

# WAVE NEWS

*A Newsletter for the Residents of the Reef Club Condominium Association*

Volume 3 Issue 12

April 2024

## REEF CLUB

Condominium Association, Inc.



16558 NE 26<sup>TH</sup> Avenue  
North Miami Beach, FL 33160

### PROPERTY STAFF

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### ASSOCIATION OFFICERS

**President** .....Vivian Gonzalez  
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**Treasurer** ..... Annett Mena  
**Secretary** ..... Richard Villaverde  
**West Director** ..... Ellen Rossetti  
**East Director** ..... Claudia Gallegos  
**South Director** ....Patricia Tonelli

### IMPORTANT NUMBERS

**Office** ..... 305-944-1673  
**Security** ..... 305-945-8171

### OFFICE HOURS

**Mon - Fri** ..... 9:00AM - 5:00PM

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## UPDATES AND REMINDERS

### NEW COMMITTEES APPROVED BY THE BOARD IN 2024

Social Committee members are Geneen Massey, David Sebastian, & Dr. Ken Peters

Finance Committee

Rules & Regulations Committee

Contracts Committee

**RESTORATIVE YOGA CLASSES** are now offered twice weekly poolside in the early evenings. Visit Facebook Reef Club Miami Classified page at <https://www.facebook.com/groups/1951214298613869> for days / hours.



## CAN YOU COUNT ON YOUR SMOKE DETECTOR?

According to the U.S. Consumer Product Safety Commission (CPSC), millions of homes in the U.S. have smoke detectors that do not work, usually due to dead or missing batteries. Fire is the second leading cause of unintentional death in the home, making this an important safety concern.

CPSC recommends consumers test each smoke alarm every month to ensure it is working properly. Even alarms with long-life batteries should undergo a short monthly testing. A home should have a smoke detector on each level outside sleeping areas and inside bedrooms.



Proper installation of your smoke detectors and a quick check each month can mean the difference between safety and a tragedy. Don't delay to check your detectors and make a note on your calendar to check them again each month.

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**Melanie Plotkin, H.A.S.,** Hearing Aid Specialist



**Javier Benitez, HAS, BC-HIS,** Hearing Aid Specialist, Board Certified in Hearing Instrument Sciences



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Stress is present in everyone's life. Consider these tips for coping.

- Include exercise in your day, even if it is just a walk around the neighborhood.
- Make sure you get enough sleep, at least seven to eight hours a night.
- Eat a healthy diet, limit alcohol and caffeine, and drink enough water each day.
- Make sure that you take time for yourself each day.
- Remember that no one is perfect.
- Learn to set priorities in your life and focus on completing them as well as you can.
- When you are confronted with a stressful situation, change what you can, and don't waste energy on what you can't change.

If you feel that the stress in your life is more than you can handle, there is help available. Seek the advice of a medical professional, mental health therapist, or a clergy member to explore all of your options.



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**LEAKS FROM UNITS ABOVE?**

**AIR CONDITIONER LEAK?**

**SHOWER PAN LEAK?**



**GOT PROPERTY DAMAGE?**  
**GET HELP NOW!**

THIS IS SOLICITATION FOR BUSINESS. IF YOU HAVE HAD A CLAIM FOR AN INSURED PROPERTY LOSS OR DAMAGE AND YOU ARE SATISFIED WITH THE PAYMENT BY YOUR INSURER, YOU MAY DISREGARD THIS ADVERTISEMENT.





PATRICKJAIMEZ PA

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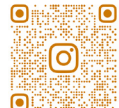
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