



DELVISTA VIEW

A Newsletter for the Residents of the Delvista Towers Condominium Assn.

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Delvista Towers Condominium Association

20225 NE 34th Court
Aventura, Florida 33180

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INTERNATIONAL WOMEN'S DAY

March 8th. International Women's Day, an international holiday, has been set aside to recognize the achievements and successes of women the world over. March 8th marks one of the first organized actions by working women anywhere in the world. On this day in 1857, hundreds of women garment and textile workers went on strike in New York City protesting against low wages, long working hours, and inhumane working conditions. The event ended in violent struggles with police.



*"Our lives shall not be sweated from birth until life closes,
For our hearts starve as well as bodies
Give us bread, but give us roses."*

(The anthem of striking mill workers in Lawrence, Massachusetts, 1912.)

GET READY FOR TAX TIME

The first step to preparing your taxes is organization of your records. Use this list of commonly needed documents to help you with this year's tax return.

- W-2s
- 1099s
- Statements you've received from your employer or the government, both state and federal
- Interest earned statements
- Interest paid statements
- Notice of distribution from partnerships, estates, or trusts
- Records of unemployment insurance
- Records of Social Security benefits
- Social Security numbers for you, your spouse, and any dependents
- Receipts for deductible expenses, including business, moving, childcare, medical, and home office expenses
- Records of charitable contributions
- Your tax return booklet with label



Although this list is not comprehensive, it is a good start on your way to preparing for your tax preparation.

SHEPHERD'S PIE

Ingredients

4 large potatoes, peeled and cubed
 1 tablespoon butter
 1 tablespoon finely chopped onion
 1/4 cup shredded Cheddar cheese
 salt and pepper to taste
 5 carrots, chopped
 1 tablespoon vegetable oil
 1 onion, chopped
 1 pound lean ground beef
 2 tablespoons all-purpose flour
 1 tablespoon ketchup
 3/4 cup beef broth
 1/4 cup shredded Cheddar cheese

Directions

1. Bring a large pot of salted water to a boil. Add potatoes and cook until tender but still firm, about 15 minutes. Drain and mash. Mix in butter, finely chopped onion and 1/4 cup shredded cheese. Season with salt and pepper to taste; set aside.
2. Bring a large pot of salted water to a boil. Add carrots

and cook until tender but still firm, about 15 minutes. Drain, mash and set aside. Preheat oven to 375 degrees F (190 degrees C.)

3. Heat oil in a large frying pan. Add onion and cook until clear. Add ground beef and cook until well browned. Pour off excess fat, then stir in flour and cook 1 minute. Add ketchup and beef broth. Bring to a boil, reduce heat and simmer for 5 minutes.
4. Spread the ground beef in an even layer on the bottom of a 2 quart casserole dish. Next, spread a layer of mashed carrots. Top with the mashed potato mixture and sprinkle with remaining shredded cheese.
5. Bake in the preheated oven for 20 minutes, or until golden brown.



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Spring into Spring Cleaning

It's that time of year. As the air gets warmer and the sun shines more each day, it is the perfect time to tackle all those chores you've been putting off. These chores don't have to become overwhelming. Just keep these tips in mind.

First Things First

Don't try to clean a cluttered room. Spend time putting things away first so you don't waste time cleaning around obstacles. You'll be happier with a less cluttered room as well. And remember to vacuum before dusting, so you don't kick up dust onto your freshly cleaned furniture.

Have the Right Tools

Any chore is easier with the right equipment. Have on hand a broom, dust pan, mop, vacuum, cleaning rags, scrub brush, bucket, sponges, step ladder, and paper towels. When gathering your cleaning products, remember to use heavy-duty types. Look for products that are multi-use to cut down on the number of bottles you have to carry through your home.

Clean Safely

Never use a cleaning product without first reading the label. Make sure you properly ventilate your cleaning area. And always keep cleaning solutions out of the reach of children.



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WOMEN'S HISTORY MONTH

Women's History Month is celebrated every year **during the month of March**. Since 1987 the United States dedicates the month of March to celebrate women's achievements and their contributions to culture, society, and history. Women's History Month celebrates all women, those who came before us and paved the way for the fight for equality, and the American women of today who continue fighting for women's rights. It is during Women's History Month, on March 8, that we also observe International Women's Day.

History of Women's History Month

Women's History Month actually started as Women's History Week, an event which was organized by the school district of Sonoma, California, and was first observed in 1978. Celebrations included a parade, essay competitions, and presentations about influential women.

The idea quickly became popular amongst different communities and school districts, and in 1980 President Jimmy Carter declared the week beginning on March 8 as National Women's History Week.

The following year, Congress passed a resolution establishing Women's History Week as an official annual National celebration. Eventually, the National Women's History Project petitioned Congress to extend the celebrations to the whole month of March, and so, in 1987, the first Women's History Month was celebrated around the United States.

The resolution requested the acting President to issue a proclamation designating March as Women's History Month every year. These proclamations highlight the contributions that women have made throughout American history in many different fields.

Why is Women's History Month Important?

Over the course of American history, many women have seen their achievements overlooked, or even stolen by men in their field. Women's History Month gives those women a chance to have their contributions celebrated, and educates millions of people about everything women have done for the country since its founding.

Since it was first celebrated in 1987, Women's History Month has helped

highlight the achievements of many women such as Rosa Parks, Sojourner Truth, Susan B. Anthony, among others. But there is still a long way to go, and many women from history have still not got the praise and recognition they deserve, especially women of color. On Women's History Month is important that we take the time to learn about them.

Women's History Month is also dedicated to celebrating the power and strength of women, in the hopes of inspiring young girls to follow in the footsteps of the trailblazers before them.

Women's History Month Themes and Color

Historically, the color used to symbolize women is Purple, so it is one of the symbols of Women's History Month and International Women's Day. Purple, green, and white used to signify the fight for women's equal rights originated in 1908 in the United Kingdom, with the Women's Social and Political Union. Since the first Women's History Month in 1987, there is a yearly theme chosen by the National Women's History Project to mark the celebrations. Here are some of the themes observed until today:

- 1987 - the first theme was "Generations of Courage, Compassion, and Conviction"
- 1992 - "A Patchwork of Many Lives"
- 2002 - "Women Sustaining the American Spirit"
- 2007 - "Generations of Women Moving History Forward"
- 2012 - "Women's Education – Women's Empowerment"
- 2017 - "Honoring Trailblazing Women in Labor and Business"
- 2019 - "Visionary Women: Champions of Peace & Nonviolence"

The Women's History Month theme for 2021 is "Valiant Women of the Vote: Refusing to be Silenced", in honor of the suffrage movement.

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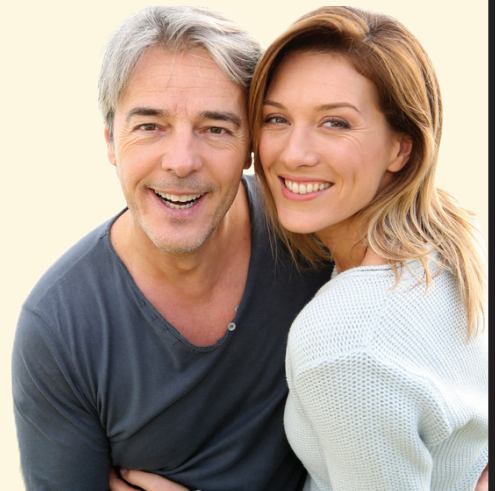


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