



**Mar Del Plata**  
**Condominium Assoc., Inc.**  
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Monday-Friday ... 7:30 AM - 4:30 PM



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**CHANGE YOUR CLOCK & CHANGE A BULB!**

The National Fire Protection Association and the U.S. Consumer Product Safety Commission recommend that consumers change the battery in smoke and carbon monoxide detectors when we change the clocks for Daylight Saving Time.

While you've got the ladder out to check your smoke detectors, why not change a bulb?

Switching to energy efficient bulbs in your ceiling fixtures could save you \$30 a year **per bulb** on your electricity bill. Energy efficient lighting is particularly important in the fall when Daylight Saving Time ends and the days are shorter. The latest generation of energy-saving lighting includes low-energy halogen or LED lighting bulbs that fit in standard light sockets and provide pleasant, uniform light.



# QUOTATIONS: OCTOBER

- Autumn is a second spring when every leaf is a flower. -- Albert Camus
- October is a symphony of permanence and change. -- Bonaro W. Overstreet
- There is something in October sets the gypsy blood astir. We must rise and follow her; When from every hill of flame, She calls and calls each vagabond by name. -- William Bliss Carman
- What I really want from music. That it be cheerful and profound like an afternoon in October. That it be individual, frolicsome, tender, a sweet small woman full of beastliness and charm. -- Friedrich Nietzsche
- There is no season when such pleasant and sunny spots may be light on, and produce so pleasant an effect on the feelings, as now in October. -- Nathaniel Hawthorne
- October is the fallen leaf, but it is also a wider horizon more clearly seen. It is the distant hills once more in sight, and the enduring constellations above them once again. -- Hal Borland
- Listen! The wind is rising, and the air is wild with leaves. We have had our summer evenings, now for October eves! -- Humbert Wolfe
- October. This is one of the peculiarly dangerous months to speculate in stocks in. The others are July, January, September, April, November, May, March, June, December, August, and February. -- Mark Twain



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# Parmesan Brussels Sprouts

## Ingredients

- 1 tablespoon butter
- 2 cloves garlic, chopped
- 1 tablespoon butter
- 6 Brussels sprouts, trimmed and halved
- 1 tablespoon butter
- 2 tablespoons shredded Parmesan cheese, or more to taste
- salt and ground black pepper to taste

## Directions

Heat a frying pan over medium heat until hot, 3 minutes. Melt 1 tablespoon butter; cook and stir garlic until fragrant, 30 seconds. Add 1 tablespoon butter and Brussels sprouts, cut-side down; cover and cook until golden brown, 4 to 6 minutes. Flip Brussels sprouts; add 1 tablespoon butter. Cover and cook until other side is browned, about 3 more minutes. Transfer to a serving plate. Sprinkle with Parmesan cheese, salt, and black pepper.







PATRICKJAIMEZ PA

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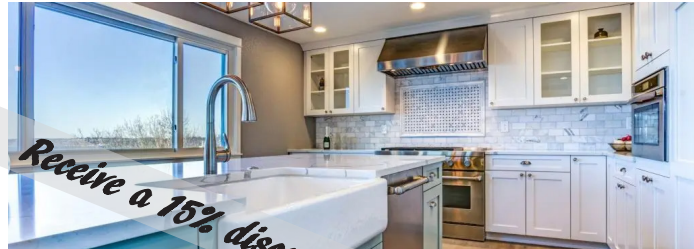
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