



Happenings IN TOWER 100

Volume 15 Issue 10

A Monthly Newsletter for the Residents of Mystic Pointe Tower 100

January 2025

MYSTIC POINTE TOWER 100

19195 Mystic Pointe Drive
Aventura, Florida 33180

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Here's to a brand new year of good health, good fortune, and good times. Thanks for bringing in the New Year with us here at Mystic Pointe Tower 100. We feel fortunate to have you all as our residents.

Toasting To a New Year

Toasts have existed for almost as long as drinking itself. To help you bring in the New Year properly, here are some great Irish toasts.

- In the New Year, may your right hand always be stretched out in friendship but never in want.
- May you be in heaven a full half hour before the devil knows you're dead.
- May you be poor in misfortune, rich in blessings, slow to make enemies, quick to make friends. But rich or poor, quick or slow, may you know nothing but happiness from this day forward.
- May the roof above us never fall in, and may we friends gathered below never fall out.
- Here's to you and yours and to mine and ours, and if mine and ours ever come across you and yours, I hope you and yours will do as much for mine and ours as mine and ours have done for you and yours.
- May you have warm words on a cold evening, a full moon on a dark night, and the road downhill all the way to your door.
- May the Lord keep you in his hand and never close his fist too tight on you.

Bridge Across the Water

On New Year's Day, 1914, a fellow called Tony Janus started the world's first passenger-carrying airline when he flew from St. Petersburg, Florida, to Tampa, just 19 miles across Tampa Bay. Since the plane, a flying boat, flew only 15 feet above the water, his only fare-paying passenger got a real bird's eye view of the bay! That passenger was prominent citizen of the area, George Gandy. Today there is a bridge named after him across Tampa Bay, which raises the inevitable question: did Mr. Gandy really enjoy his flight?



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HOT SPINACH ARTICHOKE DIP

- 1 (8 oz) package cream cheese, softened
- ¼ cup mayonnaise
- ¼ cup grated Parmesan cheese
- ¼ cup grated Romano cheese
- 1 clove garlic, peeled and minced
- ½ teaspoon dried basil
- ¼ teaspoon garlic salt
- salt and pepper to taste
- 1 (14 oz) can artichoke hearts, drained and chopped
- ½ cup frozen chopped spinach, thawed and drained
- ¼ cup shredded mozzarella cheese

Gather all ingredients. Preheat the oven to 350 degrees. Lightly grease a small baking dish. Mix cream cheese, mayonnaise, Parmesan cheese, Romano cheese, garlic, basil, garlic salt, salt, and pepper together in a medium bowl. Gently stir in artichoke hearts and spinach. Transfer the mixture to the prepared baking dish; top with mozzarella cheese. Bake in the preheated oven until bubbly and lightly browned, about 25 minutes.







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SOUPS & STEWS FOR COLD WINTER DAYS

Cheese and Broccoli Chicken Soup

1/2 cup butter
 1 cup all-purpose flour
 11 cups water
 3 cubes chicken bouillon
 6 ozs boneless chicken breast, cut into 1/2 inch chunks
 2 heads fresh broccoli, trimmed and chopped
 1-1/2 teaspoons salt
 1 teaspoon ground black pepper
 1 cup light cream
 3 cups shredded Cheddar cheese

Melt butter over medium heat in large pot. Add flour, stirring constantly until a thick paste forms. Remove mixture from pot and set aside. In same pot, combine water, bouillon, chicken, broccoli, salt, and pepper. Bring to a boil over high heat. Reduce heat to medium low and simmer for 45 minutes or until broccoli is tender. Stir in flour mixture a little at a time until soup thickens. Simmer an additional 5 minutes. Reduce heat and stir in cream. Mix well. Add cheese one cup at a time. Your soup is now ready to serve. Makes 5 servings.



Crock Pot Vegetarian Chili

1 (11 oz) can black bean soup
 1 (15 oz) can kidney beans, drained
 1 (15 oz) can garbanzo beans, drained
 1 (16 oz) can vegetarian baked beans
 1 (14.5 oz) can chopped tomatoes
 1 (15 oz) can corn, drained
 1 onion, chopped
 1 green bell pepper, chopped
 2 stalks celery, chopped
 2 cloves garlic, chopped
 1 tablespoon chili powder
 1 tablespoon dried parsley
 1 tablespoon dried oregano
 1 tablespoon dried basil

Place all the ingredients in a crock pot. Stir well and cook for at least two hours on a high setting. Makes 8 servings.

Green Chile Stew with Pork

3 pounds boneless pork loin, cubed
 3 tablespoons peanut oil
 3 potatoes, diced
 1 onion, chopped
 3 stalks celery, chopped
 2 tomatoes, chopped
 7 green chile peppers, chopped
 4 cloves crushed garlic
 4 cups chicken broth
 salt to taste

In a large skillet over medium high heat, brown the pork in oil, in 2 or 3 batches. Place the meat in 3 to 4-quart heavy pot and add the potatoes, onion, celery, tomatoes, chilies, and garlic. Add about 1 cup of the chicken broth or water to the skillet the pork was cooked in, stirring over high heat and scraping up the browned bits on the bottom of the pan. Bring to a boil. Add this to the pot, along with enough additional water or broth to barely cover the ingredients. Cover and simmer until the stew is thick and the meat is very tender, about 1-1/2 hours. Add salt to taste before serving. Makes 8 servings.

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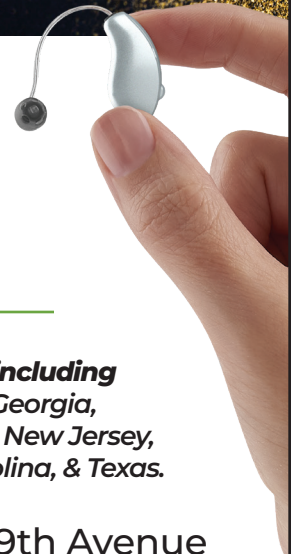


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- The First Millennium (1 - 1000 AD) consisted of 365,250 days.
- The Second Millennium (1001 - 2000 AD) consisted of 365,237 days.
- Our current Millennium (2001 - 3000 AD) will consist of 365,242 days.

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