



Happenings IN TOWER 100

Volume 13 Issue 10

A Monthly Newsletter for the Residents of Mystic Pointe Tower 100

January 2023

MYSTIC POINTE TOWER 100

19195 Mystic Pointe Drive
Aventura, Florida 33180

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HAPPY NEW YEAR

Here's to a brand new year of good health, good fortune, and good times. Thanks for bringing in the New Year with us here at Mystic Pointe 100. We feel fortunate to have you all as our residents.

Toasting To a New Year

Toasts have existed for almost as long as drinking itself. To help you bring in the New Year properly, here are some great Irish toasts.



- In the New Year, may your right hand always be stretched out in friendship but never in want.
- May you be in heaven a full half hour before the devil knows you're dead.
- May you be poor in misfortune, rich in blessings, slow to make enemies, quick to make friends. But rich or poor, quick or slow, may you know nothing but happiness from this day forward.
- May the roof above us never fall in, and may we friends gathered below never fall out.
- Here's to you and yours and to mine and ours, and if mine and ours ever come across you and yours, I hope you and yours will do as much for mine and ours as mine and ours have done for you and yours.
- May you have warm words on a cold evening, a full moon on a dark night, and the road downhill all the way to your door.
- May the Lord keep you in his hand and never close his fist too tight on you.

ELECTRIFYING NEWS

Ways to Save Money on Your Electric Bill

Along with your other holiday bills coming due, you still will receive your regular bills, including utility bills. If the cost of electricity is getting you down, consider these ways to make your next bill smaller.

- Make sure that you set your thermostat to a comfortable level. Generally, this means your thermostat should be set to no higher than 70 degrees in the winter.
- If there is a dryer in your home, try removing clothing when it is still slightly damp and hanging it to dry. Not only do you save electricity, your clothes will last longer and require less ironing.
- Taking a long, hot shower is something that would show up on a water bill. Remember that heating water is expensive also. Take care to not let hot water run when shaving or washing dishes.
- Keep your refrigerator clean and vacuum the motor and coils at least once every three months. If your freezer is somewhat empty, fill empty milk jugs with water and keep them in the freezer.
- Use fluorescent bulbs in place of incandescent bulbs, and always use the lowest wattage necessary. Remember to turn off lights when you are not using them.
- Do not use the heated dry setting on your dishwasher. Instead let your dishes air dry.



By taking these simple steps, you can save money on your utility bills next time around. You are also helping to protect the environment by reducing your energy consumption.

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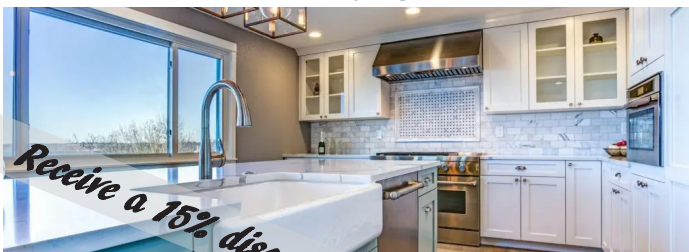
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French Onion Soup

- ½ cup unsalted butter
- 2 tablespoons olive oil
- 4 cups sliced onions
- 5 cups beef broth
- 2 tablespoons dry sherry
- 1 teaspoon dried thyme
- 1 pinch salt and pepper to taste
- 4 slices French bread
- 4 slices provolone cheese
- 2 slices Swiss cheese, diced
- ¼ cup grated Parmesan cheese

Melt butter with olive oil in an 8-quart stock pot over medium heat. Add onions and continually stir until translucent. Do not brown. Add beef broth, sherry, and thyme. Season with salt and pepper. Let simmer for 30 minutes. Meanwhile, preheat the oven's broiler. Ladle soup into oven-safe serving bowls and place one slice of bread on top of each (bread may be broken into pieces if you prefer). Layer each slice of bread with a slice of provolone, 1/2 slice diced Swiss and 1 tablespoon Parmesan cheese. Place bowls on a cookie sheet and broil in the preheated oven until cheese bubbles and browns slightly, 2 to 3 minutes.







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T'was the month after Christmas

T'was the month after Christmas, and all through the house,
 nothing would fit me, not even a blouse;
 The cookies I'd nibbled, the eggnog I had to taste,
 at the holiday parties had gone to my waist;

When I got on the scales there arose such a number!
 When I walked to the store (less a walk than a lumber),
 I'd remember the marvelous meals I'd prepared,
 The gravies and sauces and beef nicely rared;

The wine and the rum balls; the bread and the cheese,
 and the way I'd never said, "No thank you, please."
 As I dressed myself in my husband's old shirt,
 and prepared once again to do battle with dirt,
 I said to myself, as only I can,
 "You can't spend a winter disguised as a man!"

So, away with the last of the sour cream dip.
 Get rid of the fruit cake, every cracker and chip.
 Every last bit of food that I like must be banished,
 'til all the additional ounces have vanished.

I won't have a cookie--not even a lick.
 I'll want only to chew on a long celery stick.
 I won't have hot biscuits, or corn
 bread, or pie,
 I'll munch on a carrot and quietly
 cry.

I'm hungry, I'm lonesome, and life
 is a bore,
 But isn't that what January is for?
 Unable to giggle, no longer a riot.
 Happy New Year to all and to all a
 good diet!

Author Unknown



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