

PARKER OWER Monthly News

Volume 21 Issue 12 January 2024

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January Birthday and Anniversary

BIRTHDAYS

UNIT	"# NAME	DATE
1601	JOSEPH KACHKOVSKY	1-JAN
906	MARGARITA TARNAVSKY	2-JAN
211	JESSICA BARRIOS CABRERA	3-JAN
2012	SUZANNA ILKOVITCH	6-JAN
2001	ALBERT BADALOV	6-JAN
2504	MIQUEL PASCUAL	7-JAN
312	ADA DEUEL	9-JAN
804	LAURENT IFRAH	10-JAN
307	IGOR MEDGE	10-JAN
1703	ENRIQUE FORTUNE	18-JAN
411	ALLA GALAK	19 - JAN
2211	ALEXANDER LEVINE	20-JAN
2310	MILES KATZMAN	21-JAN
2202	MIRA MULLAEV	25-JAN
1611	SAM DAVIDOFF	28-JAN



ANNIVERSARIES

UNIT# NAME

410 JUDITH BAS & JAIME FLASTERSTEIN 22-JAN



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ITALIAN WEDDING SOUP

Ingredients

½ pound extra-lean ground beef

- 1 large egg, lightly beaten
- 2 tbsp dry bread crumbs
- 1 tbsp grated Parmesan cheese
- ½ tsp dried basil
- ½ teaspoon onion powder
- 5 ³/₄ cups chicken broth
- 2 cups thinly sliced escarole
- 1 cup uncooked orzo pasta
- 1/3 cup finely chopped carrot

Combine ground beef, egg, bread crumbs, Parmesan cheese, basil, and onion powder in a bowl. Shape beef mixture into 3/4-inch balls and place on a parchment-lined tray. Heat broth in a large pot over medium-high heat until boiling. Stir in escarole, orzo, carrot, and meatballs and return to boil. Reduce heat to medium and cook at slow boil, stirring frequently to prevent sticking, until pasta is tender yet firm to the bite, about 10 minutes. Serve hot, garnished with fresh parsley and extra Parmesan cheese. Serves 4.

















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