The Yacht Club at Aventura







Volume 11 Issue 1

A Newsletter for the Residents of The Yacht Club at Aventura Condominium Association

April 2022

BOARD OF DIRECTORS

President	Moises Worthalter
Treasurer	Steve Picov
Secretary	Diego Lerej
Director	Ximena Lama

PROPERTY STAFF

Manager	Grace Perez
Chief Engineer	Walter Silva
Rental Receptionists	Monica Vives
	Daisy Rodriquez
IT	Juan Ramos

IMPORTANT NUMBERS

Main	305-931-4216
Fax	305-931-2243
Security	. 305-682-1174
or	305-682-9045

EMAILS

Property Inquiries & Deliveries:

Management@ theyachtclubataventura.com

Rentals and Guest Registration:

Rentals@theyachtclubataventura.com

Deliveries & General Information:

Receptionist@

theyachtclubataventura.com

Website Assistance:

IT@theyachtclubataventura.com

OFFICE HOURS

Mon. - Fri.......9:00 am - 5:00 pm



CONDOMINIUM ASSOCIATION, INC.

19777 E. Country Club Drive Aventura, Florida 33180

STORAGE LOCKER

Looking to purchase a storage locker in building number six. Preferable on the sixth floor but any will be of interest. Please call Frank Martinsen at (305) 930-3034.



North Garage - Parking Spaces FOR SALE OR RENT

Please call, email or WhatsApp Mr. Richard Abbo at 305-746-7492 Email: NEHETO1@AOL.COM

Clubhouse is Available for Special Events

There is a \$150.00 non-refundable rental fee in the form of money order or cashier check will be assessed for each event. In addition to a \$500.00 deposit. This room will be reserved on a first come first serve basis. The Association cannot confirm your reservation until the money orders or cashier checks listed above have been received along with this form. For further information please call the Management Office and request the Clubhouse form and rules and regulations.

TRASH DISPOSAL

Recently, there has been an increasing amount of improper trash disposal on the Yacht Club property. This has resulted in extra expense incurred by the Association for its removal. The Board of Directors wishes to inform all owners/residents doing renovation and remodeling. That you and your contractor are responsible for the removal of all construction debris and bulk trash, i.e. cabinets, toilets, water heater and any furniture, etc. These items are not to be placed in or by the garbage and recycle bins. These areas are under Security camera surveillance and violators will be subject to fines up to \$100.

GUEST REGISTRATION

Owners may call security to allow 1-day visitors access without authorization upon arrival. Family and Guests staying for more than 1 day will need to be registered by the Owner or authorized Unit Manager/realtor at the management office or may submit an email request to Rentals@theyachtclubataventura.com

Peanut Butter Easter Eggs

- 1 (16 ounce) package confectioners' sugar
- 1 cup creamy peanut butter
- ½ cup butter
- 1 tablespoon milk
- 8 (1 ounce) squares semisweet chocolate
- 1 tablespoon shortening



- 1. In a mixing bowl, combine confectioners' sugar, peanut butter, butter and milk (if needed for moisture) until blended. Shape mixture into two 1/2 pound eggs or make a bunch of smaller eggs. Freeze eggs for 1 hour.
- 2. While the eggs are freezing, cut semi-sweet chocolate into small pieces and place in top of double boiler with shortening. Melt over medium heat, stirring frequently until smooth. Stick a long-tined fork in top of each peanut butter egg, dip it in melted chocolate to cover then drain on waxed paper. When the eggs are cooled and set, decorate the eggs to suit your fancy.

Passover Unstuffed Cabbage Soup

- 1 tablespoon olive oil
- 1 pound ground beef
- 1 yellow onion, chopped
- 3 cups water
- 2 cups tomato sauce
- 1 (16 oz) package shredded cabbage
- 1/4 cup light brown sugar, packed
- 2 tablespoons lemon juice
- 2 tablespoons white vinegar
- 2 teaspoons salt
- 2 teaspoons white sugar
- 1 teaspoon ground black pepper
- ½ teaspoon onion powder



Heat oil in a pot over medium-high. Stir in ground beef and onion until beef is browned and onion is soft, 7 to 10 minutes. Add water, tomato sauce, cabbage, brown sugar, lemon juice, vinegar, salt, white sugar, black pepper, and onion powder to ground beef mixture. Bring to a boil, reduce heat to medium-low, cover the pot with a lid, and simmer until flavors combine and cabbage is tender, at least 2 hours.



