

THE VOICE OF CORONADO



Volume 9 Issue 10

A Monthly Newsletter for the Residents of Coronado Condominium

November 2023

Coronado Condominium Association, Inc

20301 W Country Club Drive
Aventura, Florida 33180

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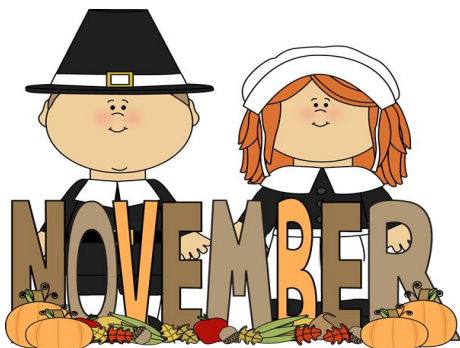
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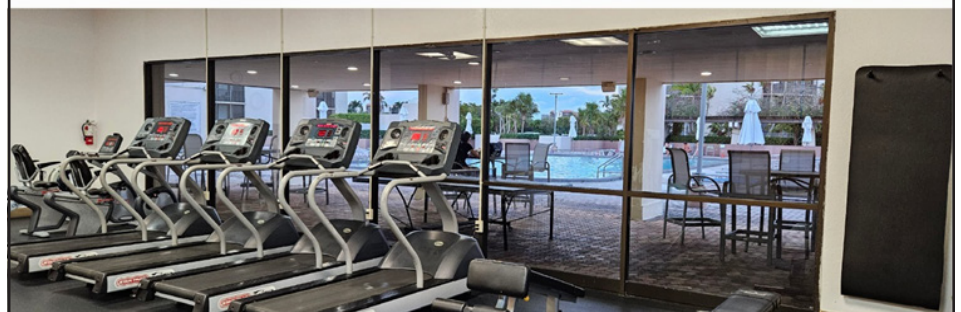
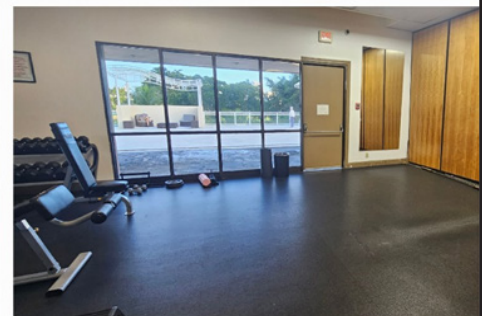
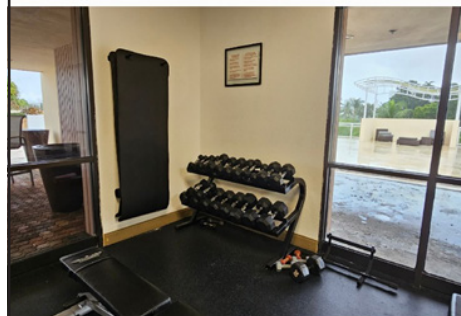
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OFFICE HOURS

Mon- Fri 9am-5:00pm



A huge thank you to Harry Lucas, resident of building 3, for donating stainless steel address signs for all 3 buildings, including the recreational hall & gym. Hopefully, from now on, all the lost UPS and Amazon delivery personnel can bring the packages to the right building. We truly have amazing residents in Coronado! Thank you, Harry, for your generous support!



Our gym just got a quick makeover! A fresh coat of white paint was applied. We rearranged all the gym equipment and removed a broken treadmill to create a more efficient space for floor exercises. A shelf unit was added for storing smaller exercise essentials such as jump ropes, resistance bands, small weights, and of course for your personal belongings in a safe but stylish space. More improvements are coming soon! - The Board of Directors of Coronado

GETTIN' FIGGY WITH IT

National Fig Week is November 1-7. It is a great time to enjoy the taste of figs. Many people are not familiar with this sweet fruit. The easiest way to use figs in recipes is to use dried figs, easily found at your local grocer year round. To help you enjoy them, we've compiled some delicious and easy recipes.



Poached Figs: Wash one pound of dried figs. Place the figs in a medium saucepan and cover with cold water. Add two tablespoons lemon juice and stew the figs, covered, until they are soft. Drain the juice from the figs and remove the figs from the pan. Return the juice to the saucepan and simmer with about one cup of sugar until thick. Add back in the figs and stir. Let cool. Add one tablespoon dry sherry. Chill and serve with ice cream.

Thai Chicken Salad With Figs: To make the dressing, mix together 6 tablespoons fresh lime juice, 1/4 cup honey, 3 teaspoon light soy sauce, 1/4 teaspoon crushed red pepper flakes, and 2 teaspoons minced fresh gingerroot. Add 2 cups shredded cooked chicken and 1 cup dried figs, with stems removed and cut into eighths. Add 2 sliced green onions and 1/4 cup chopped fresh mint. Toss to coat evenly. Cover and refrigerate for one hour, stirring occasionally. To serve, add to the mixture one chopped cucumber and 1/2 small cantaloupe, cut into small pieces. Line plates with salad greens and arrange mixture in center.

Gorgonzola-Stuffed Figs: In a medium saucepan, combine 8 ounces dried figs with one cup sugar and one cup water. Heat to boiling and remove from heat. Cover figs and let stand until plumped and cool. Snip deep crosses into each and spread out until almost flat. Blend 12 ounces of soft cream cheese with 4 ounces of Gorgonzola or blue cheese. Fill center of figs with cheese mixture. Top each with one pecan half. Chill and serve cold.



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The Do's and Don't's of Recycling

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DO NOT INCLUDE:

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Please note that Waste Management Inc. of Florida is no longer accepting glass in its commercial recycling plastic bags do not recycle.



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