

Brickell Ten CONDOMINIUM

A Newsletter for the Residents of the Brickell Ten Condominium Association



Volume 3 Issue 2

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**BRICKELL TEN
Condominium Association Inc.**
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Miami, Florida 33130
brickelltenmanagement@gmail.com
<https://websites.mmilive.net/brickellten>

ASSOCIATION OFFICERS
President..... James Brewer
Vice President . Valeria Rodriguez
Secretary/Treas...... Julia Stepanova

PROPERTY STAFF
Manager..... Madeleyvis Boris
brickelltenmanagement@gmail.com
Admin Assistant Linda Capote

IMPORTANT NUMBERS
Front Desk..... 786-245-6883
Security.... 786-245-6984 Ext 102
Main Office 786-235-9196

OFFICE HOURS
Mon. - Fri..... 9:00 am - 5:00 pm

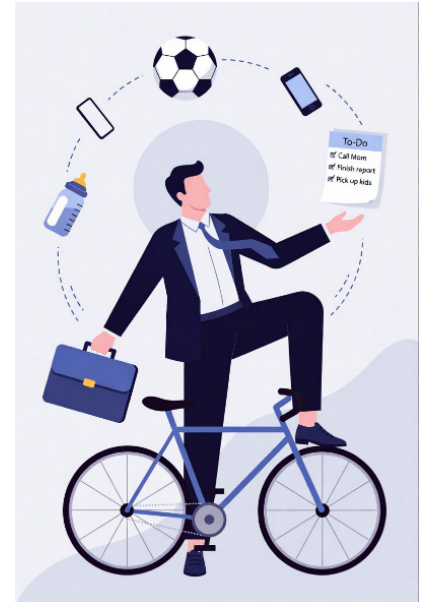


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Beat The ‘Captivity of Activity’ with Rest

There’s a difference between accomplishing something and doing something. Our fast-track world honors constant activity, but those who aren’t selective about what they do can wind up with a lot of stress and feel like a mouse on a treadmill. They’re running fast, working hard, and not getting anywhere. Experts call it the “captivity of activity.” Here are some of the symptoms:

- You’re in a constant rush.
- You think that no matter how much you work, you’ll never have enough time to do it all.
- You are chronically tired and emotionally exhausted.
- You believe that if you stop, everything will fall apart.



It won’t. Here’s a radical notion that will help: Get some rest. That doesn’t mean rushing off for a vacation, because that could raise your stress level even higher. It doesn’t mean taking a less-stressful job, because every job includes stress. And it doesn’t mean putting your kids up for adoption, because you’ll continue to run anyway.

The key to resting is to actively do nothing for a while, and then do it some more.

Will the world fall apart if you say “no” more often? Will anyone care 10 years from now if your home isn’t very neat today? Will your kids be harmed if you tell them not to interrupt your down time? Will you lose your reputation by not volunteering for the next big project? If your stress level is pushing you toward burnout, you have to give careful thought to these questions.

Life isn’t going to slow down, but you can purposely find ways to do it when you need to and to get some rest. The trap of activity will always be there, waiting to pull you in.

Pets Guidelines /

Access to Common Areas

According to Brickell Ten Condominium Rules and Regulations, your pets' access to the common areas is limited. We kindly ask that all current and prospective pet owners comply with the access restriction stated in the Rules and Regulations to ensure the safety and comfort of all Residents.



Please be informed that to use the Club Room, you must notify the management office Monday through Friday, between 9 AM and 5 PM. Additionally, you will need to complete the Club Room Package for us to reserve it on your behalf.

Be advised that certain fees apply when reserving the club room for a party or event. Under no circumstances will any party or gathering be allowed in the club room without prior notification to the office and payment of the required fees within the appropriate time frame.

RESERVE




COMMISSIONER
VICKI L. LOPEZ
MIAMI-DADE COUNTY - DISTRICT 5



My Miami and Miami Beach offices are open and ready to welcome you. If you have a concern, need assistance, or want to connect with County services, my team and I are here to listen and support you.

