



# Happenings IN TOWER 100

Volume 14 Issue 10

A Monthly Newsletter for the Residents of Mystic Pointe Tower 100

January 2024

## MYSTIC POINTE TOWER 100

19195 Mystic Pointe Drive  
Aventura, Florida 33180

### ASSOCIATION OFFICERS

**President** ...Mitchell Loszynski  
**Vice Pres.** .....Paul Jacobson  
**Secretary** ..... Trish Taylor  
**Treasurer** .. Robert "Bob" Hartz  
**Director** ..... Dan Silverberg  
**Director** ..... Francine Sabin  
**Director** .....Harvey Glasser

### PROPERTY STAFF

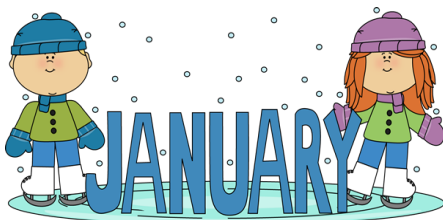
**Manager** .....Brigette Carpio  
**Asst Manager**... Dior McLoud  
**Maint. Sup.** ...Adonis Ramirez

### IMPORTANT NUMBERS

**Main** .....305-932-9169  
**Master Assoc.** 305-932-9600  
**Fax** .....305-932-9286  
**Front Gate** .....305-932-9600

### OFFICE HOURS

**Mon. - Fri.**...9:00 am-5:00 pm



Published monthly at no cost for Mystic Pointe Tower 100 by Coastal Group Publications, Inc. Contact CGP at (305) 981-3503 or [www.cgpnewsletters.com](http://www.cgpnewsletters.com) to advertise in one of our newsletters or to get a FREE newsletter for your property.



## POPULAR NEW YEAR'S RESOLUTIONS

What was your resolution last year? And did you follow through? If you are like most people, you gave up by the time February rolled around. See how you compare with the rest of the country. The six most common resolutions of last year were:

1. Lose weight.
2. Pay off debt.
3. Stop smoking.
4. Drink less alcohol.
5. Increase level of physical activity.
6. Improve interpersonal relationships.

This list generally stays the same every year, but the order changes from year to year. Why is it so hard to keep your resolutions? Many people feel ambivalent about such a drastic lifestyle change. This makes it hard to follow through and commit to the changes required.

To improve your chances of keeping this year's resolutions, start with a specific plan. Rather than saying, "I'm going to lose weight," commit to reducing desserts to one day a week and going for a daily walk. That way, you will know each day if you are still on track.

Also give yourself some room for slip-ups. Many people break a resolution and then decide it is not worth it to start all over again. Rather, they choose to wait a whole year until New Year's comes again to attempt their lifestyle changes. Know ahead of time that you will make mistakes, and come up with a plan for getting back on track. Don't be too hard on yourself and don't panic. Simply start again with your commitment to bettering your life. You will find that this may be the year you live up to all of your own expectations.



### HEAR IT FOR YOURSELF!

Recent technology has revolutionized how Hearing Aid Specialists can resolve hearing loss. On your first appointment, we will demonstrate cutting edge technology, and how it can impact how well you hear - whether it be a noisy environment, or the quiet of your home. We will also show you the power of Bluetooth and devices that work with your phone to improve your hearing.



**Melanie Plotkin, H.A.S.**, Hearing Aid Specialist



**Javier Benitez, HAS, BC-HIS**, Hearing Aid Specialist, Board Certified in Hearing Instrument Sciences



Scan me to find our nearest office & to request an appointment online.

## CALL US TODAY! (888) 272-9589

19046 NE 29th Avenue, **Aventura**  
222 95th Street, **Surfside**

[www.HearAgainAmerica.com](http://www.HearAgainAmerica.com)

**BRING IN THE NEW YEAR WITH BETTER HEARING!**

**Get fully digital Rx Hearing Aids with LIFETIME SERVICE starting at**

**\$1495** *per pair*

**Upgrade your health with Rx hearing devices that last all day long!**

Starkey's **Genesis AI** hearing aids feature a waterproof design & rechargeable battery than can last up to 51 hours on a single charge.‡

**Get \$1000 OFF** your purchase of a new pair of Genesis AI hearing aids.\*



\*Cannot be used on prior purchases or combined with another discount.



# ITALIAN WEDDING SOUP

## Ingredients

- ½ pound extra-lean ground beef
- 1 large egg, lightly beaten
- 2 tbsp dry bread crumbs
- 1 tbsp grated Parmesan cheese
- ½ tsp dried basil
- ½ teaspoon onion powder
- 5 ¾ cups chicken broth
- 2 cups thinly sliced escarole
- 1 cup uncooked orzo pasta
- ½ cup finely chopped carrot

Combine ground beef, egg, bread crumbs, Parmesan cheese, basil, and onion powder in a bowl. Shape beef mixture into 3/4-inch balls and place on a parchment-lined tray. Heat broth in a large pot over medium-high heat until boiling. Stir in escarole, orzo, carrot, and meatballs and return to boil. Reduce heat to medium and cook at slow boil, stirring frequently to prevent sticking, until pasta is tender yet firm to the bite, about 10 minutes. Serve hot, garnished with fresh parsley and extra Parmesan cheese. Serves 4.







