

OCTAGON

Tribune



Volume 9 Issue 7

A Monthly Newsletter for the Residents of the Octagon Towers Condominium

August 2023

OCTAGON TOWERS CONDOMINIUM

1881 Washington Avenue
Miami Beach, Florida 33139

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..... 786-440-6157

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Mondays 7:00am - 12:00pm
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Wed. and Fri. 8:00am - 1:00pm
Thursdays..... 3:00pm - 7:00pm

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OWNER'S UPDATE OCTAGON TOWERS CONDOMINIUM

- Patriot Fire Inc, company in charge of the fire sprinkler installation, is continuing the unit inspections. 12th, 11th, 10th, 9th, 8th, 7th, 6th, 5th, 4th, and 3rd floors were already completed. The 2nd Floor is scheduled August 22nd, 2023.
- The concrete work under the supervision of a structural engineer, is still ongoing by the 19th St pedestrian exit door and Geothermal room. It should be completed soon, and walls painted. We are pending an engineer report to finish the job and repaint the areas. An additional membrane needs to be added on the column before it can be finished.
- The Board approved the installation of a new access control system and replacement of cameras in the building. The work will start as soon as possible for this first phase of security improvement. The security committee is still working on getting proposal for addition of fencing on the weak areas around the property.
- The generator project is still pending as we are now waiting for specifications of the Fire Pump that might be replaced, it will determine if the previously sized generator is still appropriate. The engineer is still working on this task.
- The Board of Directors approved Suncoast Elevator's proposal for the modernization of both elevators. The project will start once the agreement is finalized/reviewed by the association's attorney. First phase will be the project design by the contractor and permit submission.
- RMQ has received a proposal for the pipe lining of the parking lot drainage system. It is currently under review.
- Reminder: The trash chute is to be used only for trash previously bagged. No other item should be placed in the chute since it will clog it. Cardboard boxes need to be flattened and placed in the recycling container in the trash room.
- **We remind you that BULK TRASH IS NOT ALLOWED IN THE BUILDING'S TRASH ROOM. Please arrange for a pickup or dispose of your bulk trash with the city of Miami Beach, the information can be find here: <https://www.miamibeachfl.gov/city-hall/public-works/sanitation-division/bulk-disposal/>**



Owner's Portal: <https://sites.vertilinc.com/octagontowers/>

SLOW COOKER BUTTER CHICKEN

- 2 tbs butter
- 2 tbs vegetable oil
- 4 large skinless, boneless chicken thighs, cut into bite-sized pieces
- 1 onion, diced
- 3 cloves garlic, minced
- 1 (6 oz) can tomato paste
- 1 tbs curry paste
- 2 tsp curry powder
- 2 tsp tandoori masala
- 1 tsp garam masala
- 15 green cardamom pods
- 1 (14 oz) can coconut milk
- 1 cup low-fat plain yogurt
- salt to taste



Heat butter and oil in a large skillet over medium heat. Stir in chicken, onion, and garlic.

Cook and stir until onion has softened, about 10 minutes. Stir in tomato paste, curry paste, curry powder, tandoori masala, and garam masala until combined. Pour mixture into slow cooker; stir in cardamom, coconut milk, and yogurt. Season with salt. Cook on high 4 to 6 hours (or low 6 to 8 hours) until chicken is tender and sauce has reduced to desired consistency. Remove and discard cardamom pods before serving.

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DOG DAYS OF SUMMER

The term “dog days of summer” is one that most people are familiar with. But do you know what it means? Technically, the “dog days of summer” run from July 3 to August 11, and are associated with the hottest days of the season.

The dog reference has to do with the night sky. Sirius, the brightest star in the summer sky, is in the constellation called Canis Major, which means “big dog.” Ancient people living in the Mediterranean region believed that such a large star as Sirius generated heat, just as the sun does. During the days from early July to mid-August, Sirius is in conjunction with the sun. This means that it rises and sets, and is in alignment with, the sun. These ancient people thought that the heat from the sun was being joined by the heat from Sirius, causing much warmer days. They called this time of year the “dog days,” after the constellation Canis Major.

Folklore about these unique days continued into relatively modern times. You can probably still find some older folks who remember the old wives’ tale about fish losing their teeth during the “dog days of summer.” With no teeth, the fish developed sore gums and were unable to feed until the return of cooler weather. For these folks, this helped explain why fishing at their regular fishing holes was so poor during the late summer months.



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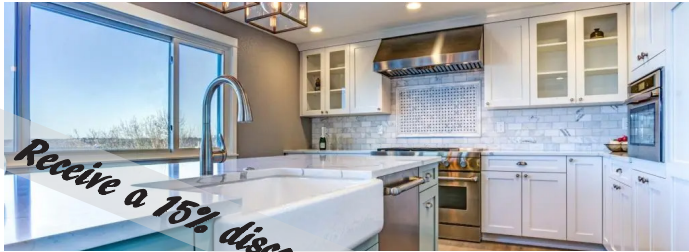
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