

Mar Del Plata

Condominium Assoc., Inc.

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DETECT-A-LEAK WEEK

Detect-a-Leak Week is held annually every May. This is the perfect time to give your home a once over, checking for leaks that may be costing you money! Even a small leak can add up to hundreds of dollars a year, and could damage surrounding fixtures, cabinets, or floors.

One of the biggest culprits is the toilet. You often cannot tell if your toilet is leaking simply by examining it. Place a few drops of food coloring, just enough to slightly color the water, in the main tank. Let it sit for several hours, then



check the toilet bowl. If you see the color in the bowl, you have a leaky toilet and it needs to be repaired. Check for dripping faucets, pipes, and connections by examining all plumbing in your home. Use a lightweight cloth to wipe around each connection. If your cloth becomes wet, you have leaky plumbing that needs to be repaired.

Don't forget to stop those leaks that you can control! Turn faucets off all the way. Don't let water run when you brush your teeth. And don't use your toilet as a wastebasket. Instead of throwing items such as tissues in the toilet and flushing, use a small wastebasket in your bathroom instead.



Chicken with Lemon-Caper Sauce



- ½ cup all-purpose flour
- 1 pinch salt
- 2 (6 ounce) skinless, boneless chicken breast halves
- 2 tablespoons olive oil
- ½ cup dry white wine
- ½ cup lemon juice
- ½ cup cold unsalted butter, cut into pieces
- 2 tablespoons capers, drained
- 2 lemon wedges

Mix together flour and salt in a large dish. Coat chicken in flour mixture; shake off excess. Heat olive oil in a skillet over medium-high. Cook chicken oil until golden brown and cooked through, 3 to 4 minutes per side. A thermometer inserted into the center should read at least 165 degrees F. Transfer chicken to a plate; cover and keep warm. Pour wine into the skillet; allow to boil while scraping the cooked bits from the bottom of pan. Add lemon juice; boil until reduced by half, 2 to 3 minutes. Add cubed butter into boiling sauce. Stir continusously until butter is completely incorporated and sauce thickens. Remove from heat and stir in capers. Pour sauce over chicken; serve with lemon wedges.









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