags.
- Cardboard boxes or any size, wire hangers, newspapers, and any item that might clog the chute must be brought to the ground floor trash room, which is accessible from the atrium.
- No construction debris, paint cans or other volatile or inflammable objects shall be placed in the trash



chute, recycling bins or trash room. These items must be properly disposed of in accordance with the environmental protection guidelines.

- **BULK TRASH IS NOT ALLOWED IN THE BUILDING’S TRASH ROOM.**
- Please arrange for a pickup or dispose of your bulk trash with the City of Miami Beach, the information can be found here: <https://www.miamibeachfl.gov/city-hall/public-works/sanitation-division/bulk-disposal/>
- -Recycle all glass, plastic containers and newspapers in order to keep our sanitation costs down. Recycling bins are in the trash room.
- All household garbage must be placed in sealed plastic bags that can fit easily into the trash chute openings.

**RULES WILL BE STRICTLY ENFORCED.**

We also remind you that the owner’s portal provides information accessible to you, certificate of insurance requests for lenders, approved meeting minutes, governing documents, and more, ... Please use the link below: <https://sites.vertilinc.com/octagontowers/>

**COMMISSIONER VICKI L. LOPEZ**  
MIAMI-DADE COUNTY - DISTRICT 5

My Miami and Miami Beach offices are open and ready to welcome you. If you have a concern, need assistance, or want to connect with County services, my team and I are here to listen and support you.

**CONTACT US:**  
 ☎ 305-375-5924 ✉ [district5@miamidade.gov](mailto:district5@miamidade.gov)  
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 📍 2100 Coral Way, Suite 400, Miami, FL 33145 (Open M-F, 9 AM - 5 PM)  
 📍 1700 Convention Center Drive, 1st Floor, Miami Beach, FL 33139 (Open M & W, 9 AM - 5 PM)

Mis oficinas en Miami y Miami Beach están abiertas y listas para recibirle. Si tiene alguna inquietud, necesita asistencia o desea conectarse con servicios del Condado, mi equipo y yo estamos aquí para escucharle y brindarle apoyo.

**CONTÁCTENOS:**  
 ☎ 305-375-5924 ✉ [district5@miamidade.gov](mailto:district5@miamidade.gov)  
 🌐 [www.miamidade.gov/district05](http://www.miamidade.gov/district05) 📍 @CommissionerVickiLLopez  
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## The Patron Saint of Wi-Fi



The Catholic Church officially has a millennial saint. Carlo Acutis, canonized by Pope Leo XIV in September 2025, is believed to be the first saint born after 1980. Nicknamed “God’s influencer,” the English-born, Milan-raised teenager was a computer whiz who taught himself programming and web design, built a website cataloging Eucharistic miracles, and managed his parish’s digital presence — all before his death from leukemia in 2006 at age 15. Unlike the robed and haloed saints of centuries past, Acutis is typically depicted in jeans, sneakers, and a red polo shirt, often with a laptop. The Vatican has embraced his tech-savvy image, and a new mobile app inspired by his work launched earlier this year. He is widely regarded as the unofficial patron saint of the internet. Not bad for a kid who also really loved playing video games.



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## SWIPE RIGHT FOR WRINKLES

Beauty influencers have found their newest enemy — and their newest cash cow. A recent Wall Street Journal report spotlighted the growing panic over “tech neck,” the horizontal lines that form across the neck from constantly looking down at smartphones. Influencers have swooped in with a parade of solutions: specialty neck creams, silicone masks, massage rollers, and futuristic LED red-light collars, turning a modern insecurity into a booming profit center.



But creased necks are just the opening act. Americans now average roughly five hours a day on their phones, and the body is keeping score. Digital eye strain — headaches, dry eyes, and blurred vision — affects millions who blink half as often while scrolling. Tilting your head down at 45 degrees puts up to 60 pounds of pressure on the cervical spine, leading to chronic neck and back pain. Then there’s the invisible toll: disrupted sleep from blue light exposure, increased rates of anxiety and depression, and studies linking heavy screen time to reduced gray matter volume in the brain.

So the next time an influencer sells you a \$90 neck serum, maybe just try looking up.

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