



A Newsletter for the Residents of the Delvista Towers Condominium Assn.

Volume 21 Issue 1

September 2022

### Delvista Towers Condominium Association 20225 NE 34th Court

Aventura, Florida 33180

### ASSOCIATION OFFICERS

President	Raul Cohen
Vice President	Daniel Epstein
Treasurer	Mariano Magro
Secretary	Manuel Poliwoda
Director	Elizabeth Ayoub
Director	Paul Warren

### **PROPERTY STAFF**

Manager ...... Ehud (udi) Manor Asst. Manager ...... Estrella Ricardo IT Administrator/Package Room.. Alexander Pena Chief Engineer ....... Eddie Suarez

#### **IMPORTANT NUMBERS**

Main	. 305-937-0188 x200
Fax	305-937-1599
Security	305-937-0188 Ext. 1
Maintenance	305-937-0188 Ext. 8
Guard House	305-937-0404 Ext. 4
Valet	305-937-0188 Ext. 2

### **OFFICE HOURS**

Monday-Friday .... 9:00 AM - 5:00 PM

### NEWSLETTER EDITOR





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# FROM DELVISTA TOWERS CONDOMINIUM

As the last days of summer are nearly behind us, your Delvista Board is busy working on new projects, always with the intention of *improving our community*.

Let us remember something: we are a community. Many of us choose to live in a community for the benefits it offers: valet, 24 hours security, engineering and maintenance staff, beautiful grounds, amenities, and staff that is always happy and willing to greet and help us as residents.

The past few years have been tough on many of us here, not to mention throughout the world. The pandemic brought to light many existing flaws in society but also many opportunities for growth and human connection.

*Let's do our best to be more kind to each other*. We may not be able to change the world, but we can change our community for the better.

\*\* See a resident that needs help? Offer to help.

\*\* Notice dog urine on the floor? *Notify security or maintenance immediately.* 

\*\* Got the wrong mail delivered to your box? *Tell the main office or if you see the postal worker, let them know.* 

\*\* Have an idea for improving community relations here at Delvista? Write to the office and we can discuss it at our next board meeting.

That said, here are a few reminders so we all keep being mindful of our community:

1- **Recycling** area is <u>*only*</u> for recycling. Please <u>flatten and discard all other large</u> <u>boxes</u> near the trash door area. <u>*Do Not*</u> discard large items by the Recycling bins. Place them by the trash door area.

2- Water hose area: Please go to a car wash. The water hose is strictly for watering down your car. No soaps, degreasers or any other chemicals are allowed.

3- Laundry Rooms: We are improving by adding new washing machines and dryers, very soon. Please note: any items left for longer periods of time will be sent to security. Again, please be courteous to your neighbors.

4-Noise After Hours: Please keep noise levels on low after 11pm and forward.

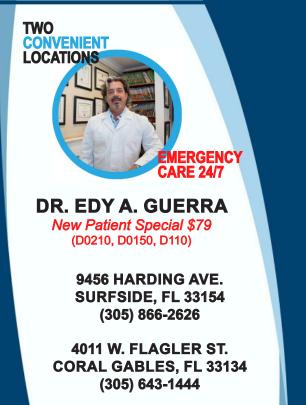
Thank you,

The DelVista Board

# THE JEWISH HIGH HOLY DAYS

Rosh Hashanah and Yom Kippur are the most important of all Jewish Holidays and the only holidays that are purely religious, they are not tied to historical or natural events. They are observed in the fall season of the western calendar and the seventh month of the Jewish calendar - Tishri. Rosh Hashanah begins a 10-day period, known as the High Holy Days or Yamim Nora'im, a time of penitence and prayer that ends with Yom Kippur. Jews worldwide are given these 10 days to repent for their sins and ask God for forgiveness. "May you be inscribed in the Book of Life" is the common greeting during this period, as it is believed that on Rosh Hashanah God records the destiny of all mankind in the Book of Life. On Yom Kippur the Book is closed and sealed. Those that have repented for their sins are granted a good and happy New Year.





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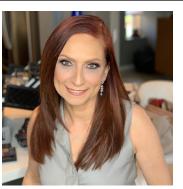
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GLOBAL

## **EGG MUFFINS**

- $\frac{1}{2}$  pound sausage
- 12 eggs
- $\frac{1}{2}$  cup chopped onion
- $\frac{1}{2}$  cup chopped green bell pepper
- $\frac{1}{2}$  teaspoon salt
- <sup>1</sup>/<sub>4</sub> teaspoon ground black pepper
- <sup>1</sup>/<sub>4</sub> teaspoon garlic powder
- $\frac{1}{2}$  cup shredded Cheddar cheese

#### Directions

Preheat the oven to 350 degrees F. Lightly grease 12 muffin cups or line with paper muffin liners.

Heat a large skillet over mediumhigh heat. Stir in sausage and cook until crumbly, evenly browned, and no longer pink, 10 to 15 minutes. Drain off grease. Beat eggs in a large bowl. Stir in onion, green pepper, salt, pepper, and garlic powder. Mix in sausage and Cheddar cheese. Spoon into the prepared muffin cups.

Bake in the preheated oven until a knife inserted near the center comes out clean, 20 to 25 minutes.



PHYSICAL & OCCUPATIONAL THERAPY Are You Suffering From Back Pain, Poor Balance, Weakness?









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