

The Yacht Club at Aventura

Monthly Newsletter



Volume 12 Issue 1

A Newsletter for the Residents of The Yacht Club at Aventura Condominium Association

April 2023

BOARD OF DIRECTORS

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Chief Engineer Walter Silva
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 Katelynn Castillo

IMPORTANT NUMBERS

Main 305-931-4216
Fax 305-931-2243
Security.....305-682-1174
 or 305-682-9045

EMAILS

Property Inquiries & Deliveries:
 Management@
 theyachtclubataventura.com

Rentals and Guest Registration:
 Rentals@theyachtclubataventura.com

Deliveries & General Information:
 Receptionist@
 theyachtclubataventura.com

Website Assistance:
 IT@theyachtclubataventura.com

OFFICE HOURS

Mon. - Fri.....9:00 am - 5:00 pm



THE YACHT CLUB
 AT AVENTURA

CONDOMINIUM ASSOCIATION, INC.
 19777 E. Country Club Drive
 Aventura, Florida 33180

New Manager at The Yacht Club

We would like to share with you that, effective Friday, March 17th, 2023. Ms. Grace Perez is no longer the Association's manager.

We would like to thank Ms. Perez for all her work during her 3-year tenure in charge of the Association's day-to-day activities.

Additionally, we would like to welcome Mr. Robert Deme as the Association's new manager. Mr. Deme joins us with a wealth of experience in association management and in business in general. The Board has been impressed with Mr. Deme's desire to take on the multitude of projects we have in front of us and is confident he will establish constructive relationships with owners and association personnel alike.

Please join us in welcoming Robert to the Yacht Club and wishing him much success!

ALSO, PLEASE NOTE THAT ALL EMAIL COMMUNICATIONS FOR THE NEW ASSOCIATION MANAGER, MR. ROBERT DEME, SHOULD BE SENT TO THE NEW EMAIL ADDRESS BELOW:

manager@theyachtclubataventura.com

Regards,
 Board of Directors
 The Yacht Club at Aventura

Happy Easter & Happy Passover



BULK TRASH PICK-UP

Eliminating the bulk trash problem at the Yacht Club has been under review by the Association for some time, including recycle and trash disposal alternatives in a cost-effective manner.



Our trash service, **Great Waste & Recycle Service**, has a sister company **Carting Crew, LLC** and we have agreed to a trial service beginning on May 11, 2022.

Below are the requirements of acceptable bulk trash (**small household items**), which will **ONLY** be allowed on every **Wednesday pick up**. The day prior (**Tuesday**), you will have to place your item(s) in the **parking spaces across from the Basketball court**.

Construction material, appliances, mattresses, box springs, sofas, chairs and large furniture WILL NOT BE PERMITTED. If you need to dispose of those items, it will be your responsibility for the cost. Please call Carting Crew, LLC for a special pick up at 305-825-3400.

Friendly Reminder

It's time to service your Air Conditioning unit. Please call a license and insurance A/C company to service your A/C unit and please notify the office.



MOVE IN & OUT AND DELIVERIES!

- General Information regarding Move in & Out and Deliveries.
- Moving and Deliveries are permitted **MONDAY THRU FRIDAY ONLY 9:00 am – 5:00 pm**.
- Excluding Holidays.
- Access will be granted once payment and insurance are received.
- **Move In & Move Out \$100.00 deposit is NON-REFUNDABLE.**
- **DEPOSIT IS NOT REQUIRED FOR DELIVERIES.**
- Pods and 18' Wheeler Trucks are not permitted on the property and will not be granted access.
- **TRUCKS MUST BE OUT OF THE PROPERTY BY 4:45 PM. NO EXCEPTIONS.**

Trash Disposal



Garbage rooms are located at the end of the hall on each floor in every building. Do not leave your garbage bags **AT THE BUILDING'S MAIN ENTRANCE DOOR, HALLWAY AND/OR TRASH ROOM FLOOR**. Place your trash inside a plastic bag before disposing of it in the trash chute. If some debris falls out of the bag, please be responsible and clean it up. Thank you for your cooperation in this matter!

Wi-Fi Update

The Yacht Club at Aventura Condominium offers free Wi-Fi by the pool area:

Wi-Fi Name: **Yacht Club**
Password: **clubguest**

Kindly provide this information to your guests.



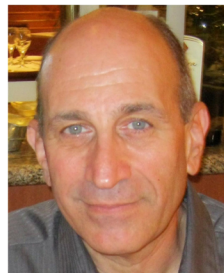
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Contractor's List

Below, please find the information which needs to be submitted to the Management Office prior to commencing any upgrades in your unit.



- Approved vendor contract from the owner.
- Letter from the owner explaining the work to be done inside of the unit.
- Business License from the contractor.
- Request a letter of approval from the Association to present to the City of Aventura for a work permit approval.
- Certificate of Insurance naming The Yacht Club at Aventura as an additional insured.
- Copy of permit(s) for the Association to file must be submitted prior to work commencement.
- Estimated time of completion of the work to be done in the unit.
- Elevator Fee of \$100.00 – if applicable.

Pest Control

Combat Pest Control will be performing monthly pest control service.



Please see schedule posted in the Mail Room Area.

B²H

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APRIL IS STRESS AWARENESS MONTH

Stress is present in everyone's life. April is recognized as National Stress Awareness Month to bring attention to the negative impact of stress. Did you know that up to 60 percent of all visits to family physicians are stress related? And approximately 40 percent of employee turnover is related to stress. On an individual level, unmanaged stress is related to an increased risk of cancer, lung disease, heart disease, and suicide.



Some stress is normal. Stress can be negative, like a death, firing, or daily problems, or it can be positive, like planning a wedding, having a baby, or going on vacation. There are ways to manage the stress in your life. Consider these tips for coping.

Include exercise in your day, even if it is just a walk around the neighborhood. Exercise helps to dispel excess stress hormones from your body and boosts your energy level. Make sure you get enough sleep, at least seven to eight hours a

night. Eat a healthy diet, limit alcohol and caffeine, and drink enough water each day. All of these will increase your general level of health, as well as decrease the effects of stress.

Make sure that you take time for yourself each day. Leave time in your schedule for activities that you enjoy. If you feel overwhelmed, try writing down every task that you want to accomplish each day, crossing them off as you go.

Identify those things that are particular stressors for you. Make a list of alternative approaches to dealing with these, and start by trying the easiest approaches first. If they don't work, try something else. Above all, be flexible in dealing with those things that are challenging in life.

Remember that no one is perfect. Learn to set priorities in your life and focus on completing them as well as you can. When you are confronted with a stressful situation, change what you can, and don't waste energy on what you can't change.

If you feel that the stress in your life is more than you can handle, there is help available. Seek the advice of a medical professional, mental health therapist, or a clergy member to explore all of your options.

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