

# BONAVIDA Monthly Newsletter

Volume 12 Issue 7

A Monthly Newsletter for the Residents of Bonavida Condominium

June 2026

## Bonavida Condominium Association, Inc

20100 W Country Club Drive  
Aventura, Florida 33180

### ASSOCIATION OFFICERS

**President**.....John Perez  
**Vice President** ..... Ilan Benyes  
**Secretary**.....Marta Vila  
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**Director** ..... Vivian Cohen  
**Director** ..... Sigal Konig

### PROPERTY STAFF

**Management**..CondoMaster USA  
**LCAM** ..... Tiffany Silburn  
manager@bonavidacondo.com  
**Maintenance Sup...** Boris Varela  
**Maintenance** .....Gabriel Salas  
**Housekeeping**.....Magda Capo

### IMPORTANT NUMBERS

**Main** .....305-935-1319  
**Fax** .....305-933-3365  
**Security** ..... (954) 779-0034



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Dearest Gentle Readers (Owners/Tenants),

First of all, I want to extend good wishes to all the fathers and anyone and everyone who has taken that role, a wonderful Father's Day.

There have been many changes within the Bonavida Community, such as new Association Officers and some different roles, a new LCAM, and finally a Maintenance Supervisor. Congratulations!

There have been many positive changes within our building. Let's continue to strive through active participation, effective communication and finally respect for one another for the betterment of the Bonavida Community.

Yours truly (Neighbor/Owner)

*"Coming together is a beginning, staying together is progress, and working together is success."* —By Henry Ford



★ CELEBRATE SAFELY ★

## FIREWORKS SAFETY TIPS

- 
**ADULT SUPERVISION ALWAYS:**  
 A responsible adult must handle and light fireworks. Children should never use them.
- 
**READ ALL INSTRUCTIONS:**  
 Always read and follow the manufacturer's directions for each type of firework.
- 
**USE OUTDOORS ONLY:**  
 Light fireworks in a clear, open area away from houses, dry grass, or other structures.
- 
**SAFE DISTANCE:**  
 Stand well back once a firework is lit and ensure all spectators are also at a safe distance.
- 
**KEEP WATER NEARBY:** Have a bucket of water or a hose ready to extinguish duds or small fires.
- 
**NEVER RELIGHT DUDS:**  
 If a firework doesn't go off, wait at least 20 minutes before approaching and soak it in water.
- 
**DISPOSE PROPERLY**  
 Once finished, soak all used and unused fireworks in water for at least an hour before disposal.

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## The Patron Saint of Wi-Fi



The Catholic Church officially has a millennial saint. Carlo Acutis, canonized by Pope Leo XIV in September 2025, is believed to be the first saint born after 1980. Nicknamed “God’s influencer,” the English-born, Milan-raised teenager was a computer whiz who taught himself programming and web design, built a website cataloging Eucharistic miracles, and managed his parish’s digital presence — all before his death from leukemia in 2006 at age 15. Unlike the robed and haloed saints of centuries past, Acutis is typically depicted in jeans, sneakers, and a red polo shirt, often with a laptop. The Vatican has embraced his tech-savvy image, and a new mobile app inspired by his work launched earlier this year. He is widely regarded as the unofficial patron saint of the internet. Not bad for a kid who also really loved playing video games.





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# What's My HOME WORTH?



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## SWIPE RIGHT FOR WRINKLES

Beauty influencers have found their newest enemy — and their newest cash cow. A recent Wall Street Journal report spotlighted the growing panic over “tech neck,” the horizontal lines that form across the neck from constantly looking down at smartphones. Influencers have swooped in with a parade of solutions: specialty neck creams, silicone masks, massage rollers, and futuristic LED red-light collars, turning a modern insecurity into a booming profit center.



But creased necks are just the opening act. Americans now average roughly five hours a day on their phones, and the body is keeping score. Digital eye strain — headaches, dry eyes, and blurred vision — affects millions who blink half as often while scrolling. Tilting your head down at 45 degrees puts up to 60 pounds of pressure on the cervical spine, leading to chronic neck and back pain. Then there’s the invisible toll: disrupted sleep from blue light exposure, increased rates of anxiety and depression, and studies linking heavy screen time to reduced gray matter volume in the brain.

So the next time an influencer sells you a \$90 neck serum, maybe just try looking up.

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