Volume 21 Issue 9 March 2022

#### **PROPERTY MANAGEMENT**

**Property Mgr..** ..... Carmen Del Valle **Admin. Asst.** .... Claudia Aquino-Galo **Admin. Asst.** ..... Yanexis Hernandez

#### **IMPORTANT #'S:**

General	(305)672-2642 or
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Security	(305)532-0526
Email	mirocean@atlanticbb.net

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### OFFICE HOURS (HORAS DE OFICINA)

Mon-Fri (lunes-viernes)... 9:00am-5:00pm Saturday (sábado).....Closed (Cerrado) Sunday (domingo)......Closed (Cerrado)

#### **Mirasol Ocean Towers**

2655 Collins Avenue Miami Beach, FL 33140



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## UPDATES AND ANNOUNCEMENTS

- The Annual Fire Inspection was conducted this month.
- Annual Meeting will be held on April 12, 2022.

# **MAINTENANCE**

#### **Elevator Fire Signs:**

The maintenance team replaced the fire signs on floors #23, #24, and #25.

### **Safety Precaution:**

A first aid kit was installed inside the boiler and generator room.

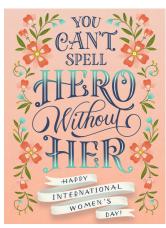


# Lighting:

The maintenance team installed an LED light at the entrance of the building.

# INTERNATIONAL WOMEN'S DAY

March 8<sup>th.</sup> International Women's Day, an international holiday, has been set aside to recognize the achievements and successes of women the world over. March 8<sup>th</sup> marks one of the first organized actions by working women anywhere in the world. On this day in 1857, hundreds of women garment and textile workers went on strike in New York City protesting against low wages, long working hours, and inhumane working conditions. The event ended in violent struggles with police.



"Our lives shall not be sweated from birth until life closes, For our hearts starve as well as bodies Give us bread, but give us roses."

(The anthem of striking mill workers in Lawrence, Massachusetts, 1912.)

Page 2 Mirasol Ocean Towers March 2022

### SHEPHERD'S PIE

4 large potatoes, peeled and cubed

1 tablespoon butter

1 tablespoon finely chopped onion

1/4 cup shredded Cheddar cheese

salt and pepper to taste

5 carrots, chopped

1 tablespoon vegetable oil

1 onion, chopped

1 pound lean ground beef

2 tablespoons all-purpose flour

1 tablespoon ketchup

3/4 cup beef broth

1/4 cup shredded Cheddar cheese



#### **Directions**

- 1. Bring a large pot of salted water to a boil. Add potatoes and cook until tender but still firm, about 15 minutes. Drain and mash. Mix in butter, finely chopped onion and 1/4 cup shredded cheese. Season with salt and pepper to taste; set aside.
- 2. Bring a large pot of salted water to a boil. Add carrots and cook until tender but still firm, about 15 minutes. Drain, mash and set aside. Preheat oven to 375 degrees F.
- 3. Heat oil in a large frying pan. Add onion and cook until clear. Add ground beef and cook until well browned. Pour off excess fat, then stir in flour and cook 1 minute. Add ketchup and beef broth. Bring to a boil, reduce heat and simmer for 5 minutes.
- 4. Spread the ground beef in an even layer on the bottom of a 2 quart casserole dish. Next, spread a layer of mashed carrots. Top with the mashed potato mixture and sprinkle with remaining shredded cheese.
- 5. Bake in the preheated oven for 20 minutes, or until golden brown.

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Melanie Plotkin, HAS | Javier Benitez, HAS, BC-HIS



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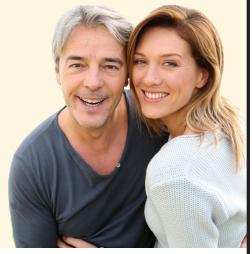
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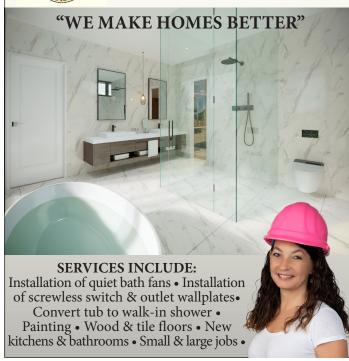
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