

2080 OCEAN DRIVE



A Newsletter for the Residents of the 2080 Ocean Drive Condominium

Volume 16 Issue 9

March 2023

2080 Ocean Drive Condominium Association Inc.

2080 South Ocean Drive,
Suite# 110
Hallandale Beach, Florida 33009

ASSOCIATION OFFICERS

President..... Bill Ioannou
Vice PresidentRonald Girimonti
Treasurer Joseph Whelan
Secretary..... Stephen McGarvey
DirectorSaverino Sacchetti

PROPERTY STAFF

Managed By.....AKAM Onsite
Manager..... Albert Lazo
Manager@2080ocean.net
Assistant P.M...... Gabriella Eldik
Assistant@2080ocean.Net
Maintenance Sup.Terry Pierre

IMPORTANT NUMBERS

Main Office 954-456-5215
Front Desk..... 954-456-0200
Fax 954-456-5337



Published monthly at no cost for 2080 Ocean Drive Condo by Coastal Group Publications, Inc.
Contact CGP at (305) 981-3503 or www.cgpnewsletters.com to advertise in one of our newsletters or to get a free newsletter for your property.

March is National Kidney Month

Get to know your hard working kidneys

6 WAYS KIDNEYS KEEP YOU HEALTHY



Regulate fluid levels

Activate Vitamin D for healthy bones

Filter wastes from the blood

Directs production of red blood cells

Regulate blood pressure

Keep blood minerals in balance

8 PROBLEMS KIDNEY DISEASE CAN CAUSE



Nerve damage



Cardiovascular disease



Heart attack



Stroke



Anemia/ low red blood cell count



Weak bones



High blood pressure



Kidney Failure

4 RISK FACTORS

Diabetes

High blood pressure

Age 60+

Family history

7 SYMPTOMS



Swelling: face, hands, abdomen, ankles, feet

Blood in urine
Foamy urine

Puffy eyes

Difficult, painful urination

Increased thirst

Fatigue

2 TESTS YOU CAN TAKE (BLOOD AND URINE)



Urine albumin-to-creatinine ratio estimates the amount of a type of protein, albumin, that you excrete in your urine.

Glomerular Filtration Rate (GFR) tells how well your kidneys are working to remove wastes from your blood. It is the best way to check kidney function. Doctors measure blood creatinine (waste build up) levels and perform a calculation based on race, age and gender.



National Kidney Foundation®

Learn more at kidney.org

DO YOU HEAR BUT NOT UNDERSTAND? We Can Help!

Join Us For A Special Hearing Health Event

Now
Through
**March
31st**

Get RX hearing aids professionally fit to YOUR specific hearing needs and lifestyle.

- Custom, virtually invisible options available.
- Fully warrantied!

Meet Your Hearing Health Team:

Melanie Plotkin, HAS, Hearing Aid Specialist

Javier Benitez, HAS, BC-HIS, Hearing Aid Specialist, Board Certified in Hearing Instrument Sciences



LIMITED TIME OFFER!

1990⁰⁰
A Pair

Save \$1610

on a pair of fully digital, RX Hearing Aids from Phonak.



- Digitally advanced, RX hearing aids.
- Professional services & follow-ups included:
- Complimentary Hearing Screening
- Programming & Adjustments
- In-Office Repairs



"Amazing customer service! Both [Hearing Care Providers] are kind, caring, accessible to answer questions, and helpful. Highly recommend!"
- J. Schuerman



Schedule your Hearing Screening today at NO COST TO YOU!



Scan the QR code above

to schedule your complimentary hearing screening today!



www.HearAgainAmerica.com

19046 NE 29th Avenue, Aventura
222 95th Street, Surfside

Call Us Today!
(888) 272-9589



IRISH BOXTY

Boxty are Irish potato pancakes. This iconic Irish dish is served all year round, and produces potato pancakes that are crispy on the outside, but perfectly tender on the inside. Try it out this St. Patrick's Day!

Ingredients

- 1 ½ cups grated raw potatoes
- 1 cup all-purpose flour
- 1 cup leftover mashed potatoes
- 1 large egg
- 1 tablespoon skim milk
- salt and pepper to taste
- ¼ cup olive oil

Directions

1. Toss grated potatoes with flour in a large bowl. Stir in mashed potatoes until combined.
2. Whisk egg and milk together in a separate bowl; mix into the potatoes. Season to taste with salt and pepper.
3. Heat oil in a large skillet over medium-high heat. Drop in potato mixture, forming patties about 2 inches in diameter. Fry on both sides until golden brown, 3 to 4 minutes per side. Drain on a paper towel-lined plate. Serve warm.



Slow Computer? Broken Computer?

IRA LACK COMPUTER CONSULTANT

Over 22 Years of Fast, Reliable Service in Miami-Dade

305-896-0833

iralackcomputerconsultant.com



**Repairs
Tune-Ups
Security
Tutoring
New Set-Ups
Virus Removal**

**MAKE YOUR PC
FAST AND SAFE**

**ASK ABOUT MY NEW
CUSTOMER DISCOUNT**

**NO JOB TOO BIG OR
TOO SMALL**

**CONTACT ME TO USE TECHNOLOGY TO LEARN
ENGLISH AS A SECOND LANGUAGE (ESL)**

stellar

Public Adjusting Services

Professional Insurance Claim Representation

CALL US BEFORE YOUR
INSURANCE COMPANY!!

