



PARKER TOWER

Monthly News

Volume 19 Issue 9

October 2021

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Vice President Elisa Scemama
Treasurer Elvira Borrego
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USEFUL INFORMATION

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Police (Non emergency) 954 765 4321
FPL 954 797 5000
Comcast 954 266 2278

PARKER TOWER CONDOMINIUM

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www.ParkerTower.org



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October Birthdays and Anniversaries

BIRTHDAYS

UNIT #	NAME	DATE
211	Adriana Zaidenvoren	1-Oct
2501	Kim Dolcimascolo	7-Oct
2508	Maryann Sajor	7-Oct
1812	Sara Kaplan	10-Oct
1603	Inna Tsapko	10-Oct
1104	Valentina Saladino	16-Oct
1502	Martha Gharibian	25-Oct
2307	Ramon Garcia	26-Oct



ANNIVERSARIES

UNIT#	NAME	DATE
2304	Adrienne & Bernard Grossman	30-Oct
708	Bella & Eugene Herman	5-Oct

Hurricane Season:

Let's Get Ready!



October is National Breast Cancer Awareness Month

How can I find breast cancer early?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

Changes to look for in your breasts

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other



For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.



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Don't Forget... **FALL BACK**

Daylight Saving Time begins for most of the United States at 2 a.m. on the **Second Sunday in March** and lasts until 2 a.m. on the **First Sunday of November**.

Be sure to set your clocks back one hour at 2 AM on Sunday, November 7, 2021.

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.



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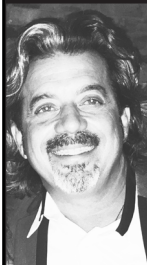
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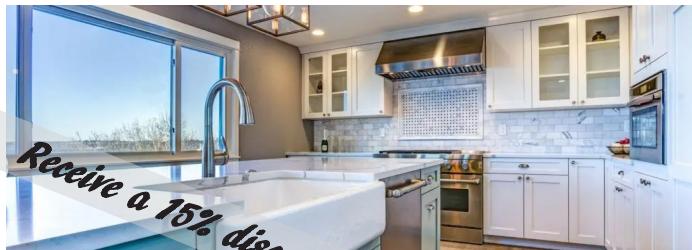
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