

## **Emerald at Brickell** Condominum Association

218 S.E. 14th Street Miami, Florida 33131

### **ASSOCIATION OFFICERS**

President	Cary Cohen
Vice President	Carla Wertman
Treasurer	Hector Nieto
Secretary	Mario Rojas
Director	Jessica Melendez

### **PROPERTY MANAGEMENT**

Property Mgr Ydais Laya	
manager@emeraldatbrickellcondo.com	
Admin. Asst Tiziana Ferrari	
Admin@emeraldatbrickellcondo.com	
Maint. Supervisor Victor Gonzalez	
Front Desk	

#### **IMPORTANT NUMBERS**

Office:	305-416-6046
Front Desk:	305-416-6946
Maintenance:	305-416-6946
Fax:	305-416-6067
Direct TV:	1 (800) 897-9773
Web pass:	1 (800) 932-7277

### **OFFICE HOURS**

Monday - Friday .... 8:30 am - 5 pm



New Yea

## **POPULAR NEW YEAR'S RESOLUTIONS**

What was your resolution last year? And did you follow through? If you are like most people, you gave up by the time February rolled around. See how you compare with the rest of the country. The six most common resolutions of last year were:

- 1. Lose weight.
- 2. Pay off debt.
- 3. Stop smoking.
- 4. Drink less alcohol.
- 5. Increase level of physical activity.
- 6. Improve interpersonal relationships.

This list generally stays the same every year, but the order changes from year to year. Why is it so hard to keep your resolutions? Many people feel ambivalent about such a drastic lifestyle change. This makes it hard to follow through and commit to the changes required.

To improve your chances of keeping this year's resolutions, start with a specific plan. Rather than saying, "I'm going to lose weight," commit to reducing desserts to one day a week and going for a daily walk. That way, you will know each day if you are still on track.

Also give yourself some room for slip-ups. Many people break a resolution and then decide it is not worth it to start all over again. Rather, they choose to wait a whole year until New Year's comes again to attempt their lifestyle changes. Know ahead of time that you will make mistakes, and come up with a plan for getting back on track. Don't be too hard on yourself and don't panic. Simply start again with your commitment to bettering your life. You will find that this may be the year you live up to all of your own expectations.

# HEAR BETTER IN THE NEW YEAR

## **NOW THROUGH JANUARY 31ST**

Cet exclusive savings on the latest hearing technology plus receive a complimentary hearing test.

## **HEAR IT FOR YOURSELF!**

Recent technology has revolutionized how Hearing Aid Specialists can resolve hearing loss. On your first appointment, we will demonstrate cutting edge technology, and how it can impact how well you hear - whether it be a noisy environment, or the quiet of your home. We will also show you the power of Bluetooth and devices that work with your phone to improve your hearing.



Melanie Plotkin, H.A.S., Hearing Aid Specialist

Javier Benitez, HAS, BC-HIS, Hearing Aid Specialist, Board Certified in Hearing Instrument Sciences





## CALL US TODAY! (888) 272-9589

Scan me to find our nearest office & to request an appointment online. 19046 NE 29th Avenue, **Aventura** 222 95th Street, **Surfside** 

www.HearAgainAmerica.com

Starkey.

### BRING IN THE NEW YEAR WITH BETTER HEARING!

Get fully digital Rx Hearing Aids with LIFETIME SERVICE starting at



## Upgrade your health with Rx hearing devices that last all day long!

Starkey's **Genesis AI** hearing aids feature a waterproof design & rechargeable battery than can last up to 51 hours on a single charge.<sup>‡</sup>

## Get \$1000 OFF

your purchase of a new pair of Genesis AI hearing aids.\*

\*Cannot be used on prior purchases or combined with another discount.

The views expressed here are not necessarily those of Coastal Group Publications, Inc. (CGP) or its staff. CGP assumes no responsibility for any text or illustrations submitted for publication.

Page 3 Emerald at Brickell

A FREE

CLAIM

INSPECTION

**GOT PROPERTY** 

DAMAGE?

**HELP N** 

CALL US BEFORE YOUR

INSURANCE COMPANY!!

(305) 396-9110

STELLARADJUSTING.COM



If you have empty boxes, DO NOT throw them down the trash chute. Please bring them to the recycling bins located on the ground floor behind the Security Desk. Thank you for your cooperation.



Beach, we are here to listen to your concerns and connect you to the services and resources you need from Miami-Dade County." www.miamidade.gov/district05 305-375-5924 District5@miamidade.gov

"With offices in Miami and Miami

DISTRICT OFFICE 2100 Coral Way, Suite 400 Miami, Florida 33145 Monday - Friday / 9:00 am - 5:00 pm

O @CommishEileen

f @CommishEileen

😤 Inside D5 Newsletter

1700 Convention Center Drive, ground floor

Monday / Wednesday / 9:30 am - 4:30 pm

**MIAMI BEACH OFFICE** 

Miami Beach, Florida 33139

ATM Location An ATM machine has been placed in the business center for your

use and convenience.



"A man who stops advertising to save money is like a man who stops a clock to save time." – Henry Ford
CGP publishes monthly newsletters for over 50 condos; each written & delivered to each resident by the board & management.
Advertise to over 30,000 condo residents.

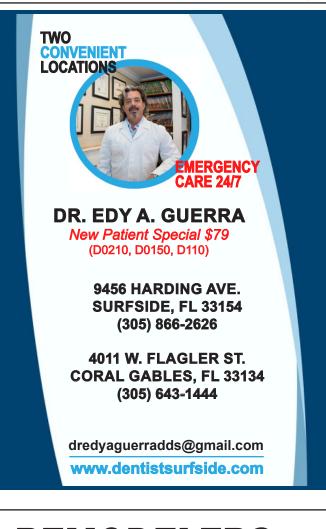
COASTAL GROUP

PUBLICATIONS, INC. 305-981-3503 www.cgpnewsletters.com

Persons submitting same agree to do so voluntarily. CGP is indemnified and held harmless from any and all liability arising out of such publication. Coastal Group Publications (305) 981-3503.



**SERVICES INCLUDE:** Any small or large construction project Bathrooms • Kitchens • Painting • Tile, wood and vinyl floors Interior doors • Popcorn removal Quiet exhaust fans • General repairs



DIAMOND

We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the *Remodeling Experts*, family owned for 40 years.

spealallahg In condo & apartment Interiors Jeff Diamond & Anthony Lasorsa 305-865-9005 www.diamondremodelers.com

jeff@diamondremodelers.com



## REMODELERS **Full Service Contractors** Kitchen $X_{\gamma}$ Bathroom Remodeling

Satisfaction and Quality Guaranteed

#### REMODELING • INSTALLATIONS

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- Custom Baseboards / Crown Moldings
- Granite / Marble / Quartz Counter Tops
- All Types of Tiles & Marble Installed

#### **PAINTING & SERVICES UNLIMITED**

- Painting, Condo, House, Apt. Roof Painting Full Service Contractors
- Popcorn Ceiling Removal
- Smooth Ceilings
- Doors / Windows Framing, Drywall & Finishes
  - Mirror Installation
- Design & Management 10% 15% Services No Job Too Small Off Free Estimates Any Service & Quality at Service any **Reasonable Prices** Valid With Coupon. remodeling Not To Be Combined Commercial & Residential With Other Offers. job!
- Habla Español

"Your Experienced Handyman"

Plumbing & Electrical Service

EST. 1980

Exp 2/29/2024 T \_ \_ \_ \_