

BONAVIDA Monthly Newsletter

Volume 9 Issue 7

A Monthly Newsletter for the Residents of Bonavida Condominium

January 2022

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January

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Here's to a brand new year of good health, good fortune, and good times. Thanks for bringing in the New Year with us here at Bonavida. We feel fortunate to have you all as our residents.

NEW YEARS QUOTATIONS

- Drop the last year into the silent limbo of the past. Let it go, for it was imperfect, and thank God that it can go. – Brooks Atkinson
- Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to. – Bill Vaughan
- An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves. – Bill Vaughan
- Many people look forward to the New Year for a new start on old habits. – Unknown
- We spend January first walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives . . .not looking for flaws, but for potential. – Ellen Goodman
- New Year's Day is every man's birthday. – Charles Lamb
- The new year begins in a snow-storm of white vows. – George William Curtis
- Now there are more overweight people in America than average-weight people. So overweight people are now average. Which means you've met your New Year's resolution. – Jay Leno
- A New Year's resolution is something that goes in one year and out the other. – Unknown

Honoring Martin Luther King, Jr.

Since the age of 17, Martin Luther King was a Baptist minister who dedicated his entire adult life to fighting racism and segregation in the United States. Influenced by Gandhi's example of nonviolent persuasion, he organized peaceful boycotts and demonstrations, including the Montgomery Bus Boycott in 1955. In 1963, King headed a massive civil rights campaign in Birmingham, Alabama. This crusade was followed by major drives for voter registration, desegregation, and better housing and education in the South. Honoring his hard work and fortitude in the civil rights movement, King was awarded the Nobel Peace Prize in 1964. On April 4, 1968 he was assassinated in Memphis, Tennessee. Since 1986 the third Monday in January has been designated a legal holiday to honor this man of peace.



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