



Volume 14 Issue 1

A Newsletter for the Residents of The Mar Del Plata Condominium

April 2023

**Mar Del Plata
Condominium Assoc., Inc.**
6423 Collins Avenue
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Message from the Board President

Hello everyone,

During the previous Board meeting and last month’s newsletter, we encouraged all residents to contact your legislators, voice your concerns, and demand action. To facilitate this, the Board put together a petition and relayed it to the owners electronically. Everyone should have gotten it. All that has to be done is click in the box, and the petition will be sent directly to the entire Florida legislature. We need everyone’s cooperation. If you’re having difficulty with this process, we have set up a sign-up sheet at the lobby desk as an alternative. We’ve already had responses from certain legislators, so we know our voice is not falling on deaf ears. Board members have spoken with neighboring condominiums, and some have followed suit.

This may seem like an uphill battle, and maybe it is, but we’ve beaten the odds before and won. Remember Allison Park?

No need to tell you that the concrete work continues—you can hear it. Some good news is that many of us are getting our parking spots back. It may seem minor, but it’s a step forward. Although the process appears endless, take heart and recall that even Odysseus made it back home.

Two last housekeeping notes: Remember to turn in or claim any lost or misplaced articles at the front desk. Secondly, please be so kind as to walk your dog outside the confines of Mar del Plata. I realize it’s a few extra steps, but we can always use the exercise.

Happy Trails!
Ernesto

Happy Easter & Happy Passover



Easy Korean Ground Beef Bowl

This Korean beef bowl is quick and easy to make. Serve over warm rice or spiralized vegetables.

Ingredients

- 1 pound lean ground beef
- 5 cloves garlic, crushed
- 1 tbsp freshly grated ginger
- 2 tsp toasted sesame oil
- ½ cup reduced-sodium soy sauce
- ½ cup light brown sugar
- ¼ tsp crushed red pepper
- 6 green onions, chopped, divided
- 4 cups hot cooked brown rice
- 1 tbsp toasted sesame seeds

Heat a large skillet over medium-high heat. Add beef and cook, stirring and crumbling into small pieces until browned, 5 to 7 minutes. Drain grease. Stir in garlic, ginger, and sesame oil and cook until fragrant, about 2 minutes. Stir in soy sauce, brown sugar, and red pepper. Cook until beef absorbs some sauce, about 7 minutes. Add 1/2 of chopped green onions. Serve over hot cooked rice; garnish with sesame seeds and remaining green onions.







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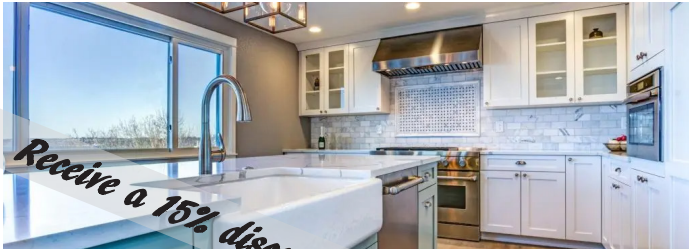
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