# MAISON GRANDE



Volume 20 Issue 4 October 2023

# MAISON GRANDE Condominium Association

6039 Collins Avenue Miami Beach, FL 33140

# **OFFICE HOURS**

**Mon. - Fri.** ..... 9:00 AM - 5:00 PM

# OFFICE STAFF Manager ......Harry Goldberg

Asst. Manager	Karla Castro	
Admin. Asst	Emyshaly Coss	
FSR Regional Director		
	. Carolina Folkard	
Chief Engineer Yosmer Rivero		

Package Room ...... Kerwin Barreto
Valet Supervisor ..Clemente Franco
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# **IMPORTANT NUMBERS**

Condo Office	305-865-4247
Fax	305-865-7819
Security	305-864-1104
Package Room	305-865-7446
Valet Parking	305-866-7181
Email manager@maisongrande.org	

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# DON'T FORGET...

Spring forward...Fall back...

Daylight Saving Time begins for most of the United States at 2 a.m. on the **Second Sunday in March** and lasts until 2 a.m. on the **First Sunday of November.** 

Be sure to set your clocks back one hour at 2 AM on Sunday, November 5, 2023.

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More

Change your clock,



**CHANGE** your batteries

than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.



# **OCTOBER IS**



# HOW CAN I FIND BREAST CANCER EARLY?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

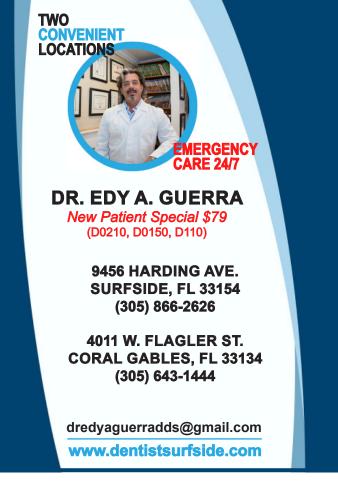
### CHANGES TO LOOK FOR IN YOUR BREASTS

• Any new lump (which may not be painful or tender)

- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other

For more information you can visit the American Cancer Society's breast cancer Web site at www. cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www. breastcancer.net.





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# **Slow Cooker Chicken Tortilla Soup**

- 1 lb shredded, cooked chicken
- 1 (15 oz) can whole peeled tomatoes, mashed
- 1 (10 oz) can enchilada sauce
- 1 (4 oz) can chopped green chiles
- 1 onion, chopped
- 2 cloves garlic, minced
- 2 cups water
- 1 (14.5 oz) can chicken broth
- 1 teaspoon cumin
- 1 teaspoon chili powder
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 1 bay leaf
- 1 (10 oz) package frozen corn
- 1 tablespoon chopped cilantro
- Tortilla chips (crumbled)
- Toppings (optional)

## **Directions**

Place chicken, tomatoes, enchilada sauce, green chiles, onion, and garlic into a slow cooker. Pour in water and chicken broth; season with cumin, chili powder, salt, pepper, and bay leaf. Stir in corn and cilantro. Cover and cook on Low for 6 to 8 hours or on High for 3 to 4 hours. Sprinkle tortilla chips, and serve with grated cheese, sour cream and any other topping you like!







Mobile (786)-277-7355 patrickjaimez@gmail.com GLOBAL



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CGP publishes monthly newsletters for over 50 condos; each written & delivered to each resident by the board & management.

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### **OCTOBER**

Zun Zun Children's Festival: 123 Andrés SUN 10.1 FREE La Escala Sonora WED

Kany Garcia • Second Date FRI 10.6

Mala Rodriguez & Sara Socas

talian HIT week • Coma Cose SAT 10.14 FREE

Scary Pockets SUN 101

Cuco in Concert: iii points Satellite Event THU 10.19

The Head and the Heart 🔣

Arturo O'Farrill & the Afro Latin Jazz Orchestra SAT 10.21

Pedro Capó SUN 10.22

Midnight at MuseZeuM ft Slick Rick SAT 10.28

Rocky Horror Picture Show SUN 10.29

**SCAN THE QR CODE TO** 



# **NOVEMBER**

Rhythm Foundation Gala THU

Gera MX & Nanpa Básico 🔣

Israel Fernandez & Diego del Morao SAT 11.4

Fall For Dance NOW! SUN 11.

The Second Annual Law Rocks Miami R 11.10

Juanse (Ratones Paranoicos) SAT 11.1

Daybreaker SUN

Nu Deco Ensemble Dress Rehearsal THU 11.16 FREE

Nu Deco Ensemble ft. Lucius SA

Metronomy SUN

We Belong Here SAT 11.25

# **DECEMBER**

North Beach Music Festival FRI 12.1 • SAT 12.2 • SUN 12.3

Miami Beach Rock Ensemble:

A Tribute to Doug Burris SAT 12.16

North Beach Social: Suénalo Sound System THU 12.21 FRE

all programs subject to change\*

TICKETS & INFO 7275 COLLINS AVE. MIAMI BEACH, FL 33141

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