



360 CONDO NEWSLETTER

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A Monthly Newsletter for the Residents of the 360 Condominium Association

June 2023



Condominium Association, Inc.
7900 Harbor Island Drive
North Bay Village, FL 33141

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Hurricane Season is Here. Are you prepared?

Hurricanes are one of nature's most powerful forces that turn warm ocean water into powerful winds capable of mass destruction. Heavy rain also accompanies hurricanes and is not only a threat to coastal areas, but to areas hundreds of miles inland as well. In some cases, flooding occurs days after the storm actually goes ashore. Hurricanes also bring winds in excess of 74 mph, storm surge and tornadoes. It's critical to be aware of the dangers associated with hurricanes and their somewhat weaker counterparts, tropical storms, and to learn how you can reduce the loss of life and property if you're prone to these powerful forces.

During A Hurricane Watch

- Listen to a battery-operated radio or television for hurricane progress reports.
- Check emergency supplies.
- Fuel car.
- Bring in outdoor objects and anchor objects that cannot be brought inside.
- Secure windows. Remove outside antennas.
- Turn refrigerator and freezer to coldest settings. Open only when absolutely necessary.
- Store drinking water in clean bathtubs, jugs and bottles.
- Review evacuation plan.
- Moor boat securely or move it to a designated safe place.

During A Hurricane Warning

- Listen constantly to a battery-operated radio or television for

official instructions.

- Store valuables and personal papers in a waterproof container on the highest level of your home.
- Avoid elevators.

If at home:

- Stay inside, away from windows, skylights, and glass doors.
- Keep a supply of flashlights and extra batteries handy. Avoid open flames as a source of light.
- If power is lost, turn off major appliances to reduce power "surge" when electricity is restored.

If officials indicate evacuation is necessary:

- Leave as soon as possible. Avoid flooded roads and watch for washed-out bridges.
- Secure your home by unplugging appliances and turning off electricity and the main water valve.
- Tell someone outside of the storm area where you are going.
- If time permits, and you live in an identified surge zone, elevate furniture to protect it from flooding or better yet, move it to a higher floor.
- Bring pre-assembled emergency supplies.
- Take blankets and sleeping bags to shelter.
- Lock up home and leave.



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- V. Taporowski, Hear Again America patient



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Dad's Day Strata

- ½ cup broccoli florets
- 3 slices whole wheat bread, cubed
- 1 (14.5 oz) can diced tomatoes with basil, garlic, & oregano, drained
- 8 slices deli honey ham, shredded
- ¼ cup shredded pepperjack cheese
- 4 eggs
- ¼ cup heavy whipping cream
- 1 ½ teaspoons garlic powder
- salt & ground black pepper to taste

Preheat oven to 375 degrees F. Grease a 9-inch square casserole dish. Steam broccoli until tender, 2 to 4 minutes. Mix steamed broccoli, bread cubes, diced tomatoes, ham, and pepper jack cheese together in a large bowl. Beat eggs, cream, garlic powder, salt, and pepper together in a separate bowl; stir into broccoli mixture. Pour mixture into the prepared casserole dish. Bake 35 minutes until eggs are set in the middle. Allow to cool for 3 to 5 minutes before cutting.



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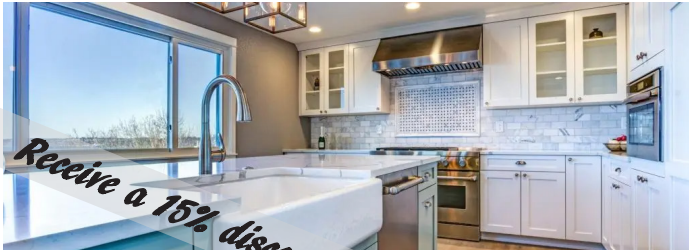
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