

VILLA DORADA

AT AVENTURA

Volume 11 Issue 5

A Monthly Newsletter for the Residents of Villa Dorada Condominium

September 2023

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IMPORTANT EMAILS

Association Voice (Email updates) ...
www.associationvoice.com
Parking Boss (Guest Parking Pass)....
Villadorada.parkingattendant.com
Service Requests (Work Orders) ..
Admin@villadoradacondo.net

OFFICE HOURS

Monday - Friday ..8:30AM - 5:30pm
Office closed for lunch 12-1pm daily



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Fabulous Freezer Meals

Short on time each day when it comes to making dinner? Consider using your freezer to cut your preparation time. Whenever you make a meal, make extra to freeze for later. You will save time by doing all your chopping, preparing, and cooking at once. You can also make a whole day or two of it. Choose a weekend when you are not doing other things and make several meals at once. By freezing them ahead of time, you will have ready to heat and eat meals any day of the week.

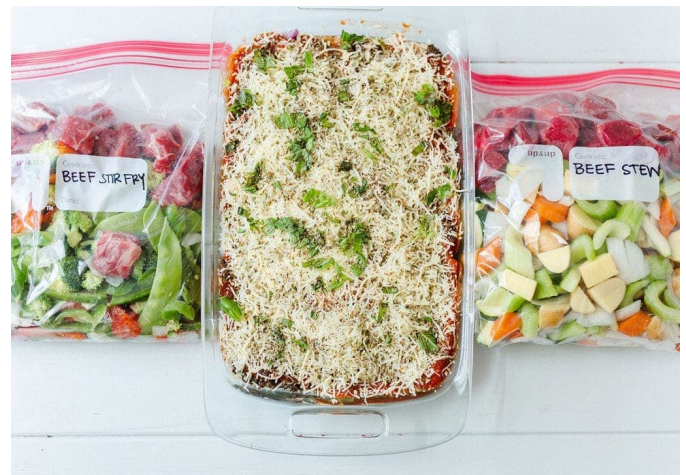
When preparing your foods for freezing, use the smallest possible containers you can. They freeze faster and take less time to reheat. For example, if you assemble a large casserole, freeze it in several small containers. When it is time for dinner, simply take one or two containers out, reheat, and dinner is served!

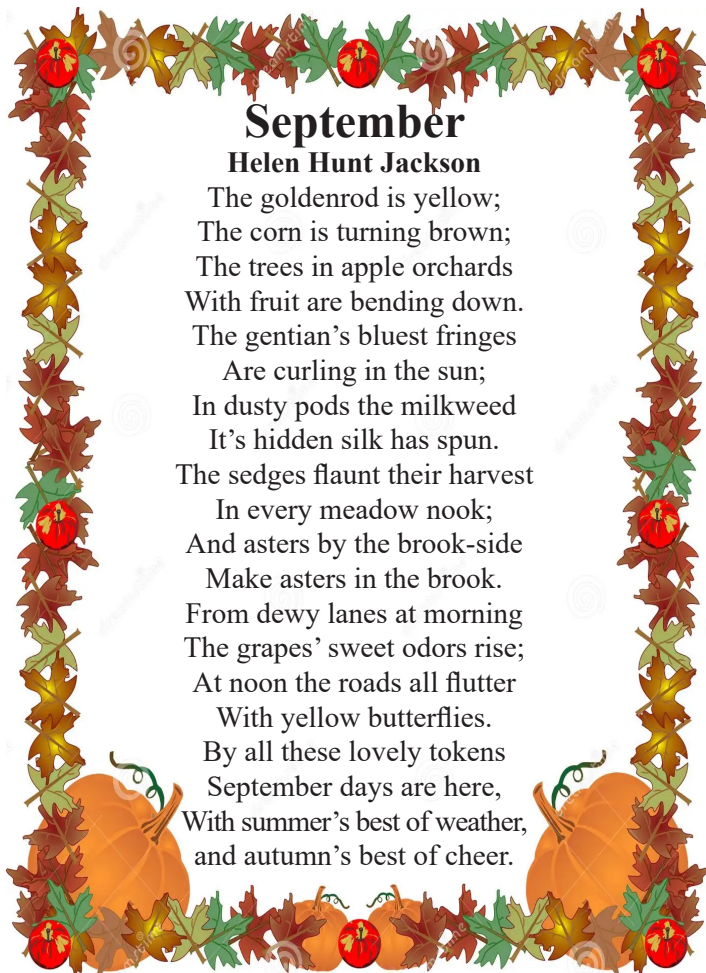
If you are freezing individual items such as meatballs or stuffed pasta shells, don't pile them into a container and freeze all together. Place the individual items on a wax paper lined cookie sheet, place in your freeze until frozen, and then place the items in a freezer bag. You can then take out as many as you need at one time.

