

OCTAGON *Tribune*



Volume 9 Issue 9

A Monthly Newsletter for the Residents of the Octagon Towers Condominium

October 2023

OCTAGON TOWERS CONDOMINIUM

1881 Washington Avenue
Miami Beach, Florida 33139

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OFFICE HOURS

Mondays 7:00am - 12:00pm
Tuesdays 1:00pm - 5:00pm
Wed. and Fri. 8:00am - 1:00pm
Thursdays..... 3:00pm - 7:00pm

Published monthly at no cost for Octagon Towers by Coastal Group Publications. Contact CGP at (305) 981-3503 or info@cgpnewsletters.com to place an ad or to get a free newsletter for your property.

OWNER'S UPDATE

OCTAGON TOWERS CONDOMINIUM

- The work on the 19th St pedestrian exit door column should be completed very soon. All the necessary information has been received from the engineer and specific material ordered by the contractor. The intent is to install a carbon fiber wrap around the column to reinforce it.
- The budget committee held a meeting on October 10th, 2023, to start preparing the 2024 budget. Several meetings will be held before a final draft can be presented to the Board for review and approval.
- The generator project is still pending as we are now waiting for specifications of the Fire Pump that might be replaced, it will determine if the previously sized generator is still appropriate. The engineer is still working on this task.
- The agreement for the modernization of both elevators has been executed. Suncoast elevators will initiate the design/permitting process. This phase will most likely take the end of the year before any work can be started. We will update you as soon as we have a clear timeline.
- The landscape company trimmed the hedges throughout the property. They also treated for the whitefly infection. It was confirmed trimming and treating in a very short period wouldn't be a problem. The leaves should grow back very soon. The company was asked to make sure additional treatments would be done to get rid of this infection.
- Reminder: The trash chute is to be used only for trash previously bagged. No other item should be placed in the chute since it will clog it. Cardboard boxes need to be flattened and placed in the recycling container in the trash room.
- **WE REMIND YOU THAT BULK TRASH IS NOT ALLOWED IN THE BUILDING'S TRASH ROOM.** Please arrange for a pickup or dispose of your bulk trash with the city of Miami Beach, the information can be found here: <https://www.miamibeachfl.gov/city-hall/public-works/sanitation-division/bulk-disposal/>
- We also remind you that the owner's portal provides information accessible to you, certificate of insurance requests for lenders, approved meeting minutes, governing documents,... Please use the link below:



OCTOBER IS



HOW CAN I FIND BREAST CANCER EARLY?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

CHANGES TO LOOK FOR IN YOUR BREASTS

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other

For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.



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Slow Cooker Chicken Tortilla Soup

- 1 lb shredded, cooked chicken
- 1 (15 oz) can whole peeled tomatoes, mashed
- 1 (10 oz) can enchilada sauce
- 1 (4 oz) can chopped green chiles
- 1 onion, chopped
- 2 cloves garlic, minced
- 2 cups water
- 1 (14.5 oz) can chicken broth
- 1 teaspoon cumin
- 1 teaspoon chili powder
- 1 teaspoon salt
- ¼ teaspoon black pepper
- 1 bay leaf
- 1 (10 oz) package frozen corn
- 1 tablespoon chopped cilantro
- Tortilla chips (crumbled)
- Toppings (optional)

Directions

Place chicken, tomatoes, enchilada sauce, green chiles, onion, and garlic into a slow cooker. Pour in water and chicken broth; season with cumin, chili powder, salt, pepper, and bay leaf. Stir in corn and cilantro. Cover and cook on Low for 6 to 8 hours or on High for 3 to 4 hours. Sprinkle tortilla chips, and serve with grated cheese, sour cream and any other topping you like!





Commissioner
Eileen Higgins
District 5



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OCT • DEC 2023



OCTOBER

- Zun Zun Children's Festival: 123 Andrés **SUN 10.1** **FREE**
- La Escala Sonora **WED 10.4**
- Kany Garcia • Second Date **FRI 10.6**
- Mala Rodriguez & Sara Socas **SAT 10.7**
- Kevin Kaarl **THU 10.12**
- Italian HIT week • Coma Cose **SAT 10.14** **FREE**
- Scary Pockets **SUN 10.15**
- Cuco in Concert: iii points Satellite Event **THU 10.19**
- The Head and the Heart **FRI 10.20**
- Arturo O'Farrill & the Afro Latin Jazz Orchestra **SAT 10.21**
- Pedro Capó **SUN 10.22**
- The Dip **THU 10.26**
- Midnight at MuseZeuM ft Slick Rick **SAT 10.28**
- Rocky Horror Picture Show **SUN 10.29**

NOVEMBER

- Rhythm Foundation Gala **THU 11.2**
- Gera MX & Nanpa Básico **FRI 11.3**
- Israel Fernandez & Diego del Morao **SAT 11.4**
- Fall For Dance NOW! **SUN 11.5**
- GIMS **THU 11.9**
- The Second Annual Law Rocks Miami **FRI 11.10**
- Juanes (Ratones Paranoicos) **SAT 11.11**
- Daybreaker **SUN 11.12**
- Nu Deco Ensemble Dress Rehearsal **THU 11.16** **FREE**
- Nu Deco Ensemble ft. Lucius **SAT 11.18**
- Metronomy **SUN 11.19**
- We Belong Here **SAT 11.25**

DECEMBER

- North Beach Music Festival **FRI 12.1 • SAT 12.2 • SUN 12.3**
- Miami Beach Rock Ensemble:
A Tribute to Doug Burris **SAT 12.16**
- North Beach Social: Suénalo Sound System **THU 12.21** **FREE**

SCAN THE QR CODE TO
EXPLORE ALL EVENT INFO:



all programs subject to change*



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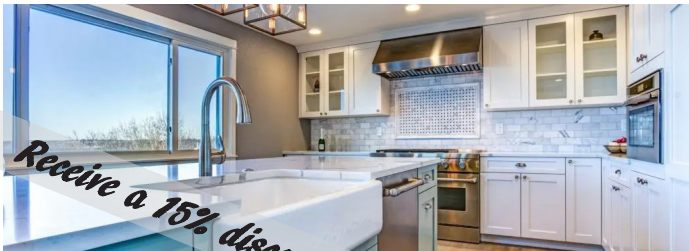
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