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Cheryl K - "Thank you so much for today's cleaning. I just love how everything looks and it just smells clean... I am beyond happy."

Any R. - "The best service!! Had my house disinfected cleaned spotless!! Definitely will try it again!! Great job!!"

Dora K. -"I just had amazing experience, ...when it was done I didn't recognized my kitchen, so shiny, clean like it never was before, every handle, counters looked like brand new. Just amazing and trust me I took care of my kitchen before, but never with this result. Thanks, great job"

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Friendly Reminder:

It's time to service your Air Conditioning unit. Please call a license and insurance A/C company to service your A/C unit and please notify the office.



Pest Control

Combat Pest Control will be performing monthly pest control service. Please see schedule posted in the Mail Room Area.



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Contractor's List

Below, please find the information which needs to be submitted to the Management Office prior to commencing any upgrades in your unit.

- Approved vendor contract from the owner.
- Letter from the owner explaining the work to be done inside of the unit.
- Business License from the contractor.
- Request a letter of approval from the Association to present to the City of Aventura for a work permit approval.
- Certificate of Insurance naming The Yacht Club at Aventura as an additional insured.
- Copy of permit(s) for the Association to file must be submitted prior to work commencement.
- Estimated time of completion of the work to be done in the unit.
- Elevator Fee of \$100.00 if applicable.

Trash Disposal

Garbage rooms are located at the end of the hall on each floor in every building. Do not leave your garbage bags AT THE BUILDING'S MAIN ENTRANCE DOOR, HALLWAY AND/OR TRASH ROOM FLOOR. Place your trash inside a plastic bag before disposing of it in the trash chute. If some debris falls out of the bag, please be responsible and clean it up. Thank you for your cooperation in this matter!





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April Is Stress Awareness Month

April has been designated Stress Awareness Month. Did you know that up to 60 percent of all visits to family physicians are stress related? And approximately 40 percent of employee turnover is related to stress. On an individual level, unmanaged stress is related to an increased risk of cancer, lung disease, heart disease, and suicide.

Some stress is normal. Stress can be negative, like a death, firing, or daily problems, or it can be positive, like planning a wedding, having a baby, or going on vacation. There are ways to manage the stress in your life. Consider these tips for coping.

Include exercise in your day, even if it is just a walk around the neighborhood. Exercise helps to dispel excess stress hormones from your body and boasts your energy level. Make sure you get enough sleep, at least seven to eight hours a night. Eat a healthy diet, limit alcohol and caffeine, and drink enough water each day. All of these will increase your general level of health, as well as decrease the effects of stress. Make sure that you take time for yourself each day. Leave time in your schedule for activities that you enjoy. If you feel overwhelmed, try writing down every task that you want to accomplish each day, crossing them off as you go.

Identify those things that are particular stressors for you. Make a list of alternative approaches to dealing with these, and start by trying the easiest approaches first. If

they don't work, try something else. Above all, be flexible in dealing with those things that are challenging in life.

Remember that no one is perfect. Learn to set priorities in your life and focus on completing them as well as you can. When you are confronted with a stressful situation, change what you can, and don't waste energy on what you can't change.

If you feel that the stress in your life is more than you can handle, there is help available. Seek the advice of a medical professional, mental health therapist, or a clergy member to explore all of your options.





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INGREDIENTS

2 oz Good Boy Vodka 5 oz ginger beer 0.5 oz lime juice

DIRECTIONS

Combine vodka and ginger beer in a copper mug or highball glass filled with ice. Add lime juice. Stir gently and garnish with a lime slice.





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