

BOARD OF DIRECTORS

President	Richard Parker
Vice President	Pablo Guedez
Secretary	Jonathan Knowles
Treasurer	Christian Gomez
Director	Brando Grillet
Director	Norha Garcia

PROPERTY STAFF

Dir. of Operations.. Francheska Turull Security Sup. Consuelo Polony coastaltowersasstoffice@gmail.com

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OFFICE HOURS

Mon. - Fri.......8:30 AM-4:30 PM Closed12:00 PM-1:00 PM Realtor Hours M-F 10-10:30 AM 3:30-4:30 PM



COASTAL TOWERS Condominium Association, Inc. 400 Kings Point Dr, Sunny Isles Beach, FL 33160

MESSAGE FROM THE SECRETARY

Dear Residents of Coastal Towers

Coastal Towers is fortunate to be outside the storm path of both Helene and Milton. Our thoughts go out to our neighbors in Central and Northern Florida, Georgia, and North Carolina that were not so fortunate.

We continue to focus on the work required to achieve recertification of the building, and to ensure that the pool and restaurant achieve the final permits that stand between us and their long overdue reopening. Thank you for your patience.

We are also addressing critical work on the water pumps, air conditioning, and elevators as well as violations and DBPR requests that the former building manager had ignored. Perhaps most excitingly for residents, we are reconfiguring the management office to create the space for an Amazon Hub Locker room to improve the experience of receiving packages.

On the personnel side, the Board is delighted to announce the promotion of Francheska Turull to Director of Operations and the hiring of Consuelo "Connie" Polony as Security Supervisor. We hope to be able to announce the recruitment of a Director of Finance shortly. We envisage the three of them acting as a collaborative management team with joint responsibility for upgrading the operations of the building, experience of residents, and plans for improving the property.

I want also to give a shoutout to our maintenance and housekeeping teams who have responded so positively to the leadership changes and are showing great initiative in tackling a number of projects to improve the aesthetics of the building.

I regret to announce that Mauro Sangio resigned from the Board in mid-September. We thank him for his ten years of service on the Board.

Message from the Secretary (cont. from page 1)

Look for some important announcements over the next few weeks as we begin discussions of the 2025 budget and preparations for the 2025 Board election. As in previous years, the aim will be to agree the budget in mid-December and hold the Board election in mid-January. The innovation this year is that we will be enabling electronic voting alongside the traditional paper ballot system. Association members wishing to take advantage of the ability to vote via the internet will need to sign a consent form and then will be able to vote via the secure portal accessed via our next website (www.mycoastaltowers.com).

We are anticipating a busy holiday season this year so we ask for your help in managing this from a parking perspective. If you are a seasonal resident, please send a message to office@mycoastaltowers.com with the approximate dates that you will be here so we can ensure your parking space is available. And if you are planning to host a party over the holidays, please ask your guests to park in the parking lot of the 163rd Street plaza (the one with the Winn Dixie and TJ Maxx) and ride share the final mile.

On this topic, I remind everyone that Coastal Towers does not permit units to be used for commercial short stays of the type offered through Airbnb, VRBO or other similar platforms.

Finally, the eagle-eyed of you will have observed that this column has the header "Message from the Board Secretary". It turns out that four of the Directors had left the Board Meeting on 10 September before the vote for Rich Parker and I to exchange roles, so I remain your Secretary.

Jonathan

Don't Forget...Spring Forward... FALL BACK...

Daylight Saving Time begins for most of the United States at 2 a.m. on the Second Sunday in March and lasts until 2 a.m. on the First Sunday of November.



Be sure to set your clocks back one hour at 2 AM on Sunday, November 3, 2024.

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have wornout or missing batteries.

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October is National Breast Cancer Awareness Month

How can I find breast cancer early?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

Changes to look for in your breasts

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other



For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.



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