CONTACT US:

- 305-375-5924 | district5@miamidade.gov
- www.miamidade.gov/district05 | [@CommissionerVickiLLopez](https://twitter.com/CommissionerVickiLLopez)
- 2100 Coral Way, Suite 400, Miami, FL 33145 (Open M-F, 9 AM - 5 PM)
- 1700 Convention Center Drive, 1st Floor, Miami Beach, FL 33139 (Open M & W, 9 AM - 5 PM)


Mis oficinas en Miami y Miami Beach están abiertas y listas para recibirle. Si tiene alguna inquietud, necesita asistencia o desea conectarse con servicios del Condado, mi equipo y yo estamos aquí para escucharle y brindarle apoyo.




CONTÁCTENOS:

- 305-375-5924 | district5@miamidade.gov
- www.miamidade.gov/district05 | [@CommissionerVickiLLopez](https://twitter.com/CommissionerVickiLLopez)
- 2100 Coral Way, Suite 400, Miami, FL 33145 (Abierto de lunes a viernes, de 9 AM a 5 PM)
- 1700 Convention Center Drive, 1st Floor, Miami Beach, FL 33139 (Abierto los lunes y miércoles, de 9 AM a 5 PM)

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Move In / Out Procedures

To facilitate your move-in or move-out process, we kindly ask that you email the management office with the exact date and time you would like to reserve the cargo elevator. Please ensure your reservation request is submitted at least three days in advance of your planned move or furniture deliveries. In addition, a Certificate of Insurance (COI) from your moving company is required. For your convenience, you can request a sample at brickelltenmanagement@gmail.com. Please note that we cannot confirm your reservation without this document.

The measurements for our cargo elevator are as follows:

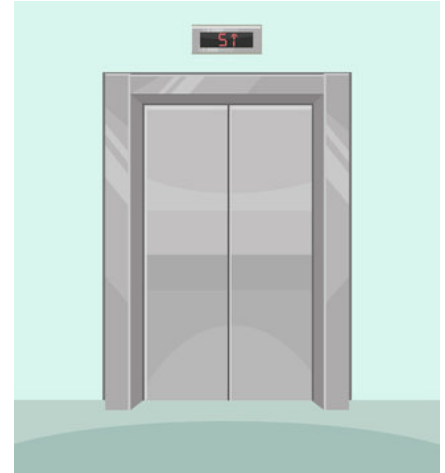
Height: 87 | Width: 86

We strongly recommend disassembling any furniture you may have, as items that exceed these dimensions will not fit in the elevator.

Thank you for your cooperation and understanding. Should you have any questions or need further assistance, please feel free to contact the management office at 786-238-9198.

Elevator Reservations

We strongly suggest that you reserve the elevator in advance. The sooner the better as we only reserve (1) Move/delivery daily. We do not have the parking or the elevator capacity to have more than (1) truck/delivery at a time.



Workers Access:
When coordinating and scheduling any workers to your unit, please inform management in advance so they can be added to the daily schedule. Only companies/workers that have submitted their required documents will be added to the schedule. Lastly, **WE DO NOT HAVE PARKING FOR WORKERS ONSITE.** Only moves/deliveries that reserve an elevator and submit the required fees and documents will have parking.

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MARCH IN HISTORY



- Harvard University students in March 1939 thrilled the public with their new fad: Goldfish swallowing.
- On March 15, 1937, the first blood bank was established at Cook County Hospital, Chicago, Ill.
- On March 30, 1867, Alaska was purchased from Russia for 2 cents an acre.




Abraham Jaskiel, DMD
Steven Jaskiel, DDS

1865 Brickell Ave #A207 Miami, FL 33129

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(and endangered.)



National Panda Day
March 16.



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dredyaguerrads@gmail.com
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What's My HOME WORTH?



ROSA JACQUELIN | BROKER ASSOCIATE
786.239.1283