If you are short on casserole dishes, this trick is perfect for you. Spray your casserole dish with cooking spray, line with foil, and spray the foil with cooking spray. Assemble your casserole in the foil-lined dish and freeze. When it is frozen, remove the filled dish from the freezer, dip the bottom of the dish in hot water, and your frozen casserole will pop right out. Wrap the frozen casserole well in foil and return to the freezer. When it is time to cook your meal, unwrap the frozen casserole, remove all the foil and return it to the dish it was initially frozen in.

There are many foods that freeze well. Here are some ideas to get you started:

- Lasagna
- Burritos
- Spaghetti sauce
- Meatballs
- Meatloaf
- Chili
- Soups
- Stews
- Pot roast
- Brisket
- Enchiladas
- Stuffed green peppers
- Sloppy Joe filling
- Twice baked potatoes





September

Helen Hunt Jackson

The goldenrod is yellow;
The corn is turning brown;
The trees in apple orchards
With fruit are bending down.
The gentian's bluest fringes
Are curling in the sun;
In dusty pods the milkweed
It's hidden silk has spun.
The sedges flaunt their harvest
In every meadow nook;
And asters by the brook-side
Make asters in the brook.
From dewy lanes at morning
The grapes' sweet odors rise;
At noon the roads all flutter
With yellow butterflies.
By all these lovely tokens
September days are here,
With summer's best of weather,
and autumn's best of cheer.

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First Day of Fall

We may not be experiencing the signs here in South Florida, but throughout the country the first leaves have started turning colors, and the air is growing cooler and crisper, signifying the start of the Fall season. And it's Football Season – what better signal that Fall is here? Hope you enjoy the beautiful nights and days this season is sure to bring.





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Rosh Hashanah is Friday, September 15, 2023 – Sunday, September 17, 2023. Here is a sweet dish to sweeten your New Year. Shana Tovah!

HONEY BAKED CHICKEN
Ingredients

- 1 (3 pound) whole chicken, cut into pieces
- ½ cup butter, melted
- ½ cup honey
- ¼ cup prepared mustard
- 1 teaspoon salt
- 1 teaspoon curry powder

Directions

Preheat oven to 350 degrees F.

Place chicken pieces in a shallow baking pan, skin side up. Combine the melted butter or margarine, honey, mustard, salt and curry powder and pour the mixture over the chicken. Bake in the preheated oven for 1 ¼ hours (75 minutes), basting every 15 minutes with pan drippings, until the chicken is nicely browned and tender and the juices run clear.

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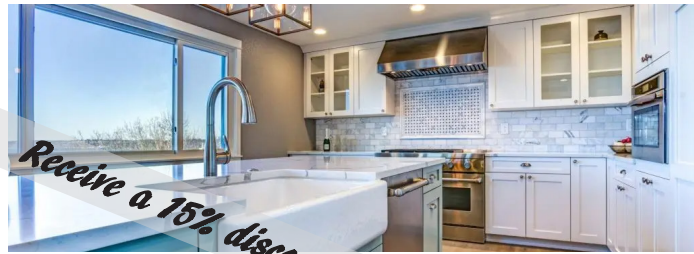
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