

BP AI

PHASE II

THE BUGLE

at Brickell Place Phase II

A Newsletter for the Residents of Brickell Place Phase II Association, Inc.

Volume 21 Issue 9

March 2026



BRICKELL PLACE PHASE II ASSOCIATION, INC.
1915 & 1925 Brickell Avenue
Miami, FL 33129

MARCH

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IMPORTANT NUMBERS

Main 305-858-3891
Fax 305-858-9319

OFFICE HOURS

Monday - Friday..... 8-4:30 pm



When? Saturday April 4th
Where? Playground
Keep an eye out
for further details...

SECURE ACCESS SYSTEM

Our state-of-the-art secure access system is installed and working well! Please help us avoid "tailgating". If someone is behind you as you enter the property, courteously direct them to use face recognition or call the resident to be allowed in.



IMPROVEMENTS

Repaired trash room door



Before

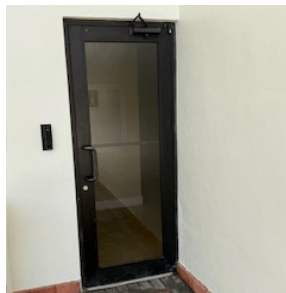


After

Patch, repair paint wall building C



Before



After

Fire Control System. New Jockey pump used in fire protection to maintain constant water pressure was replaced to avoid reoccurring false fire alarms

New Jockey Pump Controller



New Jockey Pump



Pressure clean and paint walkway by west end building C and replace canopy





Before




After

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FINDING PEACE OF MIND IN TROUBLED TIMES

Anger, grief, and troubles are all around, but they don't have to control your life.

Here's some advice from people and philosophies with ideas that have notably common threads: acceptance, inner strength, and viewing troubles as transformative.



The Dalai Lama (Buddhism) views suffering as an inherent part of life that can lead to strength. He advises, "If there is a way to overcome the suffering, then there is no need to worry; if there is no way to overcome the suffering, then there is no use in worrying."

Christian leaders point out that scriptures repeatedly proclaim that God is with you, even in trouble. Isaiah 41:10: "Fear not, for I am with you."

Islamic Teachings (from the Quran and scholars) stress 'sabr' (patience) as a divine virtue. The Quran states, "Indeed, Allah is with the patient," and promises relief after hardship: "Verily, with hardship comes ease."

Hindu teachings (from the Bhagavad Gita) view difficulties as temporary illusions for the eternal soul. The Gita advises performing duties without attachment to outcomes: "We are eternal souls navigating temporary trials."

Self-help gurus often emphasize personal empowerment, mindset shifts, and resilience-building practices.

Noted speaker Tony Robbins says, "Every problem is a gift – without problems we would not grow." He promotes practices like maintaining discipline, learning from others, and not giving up, as "persistence overshadows even talent."

Eckhart Tolle, a spiritual teacher focused on presence, advises accepting the present moment without resistance. He says, "To offer no resistance to life is to be in a state of grace, ease, and lightness."

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BEAT THE ‘CAPTIVITY OF ACTIVITY’ WITH REST

There’s a difference between accomplishing something and doing something. Our fast-track world honors constant activity, but those who aren’t selective about what they do can wind up with a lot of stress and feel like a mouse on a treadmill. They’re running fast, working hard, and not getting anywhere. Experts call it the “captive of activity.” Here are some of the symptoms:



- You’re in a constant rush.
- You think that no matter how much you work, you’ll never have enough time to do it all.
- You are chronically tired and emotionally exhausted.
- You believe that if you stop, everything will fall apart.

It won’t. Here’s a radical notion that will help: Get some rest. That doesn’t mean rushing off for a vacation, because that could raise your stress level even higher. It doesn’t mean taking a less-stressful job, because every job includes stress. And it doesn’t mean putting your kids up for adoption, because you’ll continue to run anyway. The key to resting is to actively do nothing for a while, and then do it some more.

Will the world fall apart if you say “no” more often? Will anyone care 10 years from now if your home isn’t very neat today? Will your kids be harmed if you tell them not to interrupt your down time? Will you lose your reputation by not volunteering for the next big project? If your stress level is pushing you toward burnout, you have to give careful thought to these questions.

Life isn’t going to slow down, but you can purposely find ways to do it when you need to and to get some rest. The trap of activity will always be there, waiting to pull you in.



COMMISSIONER
VICKI L. LOPEZ
MIAMI-DADE COUNTY - DISTRICT 5



My Miami and Miami Beach offices are open and ready to welcome you. If you have a concern, need assistance, or want to connect with County services, my team and I are here to listen and support you.

CONTACT US:

☎ 305-375-5924 ✉ district5@miamidade.gov
 🌐 www.miamidade.gov/district05 📱 @CommissionerVickiLopez
 📍 2100 Coral Way, Suite 400, Miami, FL 33145 (Open M-F, 9 AM - 5 PM)
 📍 1700 Convention Center Drive, 1st Floor, Miami Beach, FL 33139 (Open M & W, 9 AM - 5 PM)

Mis oficinas en Miami y Miami Beach están abiertas y listas para recibirle. Si tiene alguna inquietud, necesita asistencia o desea conectarse con servicios del Condado, mi equipo y yo estamos aquí para escucharle y brindarle apoyo.

CONTÁCTENOS:

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 🌐 www.miamidade.gov/district05 📱 @CommissionerVickiLopez
 📍 2100 Coral Way, Suite 400, Miami, FL 33145 (Abierto de lunes a viernes, de 9 AM a 5 PM)
 📍 1700 Convention Center Drive, 1st Floor, Miami Beach, FL 33139 (Abierto los lunes y miércoles, de 9 AM a 5 PM)







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BRICKELL PLACE CONDOMINIUM

Most Recent Sales

Apt #	Bed	Bath	Sq Ft	Sold Price
A-1901	2	2	1,661	\$790,000
B-1209	3	3	2,133	\$940,000
B-1713	2	2.5	1,467	\$640,000
B-2304	1	1.5	868	\$440,000
C-408	3	2.5	2,124	\$925,000



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