A Newsletter for the Residents of the Isola Condominium

ISOLA
CONDOMINIUM ASSOCIATION, INC.

Volume 18 Issue 1 **April 2025**

ISOLA Condominium Association, Inc.
770 Claughton Island Drive
Miami, Florida 33131

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OFFICE HOURS

Monday - Friday ...9:00 AM - 5:00 PM

On behalf of the Board and Management, we would like to wish all who observe a Happy Pesach and Happy Easter.

APRIL IS STRESS AWARENESS MONTH

Stress is present in everyone's life. Consider these tips for coping.

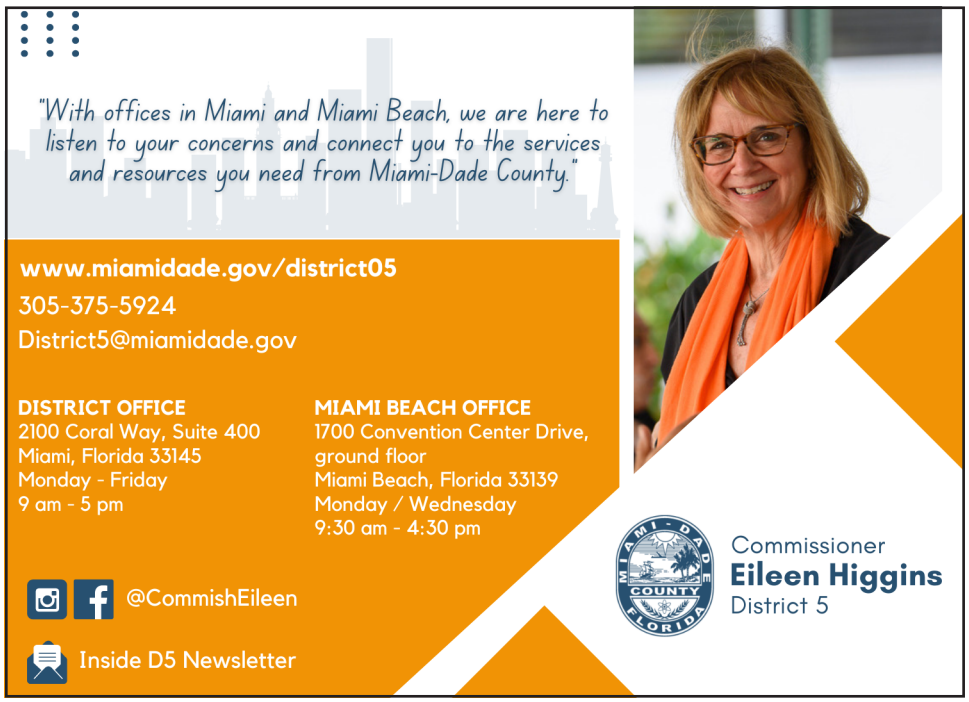
- Include exercise in your day, even if it is just a walk around the neighborhood.
- Make sure you get enough sleep, at least seven to eight hours a night.
- Eat a healthy diet, limit alcohol and caffeine, and drink enough water each day.
- Make sure that you take time for yourself each day.
- Remember that no one is perfect.
- Learn to set priorities in your life and focus on completing them as well as you can.
- When you are confronted with a stressful situation, change what you can, and don't waste energy on what you can't change.

If you feel that the stress in your life is more than you can handle, there is help available. Seek the advice of a medical professional, mental health therapist, or a clergy member to explore all of your options.

CHOCOLATE TOFFEE MATZO

- 6 whole matzos
- 1 cup salted butter
- 1 cup packed dark brown sugar
- 20 oz semisweet chocolate chips
- ½ cup chopped pecans

Preheat the oven to 325 degrees F. Line baking sheets with aluminum foil, and grease with butter. Place matzos onto prepared baking sheets, breaking in half as needed. Melt butter and brown sugar in a saucepan over medium heat. Bring to a boil, then reduce heat, simmering until thickened, about 5 minutes. Pour mixture over matzos, using a rubber spatula to cover. Bake for 20 minutes. Cool until toffee is firm, about 15 minutes. Place chocolate chips into a microwave-safe bowl. Microwave on low until just melted. Spread melted chocolate over toffee-coated matzos; sprinkle chopped pecans on top. Place baking sheets in the refrigerator until matzos are cold, about 30 minutes. Break matzos into pieces. Store in an airtight container or resealable plastic bags in the refrigerator or freezer.



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Condo Resident Perks

WE ARE NOT FOOLING With This SALE!

Hearing Health Event
Now Through April 30

Melanie Plotkin, HAS, Hearing Aid Specialist

Javier Benitez, HAS, BC-HIS, Hearing Aid Specialist, Board Certified in Hearing Instrument Sciences

Exclusive Offer for Condo Residents!

$1000 OFF the purchase of a pair of the all new Starkey Edge AI Rx hearing devices.[1]

Starkey's all new Edge AI is no joke!

- **Waterproof [2] up to 1 meter** Built tough to be waterproof, sweatproof and everyday-proof.
- **Smart Adaptation** distinguishes between noise and speech.
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Google ★★★★★ **Customer Reviews**

*"The staff is so friendly. They treat you like family. My issue was easily and quickly resolved." - **C. Pleach***

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2. up to 1 m, not intended for swimming. Rechargeable styles only.

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CAN YOU COUNT ON YOUR SMOKE DETECTOR?

According to the U.S. Consumer Product Safety Commission (CPSC), millions of homes in the U.S. have smoke detectors that do not work, usually due to dead or missing batteries. Fire is the second leading cause of unintentional death in the home, making this an important safety concern.

CPSC recommends consumers test each smoke alarm every month to ensure it is working properly. Even alarms with long-life batteries should undergo a short monthly testing. A home should have a smoke detector on each level outside sleeping areas and inside bedrooms.

Proper installation of your smoke detectors and a quick check each month can mean the difference between safety and a tragedy. Don't delay to check your detectors and make a note on your calendar to check them again each month.

WANTED

PRINT JOBS

anything that puts ink on paper

Condo/HOA Managers/BODs
Mgmt Companies-Residential or Commercial
Voting/Elections Packages • Annual Notices (w/ affidavits)
Letterhead • Complete Property Signage
Parking/Scooter/Bicycle Stickers and Decals
Window Lettering-Wraps • Newsletters • Binding

Denizens | Businesses | Club Promoters
Schools | Restaurants | County | City
Events • Reunions • Graduations • Obit Books • Weddings
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Yearbooks • Posters-Banners • Vehicle Wraps

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we'll do our best to help meet your commitments.

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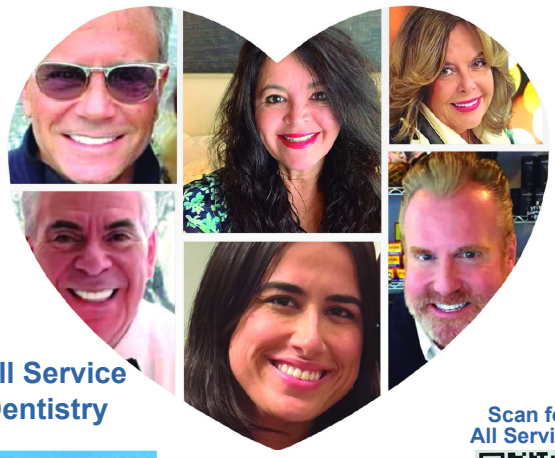

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