



DELVISTA VIEW

A Newsletter for the Residents of the Delvista Towers Condominium Assn.

Volume 22 Issue 11

July 2024

Delvista Towers Condominium Association

20225 NE 34th Court
Aventura, Florida 33180

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Security 305-937-0188 Ext. 1
Maintenance.. 305-937-0188 Ext. 8
Guard House.. 305-937-0404 Ext. 4
Valet..... 305-937-0188 Ext. 2

OFFICE HOURS

Monday-Friday 9:00 AM - 5:00 PM

NEWSLETTER EDITOR

Liz Ayoub



Published monthly at no cost for Delvista Towers by Coastal Group Publications, Inc. Contact CGP at (305) 981-3503 or www.cgpnewsletters.com to advertise in one of our newsletters or to get a free newsletter for your property.

MESSAGE FROM THE BOARD

Dear Delvista Towers Residents:

- We are in Hurricane Season – Please remember to close your shutters and remove all loose items from the balcony if you are planning on being away for an extended period.
- Speeding on property continues – Please drive slowly and carefully on property. An accident is a question of when, not if!!!

• Pool Rules – They are regularly broken.

1. No eating on the pool deck (only inside the social room)
2. No glass containers or bottles of any kind
3. No horseplaying, no ball playing – the pool is not a playground
4. No children under 12 should be in the pool without adult supervision
5. No babies and adults in the pool without proper swimwear
6. Smoking only in designated areas
7. NO POOL PARTIES
8. When leaving the pool and going through hallways and using elevators – wear a shirt and shoes



• PICK UP AFTER YOUR DOG. PLEASE!

- All contractors must stop by the front desk to receive a Contractor’s Tag.



• DO NOT LEAVE TRASH OR ANY ITEM ON THE FLOOR IN THE LAUNDRY ROOM.

- When going to or coming from your parked vehicle, PLEASE DON’T LITTER THE GROUNDS WITH ANY TRASH. There are trash cans at the main and rear entrances to the building.

- All registered residents – It is highly recommended that you purchase a barcode for your vehicle, to be able to go through the Resident lane. Going through the visitor lane creates long lines of cars at the gate.

Did You Know?: Blueberry Trivia

- Early American colonists tinted their paint grey by boiling blueberries in milk to extract the pigment.
- Blueberries have been commercially cultivated only since the early 20th century, when the USDA helped develop new improved varieties.
- After the strawberry, the blueberry is the second most popular berry in the U.S.
- Over 200 million pounds of blueberries are grown commercially each year.
- The blueberry is the official berry of Nova Scotia.
- North America produces about 90 percent of the world's blueberries.
- About 25 percent of all the blueberries produced in North America are grown in Maine. Maine is also the largest producer of wild blueberries in the world.
- Ninety-nine percent of Maine's wild blueberry crop is frozen.
- The pigment in blueberries produces antioxidants that neutralize free radicals.
- Blueberries, concord grapes, and cranberries are the three native North American berries.



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Cowboy Coleslaw

- 1 (16-oz) package shredded coleslaw mix
- 1 (15- oz) can black beans, drained and rinsed
- 1 1/2 cups frozen corn, thawed and drained
- 1 cup diced red bell pepper
- 1/2 cup chopped fresh cilantro
- 1/4 cup finely diced & seeded jalapeno
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1/4 cup fresh lime juice
- 3 tablespoons canned adobo sauce
- 1 tablespoon taco seasoning mix
- 2 teaspoons kosher salt
- 1 teaspoon ground cumin
- 1/4 cup thinly sliced scallions
- lime wedges, for serving

In a large bowl, toss coleslaw mix, black beans, corn, red bell pepper, cilantro, and jalapeno until well combined. Whisk together mayonnaise, sour cream, lime juice, adobo sauce, taco seasoning mix, salt, cumin, and paprika until smooth and evenly combined. Pour dressing over prepared coleslaw mixture. Toss until well combined. Garnish with scallions and serve with lime wedges. Serve immediately or cover and refrigerate for up to 12 hours.







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THUNDERSTORM SAFETY

Along with summer’s warm days come thunderstorms. Lightning is one of nature’s most powerful and unpredictable killers. Golfing, swimming, boating, biking riding, mowing the lawn – almost any outdoor activity – can be dangerous if there’s lightning around. So when you hear that rumble in the sky, heed these tips from the National Weather Service:



- If you can hear thunder, you’re close enough to the storm to be struck by lightning.
- Listen to weather reports before you go outside for extended periods. Cancel picnics and such if thunderstorms are likely, or move the picnic indoors.
- If you’re caught unexpectedly, move to a sturdy building or car (keep the windows up). Avoid small sheds, isolated trees, or convertible automobiles.
- If there’s no shelter nearby, find a low spot away from trees, fences, and poles. In the woods, stay by the shorter trees.
- If you feel your skin tingle or your hair stand up, squat low to the ground on the balls of your feet. Put your hands on your knees and your head between them. Do not lie flat on the ground. Make yourself the smallest target possible.
- Move to higher ground if a flash flood or any flood seems likely. Abandon cars once a flood begins. Do not attempt to drive to safety. Most flashflood deaths happen in cars.

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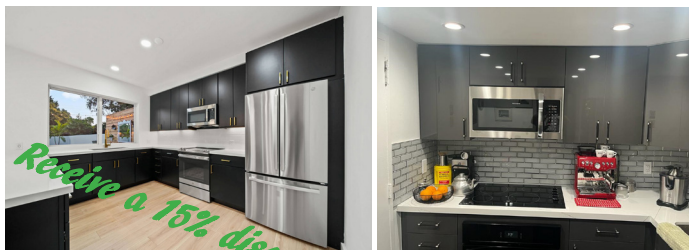
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