



Views From...

# Brickell Key II

*A Newsletter for the Residents of the Brickell Key II Condominium Association, Inc.*

Volume 4 Issue 2

January 2022

## BRICKELL KEY II

Condominium Association, Inc.

540 Brickell Key Drive  
Miami, Florida 33131

### PROPERTY STAFF

Managed by ... KW Property Mgt.  
305-381-7777

Manager ..... Dayana Toledo  
[brickellkeyii@kwpmc.com](mailto:brickellkeyii@kwpmc.com)

Asst. Manager Sharon Rodriguez  
[srodriguez@kwpmc.com](mailto:srodriguez@kwpmc.com)

### ASSOCIATION OFFICERS

President ..... Frank Simone

Treasurer ..... Adrian Diaz

Director ..... Sandra Barrera

Director ..... Marta Joltac

Director ..... Jonathan Mouyal

### IMPORTANT NUMBERS

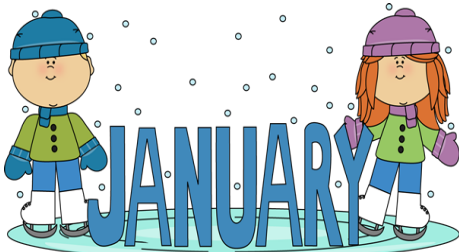
Office ..... 305-381-7777

Fax ..... 305-381-7737

Website: .. <http://web.kw-ic.com/BrickellKeyTwo/>

### OFFICE HOURS

Mon - Fri ..... 8:30 am - 5:30 pm



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## Happy New Year

*Here's to a brand new year of good health, good fortune, and good times. Thanks for bringing in the New Year with us here at Brickell Key. We feel fortunate to have you all as our residents.*

## NEW YEARS QUOTATIONS

- Drop the last year into the silent limbo of the past. Let it go, for it was imperfect, and thank God that it can go. – Brooks Atkinson
- Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to. – Bill Vaughan
- An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves. – Bill Vaughan
- Many people look forward to the New Year for a new start on old habits. – Unknown
- The proper behavior all through the holiday season is to be drunk. This drunkenness culminates on New Year's Eve, when you get so drunk you kiss the person you're married to. – P.J. O'Rourke
- New Year's Day is every man's birthday. – Charles Lamb
- The new year begins in a snow-storm of white vows. – George William Curtis
- Now there are more overweight people in America than average-weight people. So overweight people are now average. Which means you've met your New Year's resolution. – Jay Leno
- A New Year's resolution is something that goes in one year and out the other. – Unknown

# Air Fryer Chicken Cordon Bleu



- 4 (5 oz) skinless, boneless chicken breast halves
- 2 slices deli ham
- 2 slices deli Swiss cheese
- ¼ cup all-purpose flour
- ½ teaspoon salt, or to taste
- ¼ teaspoon ground black pepper
- 1 large egg, lightly beaten
- ⅔ cup plain dry bread crumbs
- 3 tablespoons unsalted butter, melted

1. Place each chicken breast between 2 pieces of parchment paper. Use a mallet or similar to flatten each breast to a thickness of 1/4".
2. Cut ham and Swiss cheese slices in half so you have 4 pieces of each. Stack 1 piece ham and 1 piece of cheese in the middle of each flattened chicken breast. Roll up like a jelly roll, tucking the ham and cheese inside the breast as you roll. Secure the ends and sides with toothpicks so the cheese won't run out. Transfer to the refrigerator for at least 15 minutes, or up to 4 hours.
3. Preheat an air fryer to 350oF.
4. Combine flour, salt, and pepper in a small bowl. Place beaten egg in second bowl. Place bread crumbs in a third bowl.
5. Dip each chicken bundle in flour mixture, then in egg, and finally in bread crumbs to coat. If you notice any spots that are just coated in flour, lightly pat with beaten egg and bread crumbs. Gently pat each bundle with melted butter and place in the air fryer basket.
6. Air-fry until crust is nicely browned and chicken is no longer pink in the center and the juices run clear, about 20 minutes. An instant-read thermometer inserted into the center should read at least 165° F.



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## Honoring Martin Luther King, Jr.

Since the age of 17, Martin Luther King was a Baptist minister who dedicated his entire adult life to fighting racism and segregation in the United States. Influenced by Gandhi's example of nonviolent persuasion, he organized peaceful boycotts and demonstrations, including the Montgomery Bus Boycott in 1955. In 1963, King headed a massive civil rights campaign in Birmingham, Alabama. This crusade was followed by major drives for voter registration, desegregation, and better housing and education in the South. Honoring his hard work and fortitude in the civil rights movement, King was awarded the Nobel Peace Prize in 1964. On April 4, 1968 he was assassinated in Memphis, Tennessee. Since 1986 the third Monday in January has been designated a legal holiday to honor this man of peace.



PATRICKJAIMEZ PA

Mobile (786)-277-7355  
Direct (305)-459-5019  
patrickjaimez@gmail.com



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## SNOW RIDGE ICE WINE

Real icewine can only be made reliably every year in Canada and most years in Germany because it requires a very specific climate. The grapes have to stay on the vine until the winter, usually until Jan or Feb, where they freeze solid at -9 degrees Celsius (15 Fahrenheit). Until the grapes are harvested, they freeze and thaw repeatedly, and all of the flavors get concentrated, with a lot of the water lost. They are then pressed in a hydraulic press when they are still frozen solid. The water remains behind in the press as solid ice. What comes out is the essence, a thick syrup of the grape with tremendously concentrated flavors and sugars. When it's fermented, it makes this beautiful sweet dessert wine. When you smell and taste it, you're right away struck with its tremendously powerful aroma and flavor.



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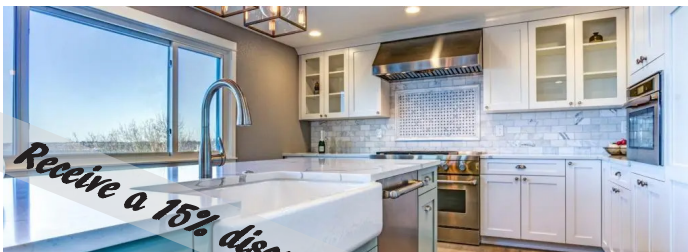
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