PATRICKJAIMEZ PA

**Mobile (786)-277-7355**  
**patrickjaimez@gmail.com**

**COLDWELL BANKER**  
**GLOBAL LUXURY**

Hablo Español / Falo Português  
 Selling Real Estate for over 20 years!

## THINKING OF BUYING OR SELLING?

*I CAN HELP. I AM AT YOUR SERVICE.*

*Get Honest Experienced Help Buying or Selling your Home.*

**TRUST the advice of a professional.**

When it comes to **Buying** or **Selling** a home, it is important to **trust** in a **Real Estate Agent** who cares about your neighborhood as much as you do. When you are ready to buy or sell **give me a call**, your local real estate expert.

**Call me today for a FREE, no cost obligation, comprehensive market analysis of your property.**



*CALL US BEFORE YOUR INSURANCE COMPANY!!*

**(305) 396-9110**  
**STELLARADJUSTING.COM**



**Public Adjusting Services**  
 Professional Insurance Claim Representation






**RE-OPEN OLD & DENIED CLAIMS**

**WATER DAMAGE TO KITCHEN OR FLOORS?**

**LEAKS FROM UNITS ABOVE?**

**AIR CONDITIONER LEAK?**

**SHOWER PAN LEAK?**



## GOT PROPERTY DAMAGE?

# GET HELP NOW!

THIS IS SOLICITATION FOR BUSINESS. IF YOU HAVE HAD A CLAIM FOR AN INSURED PROPERTY LOSS OR DAMAGE AND YOU ARE SATISFIED WITH THE PAYMENT BY YOUR INSURER, YOU MAY DISREGARD THIS ADVERTISEMENT.

We offer a variety of services and treatments, exclusive 1 on 1, in the comfort of your own home.

- Ultrasound and Massage for Pain Management
- Balance & Vestibular Therapy
- Cardiac, Neurological and Senior Rehab
- Relaxation Techniques
- Protective Equipment Protocols

**THERAPY IN YOUR OWN HOME**  
 Licensed Medicare Provider FL8318

**B C O T ASSESSMENT & SERVICES**  
**PHYSICAL & OCCUPATIONAL THERAPY**  
 Are you suffering from **Back Pain, Poor Balance or Weakness?**





**BRIAN CAITS**  
 (954) 328-1505



**MARY L. BASTEK**  
 Broker Associate

Serving South Florida since 1980

Cell: (305) 949-0924  
 Email: [marylbastek@aol.com](mailto:marylbastek@aol.com)

18205 Biscayne Blvd. # 2205  
 Aventura, FL 33161

[www.Beachfrontonline.com](http://www.Beachfrontonline.com)





**M. KOTLER**  
REAL ESTATE

Buying, selling or renting real estate?  
**Let's chat.**  
Contact me today!



**ERIC BROAD**  
Broker  
305-318-2385  
ejbroad@gmail.com  
www.mkotler.com

9585 Harding Ave.  
Surfside, FL 33154



SCAN ME

Hello All!

My name is Tatyana Krivoruchko. I'm a 15-year real estate veteran with experience as a developer, a marketing specialist, and property manager.

Before joining Core Realty Assoc, L.L.C., I partnered in acquiring, developing, marketing, and selling residential estate properties in Chicago, IL.

My clients would describe me as a mature, dependable, and high-energy RE Agent with a passion for the highest degree of excellence in her work; valued not only for warmth, professionalism, dedication, and excellent judgment but for her unwavering commitment to ensure that the deal comes through.

*Testimonial: "Tatyana did a fantastic job closing our transaction! She has a great deal of integrity when it comes to protecting her client's best interest and insuring a smooth transaction." - Mila & Elijah R.*



**TATYANA KRIVORUCHKO**  
Cell: (847) 612-2648  
tatanakrivor@yahoo.com | www.miamiresidentialrealtygroup.com



323 Sunny Isles Blvd, Ste 700, Sunny Isles Beach, FL

# DIAMOND



# REMODELERS

**Full Service Contractors**

**Kitchen & Bathroom Remodeling**  
Satisfaction and Quality Guaranteed

We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the *Remodeling Experts*, family owned for 40 years.

**Jeff Diamond & Anthony Lasorsa**  
**305-865-9005**  
www.diamondremodelers.com  
jeff@diamondremodelers.com

*specializing in condo & apartment interiors*




*Receive a 15% discount on any remodeling job!*




Painting & Services Unlimited Lic. CC94BS00437  
Lasora Enterprises, Inc CGC031497 Licensed & Insured General Contractor

**REMODELING • INSTALLATIONS**

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- Custom Baseboards / Crown Moldings
- Granite / Marble / Quartz Counter Tops
- All Types of Tiles & Marble Installed



**"Your Experienced Handyman"**

**PAINTING & SERVICES UNLIMITED**

- Painting, Condo, House, Apt. Roof Painting
- Full Service Contractors
- Popcorn Ceiling Removal
- Plumbing & Electrical Service
- Smooth Ceilings
- Doors / Windows EST. 1980
- Framing, Drywall & Finishes
- Mirror Installation

**15% Off**  
any remodeling job!

**10% OFF Any Service**  
Valid With Coupon. Not To Be Combined With Other Offers. Exp 2/29/2024

- Design & Management Services
- No Job Too Small
- Free Estimates
- Service & Quality at Reasonable Prices
- Commercial & Residential
- Habla Español