BRICKELL HARBOUR

A Newsletter for the Residents of the Brickell Harbour Condominium

Volume 21 Issue 5 **April 2025**

BRICKELL HARBOUR
Condominium Association Inc.
200 SE 15th Road
Miami, Florida 33129

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Director .....Fran Zion

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Property Mgr ..... Lorena Cantillo

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Emergency 1-800-514-5770

OFFICE HOURS
Monday-Friday 9:00 AM - 5:00 PM
Please email lcantillo@kwpmc.com to make an appointment with management

Published monthly at no cost for Brickell Harbour by Coastal Group Publications, Inc.
Contact CGP at 305-981-3503 or www.cgpnewsletters.com to advertise in one of our newsletters or to get a free newsletter for your property.

On behalf of the Board and Management, we would like to wish all who observe a Happy Pesach and Happy Easter.

APRIL IS STRESS AWARENESS MONTH

Stress is present in everyone's life. Consider these tips for coping.

- Include exercise in your day, even if it is just a walk around the neighborhood.
- Make sure you get enough sleep, at least seven to eight hours a night.
- Eat a healthy diet, limit alcohol and caffeine, and drink enough water each day.
- Make sure that you take time for yourself each day.
- Remember that no one is perfect.
- Learn to set priorities in your life and focus on completing them as well as you can.
- When you are confronted with a stressful situation, change what you can, and don't waste energy on what you can't change.

If you feel that the stress in your life is more than you can handle, there is help available. Seek the advice of a medical professional, mental health therapist, or a clergy member to explore all of your options.

Condo Resident Perks

WE ARE NOT FOOLING With This SALE!

Hearing Health Event
Now Through April 30

Melanie Plotkin, HAS, Hearing Aid Specialist

Javier Benitez, HAS, BC-HIS, Hearing Aid Specialist, Board Certified in Hearing Instrument Sciences

Exclusive Offer for Condo Residents!

$1000 OFF the purchase of a pair of the all new Starkey Edge AI Rx hearing devices.[1]

Starkey's all new Edge AI is no joke!

- **Waterproof [2] up to 1 meter** Built tough to be waterproof, sweatproof and everyday-proof.
- **Smart Adaptation** distinguishes between noise and speech.
- **Next Generation Connectivity** Adjust the volume from your smartphone.
- **Long-Lasting Rechargeable Battery** Charge overnight & listen for up to 51 hours.

Google ★★★★★ **Customer Reviews**

*"The staff is so friendly. They treat you like family. My issue was easily and quickly resolved." - **C. Pleach***

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1. Cannot be used on prior purchases or combined with prior discounts.
2. up to 1 m, not intended for swimming. Rechargeable styles only.

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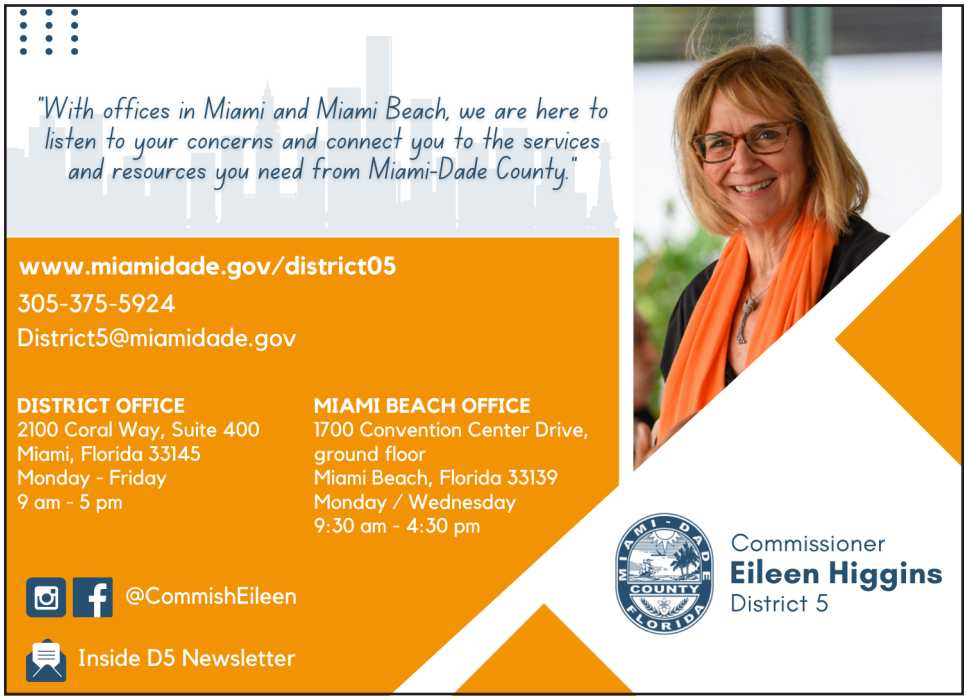
CHOCOLATE TOFFEE MATZO

- 6 whole matzos
- 1 cup salted butter
- 1 cup packed dark brown sugar
- 20 oz semisweet chocolate chips
- ½ cup chopped pecans

Preheat the oven to 325 degrees F. Line baking sheets with aluminum foil, and grease with butter. Place matzos onto prepared baking sheets, breaking in half as needed. Melt butter and brown sugar in a saucepan over medium heat. Bring to a boil, then reduce heat, simmering until thickened, about 5 minutes. Pour mixture over matzos, using a rubber spatula to cover. Bake for 20 minutes. Cool until toffee is firm, about 15 minutes. Place chocolate chips into a microwave-safe bowl. Microwave on low until just melted. Spread melted chocolate over toffee-coated matzos; sprinkle chopped pecans on top. Place baking sheets in the refrigerator until matzos are cold, about 30 minutes. Break matzos into pieces. Store in an airtight container or resealable plastic bags in the refrigerator or freezer.



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CAN YOU COUNT ON YOUR SMOKE DETECTOR?

According to the U.S. Consumer Product Safety Commission (CPSC), millions of homes in the U.S. have smoke detectors that do not work, usually due to dead or missing batteries. Fire is the second leading cause of unintentional death in the home, making this an important safety concern.

CPSC recommends consumers test each smoke alarm every month to ensure it is working properly. Even alarms with long-life batteries should undergo a short monthly testing. A home should have a smoke detector on each level outside sleeping areas and inside bedrooms.

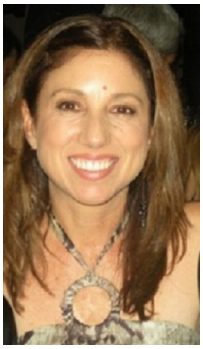
Proper installation of your smoke detectors and a quick check each month can mean the difference between safety and a tragedy. Don't delay to check your detectors and make a note on your calendar to check them again each month.

BRICKELL HARBOUR CONDO

200 SE 15th Rd, Miami, Fl 33129

MOST RECENT CLOSED SALES

Apt	Bed	Bath	Sold Price
11-F	3	2	$875,000.00



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