

# Monthly *Mystic* Newsletter

**P O I N T E**  
Tower 300

Volume 24 Issue 5

January 2026

## ASSOCIATION OFFICERS

**President**.....Joey Saban  
**Vice President** ....Dennis Landsberg  
**Treasurer** ..... Laura Defina  
**Secretary**..... Joseph Campisi  
**Director**.....Maritza Larramendi  
**Director** .....Ita Lev  
**Director** .....Charles Mehlman

## OFFICE STAFF

**Property Manager**..... Carol Valoy  
**Admin. Asst.** ..... Estefanny Hidalgo  
**Maint. Engineer** ..... Robert Kulic

## OFFICE PHONE #'S

**Main** ..... (305) 933-2636  
**Fax** ..... (305) 931-8719  
**E-Mail** .....mystict1@mystict300.com

## OFFICE HOURS

**Monday - Friday**..... 9 AM - 5 PM  
**Closed** from 1pm - 2pm

## Mystic Pointe Condo 1

3600 Mystic Pointe Dr.  
Aventura, FL 33180  
**mysticpointeresidents.**  
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## MESSAGE FROM THE BOARD PRESIDENT

Dear Residents of Mystic Pointe Tower 300,

Happy New Year! As we begin 2026, I would like to extend my warmest wishes to you and your families for a happy, healthy, and prosperous year ahead. I hope the holiday season brought you joy, time with loved ones, and a wonderful start to the new year.

On behalf of the Board of Directors, I want to thank you for being part of our community and for your continued engagement and support. Mystic Pointe Tower 300 is truly special because of the people who live here, and it is an honor to serve as your Board President.

Looking ahead, I am excited to work closely with our newly seated Board on several important agenda items we plan to accomplish this year. Among our priorities are modernizing our hallways and continuing to enhance and maintain our common elements, ensuring that our building remains both beautiful and functional for years to come.

At the same time, we remain committed to being fiscally responsible. One of our key goals for 2026 is to identify opportunities to save money and reduce expenses where possible, without compromising the quality of services or the value of our property. Thoughtful planning and smart decision-making will be central to achieving this balance.

We look forward to a productive year ahead and to keeping you informed as projects and initiatives move forward. Thank you for your trust and cooperation as we work together to make Mystic Pointe Tower 300 an even better place to call home.

Wishing you all the very best in 2026.

Warm regards,

Joey Saban  
President, Board of Directors  
Mystic Pointe Tower 300

# ATTENTION PLEASE!

- If we do not have your guests in our system we will not allow them access, no verbal authorization is allowed! Please send us a WRITTEN authorization with owner signature. Please remember that only IMMEDIATE family are allowed to stay in the unit without owners being present. Owners MUST be present while all other guests stay in the unit.
- Cigarette butts must never be thrown off the balconies. Please make sure you and your guests and employees use ashtrays. Do not toss cigarette butts in front of our building!!
- If your delivery (i.e.: stove, dishwasher, bed etc.) any type of delivery....is not scheduled they will be turned away!
- Do not wash down your balcony, as the dirty water lands on the balconies below. Use a damp mop instead.
- Dogs must be carried or wheeled in a doggie cart through hallways, elevators and through the pool area at all times.
- All items that go down the trash chute must be placed in securely closed plastic bags. All items that do not fit in the trash chute easily must be taken to the first floor trash room for disposal. This includes most boxes,

including pizza boxes. Otherwise, the chute becomes blocked.

- When requesting the key for the bike room you must leave your driver's license with the concierge.
- When your individual air conditioning unit is replaced, the valves must also be replaced.

Also, the management office needs to know three days in advance of the replacement.

- Contact the management or valet office if you will be having more than 10 cars as guests in your apartment.
- Remember to call the valet 10 minutes in advance at 305-932-8881, if you need your car.
- ATTENTION LEASEE: This is not a rental community. The employees of Mystic Pointe are here to maintain the common areas, not the units. Any work requested for the unit must be submitted in writing by the unit owner



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# Queen of the San Diego Zoo passes peacefully



Gamma the Galapagos Tortoise has passed away at an estimated age of 141, after spending about 100 of those years at the San Diego Zoo.

Gamma was the oldest resident of the zoo.

Gamma was an old tortoise, but not the oldest. Naturalist Charles Darwin and latter day animal enthusiast Steve Irwin both cared for Harriet the Tortoise, who lived at least 176 years and died in 2006.

Gamma, cheerfully oblivious to the human chaos of two world wars and 20 new presidents during her lifetime, came to San Diego from the Bronx Zoo in about 1928.

Gamma's personality was described as sweet and shy.



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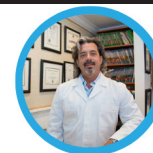
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## Writing a legacy letter: Send love forward

Who knows what the world will be like 50 or 100 years from now. Will robots do everything for us? Will work be optional? Whatever the future holds, human life will still have certain trials and triumphs. There will still be broken hearts. Still be bad decisions. There will still be good decisions and sudden successes. Struggles, humor, love.

