

Mar Del Plata

Condominium Assoc., Inc. 6423 Collins Avenue Miami Beach, Florida 33141 http://mardelplatamiamibeach.com

ASSOCIATION OFFICERS

	Ernesto Marcos
vice President	Manuel J. Pardo
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Secretary	.Teresita Pastoriza
Director	Mario Suarez

PROPERTY STAFF

Manager Nelson Borroto mardelplatacondominium@gmail.com Asst. ManagerJorge Muñoz mardelplatajorge@gmail.com Front Desk frontdesk6423@gmail.com Asst. EngineeerRicardo Cubas

IMPORTANT NUMBERS

Office	305-864-3232
Fax	305-861-1011
Front Desk	305-865-5641

OFFICE HOURS

Monday-Friday ...7:30 AM - 4:30 PM



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Message From The Board President

Hello Everyone,

Yes. I know the concrete work continues, and we're all suffering from construction fatigue, but progress is being made on other fronts.

- The Board has received the drawings and scope of work for the roof and windows, which will be sent to contractors shortly. However, specific units have already made the decision to move forward, so we are making progress on that end.
- All EVs (Electric Vehicles) will have meters installed to track consumption and reimburse the Association.
- The west parking lot was recently refurbished. It looks pretty good. When and if you have the (mis)fortune to park there, take a gander.

Well, it looks like our Governor did it again. The Governor's office is going even further in an anti-climate direction. He and his rubber-stamp legislators have even further buried their heads in the sand. DeSantis signed a new law that, among other things:

- Ends a requirement that the state must consider climate change when crafting energy policy
- Prohibits the construction of offshore wind turbines (which already don't exist off Florida's coast).
- Repeals state grant programs that encourage energy conservation and renewable energy.
- Deletes requirements that state agencies use climate-friendly products and purchase fuel-efficient vehicles._

Such radicalism would be indefensible in any state, but the fact that this is happening in one of the states most vulnerable to the costly and deadly impacts of climate change is insane. 2023 was the hottest in Florida since 1895, and let's not get started on 2024. The waters off its coast heated to 90 degrees during the summer, bleaching corals and scorching marine life. Extreme weather events are pushing major insurers out of Florida altogether, dramatically affecting us, the homeowner. Elections are coming up. It's time to get off this partisan trainwreck and choose lawmakers who care about the people they supposedly represent.

Have a lovely summer, Ernesto

Did You Know?: Blueberry Trivia

- Early American colonists tinted their paint grey by boiling blueberries in milk to extract the pigment.
- Blueberries have been commercially cultivated only since the early 20th century, when the USDA helped develop new improved varieties.
- After the strawberry, the blueberry is the second most popular berry in the U.S.
- Over 200 million pounds of blueberries are grown commercially each year.
- The blueberry is the official berry of Nova Scotia.
- North America produces about 90 percent of the world's blueberries.
- About 25 percent of all the blueberries produced in North America are grown in Maine. Maine is also the largest producer of wild blueberries in the world.
- Ninety-nine percent of Maine's wild blueberry crop is frozen.
- The pigment in blueberries produces antioxidants that neutralize free radicals.
- Blueberries, concord grapes, and cranberries are the three native North American berries.







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LUXURY.

Cowboy Coleslaw

- 1 (16-oz) package shredded coleslaw mix
- 1 (15- oz) can black beans, drained and rinsed
- 1 1/2 cups frozen corn, thawed and drained
- 1 cup diced red bell pepper
- 1/2 cup chopped fresh cilantro
- 1/4 cup finely diced & seeded jalapeno
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1/4 cup fresh lime juice
- 3 tablespoons canned adobo sauce
- 1 tablespoon taco seasoning mix
- 2 teaspoons kosher salt
- 1 teaspoon ground cumin
- 1/4 cup thinly sliced scallions
- lime wedges, for serving

In a large bowl, toss coleslaw mix, black beans, corn, red bell pepper, cilantro, and jalapeno until well combined. Whisk together mayonnaise, sour cream, lime juice, adobo sauce, taco seasoning mix, salt, cumin, and paprika until smooth and evenly combined. Pour dressing over prepared coleslaw mixture. Toss until well combined. Garnish with scallions and serve with lime wedges. Serve immediately or cover and refrigerate for up to 12 hours.



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10261 E Bay Harbor Dr #301 (Boat slip inc.) 2 B/ 2.5BA, 1960 sqft \$2,850,000

9341 E. Bay Harbor Dr #PH 7-D 2B/2.5BA, 1510 sqft \$670,000

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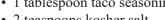


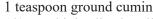
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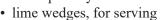
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THUNDERSTORM SAFETY

Along with summer's warm days come thunderstorms. Lightning is one of nature's most powerful and unpredictable killers. Golfing, swimming, boating, biking riding, mowing the lawn – almost any outdoor activity – can be dangerous if there's lightning around. So when you hear that rumble in the sky, heed these tips from the National Weather Service:

- If you can hear thunder, you're close enough to the storm to be struck by lightning.
- Listen to weather reports before you go outside for extended periods. Cancel picnics and such if thunderstorms are likely, or move the picnic indoors.
- If you're caught unexpectedly, move to a sturdy building or car (keep the windows up). Avoid small sheds, isolated trees, or convertible automobiles.



- If there's no shelter nearby, find a low spot away from trees, fences, and poles. In the woods, stay by the shorter trees.
- If you feel your skin tingle or your hair stand up, squat low to the ground on the balls of your feet. Put your hands on your knees and your head between them. Do not lie flat on the ground. Make yourself the smallest target possible.
- Move to higher ground if a flash flood or any flood seems likely. Abandon cars once a flood begins. Do not attempt to drive to safety. Most flashflood deaths happen in cars.



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