

## **Mar Del Plata**

## **Condominium Assoc., Inc.**

6423 Collins Avenue Miami Beach, Florida 33141 http://mardelplatamiamibeach.com

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## DON'T FORGET...SPRING FORWARD

Daylight Saving Time begins for most of the United States at 2 a.m. on the Second Sunday in March and lasts until 2 a.m. on the First Sunday of November. Be sure to set your clocks ahead one hour at 2 a.m. on Sunday, March 13<sup>th</sup>.

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke



detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.

## **Did You Know?**

#### FEBRUARY IS NATIONAL LIBRARY LOVERS' MONTH

- With a special appropriation from Congress, Abigail Powers Fillmore, the first wife of President Millard Fillmore, created the first White House library in a large room on the second floor of the White House.
- There are two marble lions that stand before the Beaux-Arts building of the New York Public Library in Manhattan. They were first called Leo Astor and Leo Lenox, after the founders of the New York Public Library, John Jacob Astor and James Lenox. In the 1930's, Mayor Fiorello LaGuardia named them Patience and Fortitude, reflecting the qualities he felt all New Yorkers would need to survive the Depression.
- The National Library of France in Paris is the fourth largest national library and is the oldest national library in the world. It was founded in 1480 and was originally named Biblioteque du Roi, or Library of the King.
- Benjamin Franklin established the first circulating library in the United States, called the Library Company of Philadelphia in 1731. It remained the largest circulating public library in the United States until the 1850s.
- In 1815, Thomas Jefferson sold his personal collection of books to the Library of Congress to replace the collection that had been burned by the British. These books are now housed in the Library's Rare Books Division.
- Americans make some 3.5 billion visits to school, public, and college libraries each year-about three times the attendance at movie theaters.

## PORK CHOPS IN GARLIC MUSHROOM SAUCE

#### **Ingredients**

2 pounds boneless pork chops

½ teaspoon paprika

kosher salt and ground black pepper to taste

½ cup butter, divided

1 (8 oz) package sliced fresh mushrooms

4 cloves garlic, minced

1 teaspoon Dijon mustard

2 tablespoons all-purpose flour

2 cups beef broth

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### **Directions**



- Season both sides of pork chops with paprika, salt, and pepper.
- Heat a large skillet over medium-high heat; add 2 tablespoons butter. Sear pork chops until golden brown and no longer pink in the center, 2 to 4 minutes per side. Remove pork chops from the skillet and set aside.
- 3. Melt remaining butter in the same skillet over medium-high heat. Add mushrooms and cook until golden and excess moisture evaporates, about 5 minutes. Add garlic and mustard; cook until garlic is fragrant, about 1 minute.
- 4. Add flour to the skillet, stirring to remove any lumps. Slowly add beef broth, whisking until incorporated. Season with salt and pepper. Reduce heat to medium and simmer, stirring often, until sauce thickens, about 5 minutes. Check for seasoning again.
- Return pork chops to the skillet and cook until heated through, about 1 minute. Serve hot.



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## Get an Insurance Checkup

Just as your body needs a checkup once a year, you should consider giving your insurance the once over occasionally as well. People's lives can change very rapidly. But one thing many of us forget is to adjust our insurance coverage along with these changes. If it has



been several years since you've sat down and reviewed your insurance coverage, now is the perfect time.

Start with your life insurance. If the number of dependents you have has increased due to a new birth or a marriage, you will need to consider both the amount of life insurance you have, and who is named as beneficiary. If your children have grown, you may find that you no longer need the same type of insurance that you had before. If you are approaching retirement or are already retired, consider sitting down with an insurance professional to determine whether you have the right coverage for you-you may find that the type of insurance you have is no longer necessary.

Next, take a look at your auto insurance. You probably obtained collision insurance when you bought your new car. It makes sense to carry this type of insurance on newer models of cars. But as your car ages, this type of insurance may no longer be necessary. The value of a car decreases as time goes by. To gauge whether this type of insurance makes sense, compare the value of the car, and the cost of repairing it, to the cost of the collision insurance premiums.

The most cost effective solution may be to assume the risk of repairing your car yourself.

While evaluating your renter's or homeowner's insurance, be sure to consider whether you have added any items of monetary significance to your home in the past few years. If you have purchased expensive jewelry, furs, or other big-ticket items, you may need to add some insurance coverage for these items.

Make it a habit to review your insurance coverage whenever a policy comes up for renewal. You will save yourself from being underinsured in certain situations and will save money by eliminating unnecessary coverage in others.







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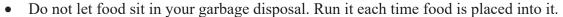
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## How to Ruin a Garbage Disposal

Your garbage disposal is a hard working part of your home. It can seemingly chop up anything put into it. But it does take some care to keep your garbage disposal from becoming damaged or broken. To keep your garbage disposal running at its peak, keep these tips in mind.

- Never run your garbage disposal without also having a strong flow of cold water going. After the grinding has stopped, continue running the water for another 30 seconds.
- Do not allow silverware or other small utensils to drop into the garbage disposal. If one does, use long-handled tongs to remove it.
- Never put your hand into your garbage disposal, even when it is turned off. Do not lean over the garbage disposal when it is running.
- Do not grind large bones or fibrous materials (like corn husks, celery, asparagus ends, etc.) Do not put liquid fats or grease into the garbage disposal.





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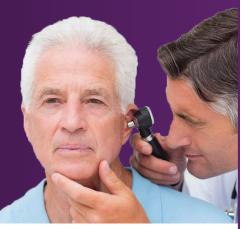
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## Try a Snow Ridge Ice Wine this Winter

Real icewine can only be made reliably every year in Canada and most years in Germany because it requires a very specific climate. The grapes have to stay on the vine until the winter, usually until Jan or Feb, where they freeze solid at -9 degrees Celsius (15 Fahrenheit). Until the grapes are harvested, they freeze and thaw repeatedly, and all of the flavors get concentrated, with a lot of the water lost. They are then pressed in a hydraulic press when they are still frozen solid. The water remains behind in the press as solid ice. What comes out is the essence, a thick syrup of the grape with tremendously concentrated flavors and sugars. When it's fermented, it makes this beautiful sweet dessert wine. When you smell and taste it, you're right away struck with its tremendously powerful aroma and flavor.





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