(305) 396-9110

STELLARADJUSTING.COM



RE-OPEN OLD & DENIED CLAIMS

WATER DAMAGE TO KITCHEN OR FLOORS?

LEAKS FROM UNITS ABOVE?

AIR CONDITIONER LEAK?

SHOWER PAN LEAK?



**GOT PROPERTY
DAMAGE?
GET HELP NOW!**

THIS IS SOLICITATION FOR BUSINESS. IF YOU HAVE HAD A CLAIM FOR AN INSURED PROPERTY LOSS OR DAMAGE AND YOU ARE SATISFIED WITH THE PAYMENT BY YOUR INSURER, YOU MAY DISREGARD THIS ADVERTISEMENT.

Brian Baits License #P16324

**TWO
CONVENIENT
LOCATIONS**



**EMERGENCY
CARE 24/7**

DR. EDY A. GUERRA

NEW PATIENT SPECIAL \$79

(00210, 00150, 01110)

9456 HARDING AVENUE 4011 WEST FLAGLER ST, SUITE 506

SURFSIDE, FL 33154

MIAMI, FL 33134

305-866-2626

305-643-1444

dredyaguerrads@gmail.com

WWW.DENTISTSURFSIDE.COM

PHYSICAL & OCCUPATIONAL THERAPY

Are You Suffering From Back Pain, Poor Balance, Weakness?



We offer Ultrasound, Massage, Balance & Vestibular Therapy

Cardiac, Neurological and Senior Rehab

Exclusive 1 on 1, In the Comfort of your Home

Protective Equipment Protocols

THERAPY IN YOUR HOME

Licensed Medicare Provider FL8318

Brian Caits @ 954-328-1505 | bcaits@bellsouth.net

WACKY WARNING LABELS

Every year, the Michigan Lawsuit Abuse Watch (M-LAW) organization holds a contest to find the wackiest warning labels on products, intended to highlight the potential for frivolous lawsuits. In recent years, companies have been coming up with more and more warnings on their products in the hopes of protecting themselves from lawsuits by consumers who have used their products in ridiculous ways. Since 1997, they've been collecting submissions for their Wacky Warning Label Contest, with submissions including the funniest warning labels around. Here is a sampling of some past winners:

- On a snow sled: "Beware: sled may develop high speed under certain snow conditions."
- On a fishing lure: "Warning, harmful if swallowed."
- On a carpenter's electric router: "This product not intended for use as a dental drill."
- On a baby stroller: "Remove child before folding."
- On a public toilet: "Recycled flush water unsafe for drinking."
- On a snow blower: "Do not use snow blower on roof."
- On a dishwasher: "Do not allow children to play in the dishwasher."
- On a household iron: "Never iron clothes while they are being worn."
- On a wheelbarrow: "Not intended for highway use."
- On a common dust mask: "Warning, does not supply oxygen."
- On a box cutter: "Blades are sharp."
- On a children's scooter: "This product moves when used"

**Sell your unit
for
TOP PRICE**

FREE 3D PICTURES

List with us
and get **FREE**
Matterport and
3D walk-in pictures



Helena Grossberg, MBA

Licensed Real Estate Broker

REALTOR® & Notary

Mortgage Loan Originator

NMLS# 2136951

CALL (954) 809-5318

English | Español | Português

If you want to invest, buy, or sell your unit, work with someone that has experience. We can also help you with mortgages and refinancing.
DO IT WITH CONFIDENCE.

www.HelenaGrossberg.com
ALM Realty & Services, Inc.

DIAMOND REMODELERS

Full Service Contractors

We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the *Remodeling Experts*, **family owned for 40 years.**

*specializing
in condo &
apartment interiors*

Jeff Diamond & Anthony Lasorsa
305-865-9005
www.diamondremodelers.com
jeff@diamondremodelers.com

Kitchen & Bathroom Remodeling
Satisfaction and Quality Guaranteed

REMODELING • INSTALLATIONS

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- Custom Baseboards / Crown Mouldings
- Granite / Marble / Quartz Counter Tops
- All Types of Tiles & Marble Installed

**"Your Experienced
Handyman"**

PAINTING & SERVICES UNLIMITED

- Painting, Condo, House, Apt. Roof Painting
- Full Service Contractors
- Popcorn Ceiling Removal
- Plumbing & Electrical Service
- Smooth Ceilings
- Doors / Windows
- Framing, Drywall & Finishes
- Mirror Installation

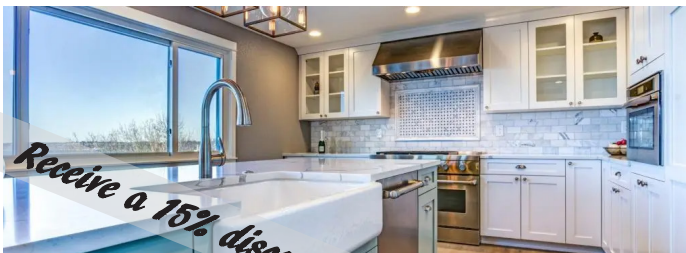
- Design & Management Services
- No Job Too Small
- Free Estimates
- Service & Quality at Reasonable Prices
- Commercial & Residential
- Habla Español

**15%
Off**

any
remodeling
job!

**10%
OFF
Any
Service**

Valid With Coupon.
Not To Be Combined
With Other Offers.
Exp 4/30/2023



Painting & Services Unlimited Lic. CC94BS00437

Lasora Enterprises, Inc CGC031497 Licensed & Insured General Contractor