We'll still ask ourselves what is important in life. After all your years of living, do you have an answer to that question? New Year's is a great time to write a legacy letter to your children or grandchildren, spouse, mentors, close friends, future generations. Write it, keep it where it will be found, and add to it next year.

Kathleen M. Rehl, writing for Sixty and Me, says the first step is to decide to whom you will write and address the letter specifically to that person. Tell them why you are writing to them. Next, adopt a thankful tone and tell the recipient what you are grateful about him or her. In the next paragraphs, tell what one big lesson you learned in life. Tell what you think matters most in life. What do you value most? Tell something about yourself. You might consider what you wish you knew about people in your family tree. Answer those questions about yourself. Tell some stories about the ancestor you knew about. Tell the family stories. In your closing, give your readers your love. Tell them what your hope for them. Offer encouragement.

You can write more than one legacy letter and write to more than one person. You might even want to record a video. The key is to search your heart and try to send your thoughts and wisdom to the next generation. If you like crafts, buy a box to hold your letter, or letters, and decorate it. Put in some family items.



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## TAMALES RING IN NEW YEAR LUCK!

Tamales date back over 8,000 years to Mesoamerica (Aztec, Maya, and earlier cultures). They were portable, calorie-dense food for hunters, warriors, and travelers. Steamed in corn husks or banana leaves, they became sacred offerings as well as holiday food. Today in Mexico, Central America, and the U.S. Southwest, making tamales is the ultimate New Year's Eve and Christmas tradition—families gather, music plays, and hundreds are made for good luck in the coming year.

### Easy New Year's Tamales

(Makes about 3–4 dozen – 90 minutes active time thanks to shortcuts)

### Ingredients

- 6–7 lbs prepared masa for tamales (from a Mexican market or tortillería – already seasoned with lard and salt)
- 30–40 dried corn husks (soaked 30 min in hot water)
- Filling shortcut #1: 2 large rotisserie chickens, meat shredded + 2 jars (16–20 oz each) good red or green chile sauce (La Victoria, Las Palmas, or Hatch)
- Filling shortcut #2 (even faster): 5–6 lbs seasoned carnitas or barbacoa from Costco or your local taquería
- Optional: 1 lb Oaxaca or Monterey Jack cheese cut into strips (for cheese & chile verde tamales)



### Quick Assembly

1. Drain husks, pat dry.
2. Spread 1/3 cup masa on the smooth side of a husk in a thin rectangle (about 4×5 inches), leaving the top 2 inches empty.
3. Spoon 2–3 Tbsp filling down the center. Add a strip of cheese if you want.
4. Fold the left side over, then the right, then fold the bottom up. (No need to tie if you stand them upright in the pot.)
5. Stand tamales upright in a steamer pot with a few coins in the water (the rattling tells you when water is low).
6. Steam 60–75 minutes. They're done when the masa peels easily from the husk.

Serve with extra sauce, Mexican crema, and a sprinkle of cotija. Ring in the New Year with the easiest, most authentic tamales you've ever made—because the ancestors would totally approve of rotisserie chicken and store-bought masa.

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## REMINDERS!

- All movers must be licensed and insured, no self-moves. Proof of license and insurance is required. The use of the service elevators must be reserved two days in advance or access will be denied. Any un-expected delivery or non-scheduled delivery may be charged between \$25.00 - \$50.00. There is a \$500.00 refundable security deposit for the use of the service elevators plus a \$250.00 non-refundable fee is required for all move in's & move out's. There is a \$500.00 pet security deposit for unit owners ONLY. Renters are not allowed to have pets.
- Packages are held at the front desk for a maximum of 3 days, after 3 days they are sent back. If you would like the front desk to hold your packages for more than 3 days, you must contact the front desk at 305-932-9333. We have minimal space at our front desk to hold packages. If you are out of town for long, we ask that you please refrain from receiving loads of packages.
- Rental of the Garden Room and Bayview Room are available to residents. Reservations are required at least two weeks in advance. There is a \$500.00 refundable security deposit fee and a \$350.00

non-refundable rental fee for the Garden Room and a \$500.00 refundable security deposit fee and a \$350.00 non-refundable rental fee for the Bayview Room.



- Do not throw large items, i.e.; construction debris, fishing poles, curtain poles, large boxes, AC Filters etc. down the trash chute. This will cause the trash chute to jam, causing the garbage to back up to the upper floors.
- Contractors shall be in by 9:00am and out by 4:30pm, NO LATER! When using the chipping hammer, hours allowed are from 10:00am – 3:00pm and contractors MUST advise management office at least 3 days in advance.
- Residents, please always remember to keep our home a nice place to live in by maintaining this building clean and following building rules. Keep your guests informed of our rules and regulations.

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