



Volume 12 Issue 7

A Newsletter for the Residents of The Mar Del Plata Condominium

October 2021

Mar Del Plata
Condominium Assoc., Inc.
6423 Collins Avenue
Miami Beach, Florida 33141
<http://mardelplatamiamibeach.com>

ASSOCIATION OFFICERS

President.....Ernesto Marcos
Vice Pres.Kathleen E. Celano
Treasurer Leslie Cortina
Secretary..... Leslie Cortina
DirectorMario Suarez
Director German Ibanez

PROPERTY STAFF

Manager..... Nelson Borroto
mardelplatacondominium@gmail.com
Asst. Manager..... Jorge Muñoz
mardelplatajorge@gmail.com
Front Desk.....
frontdesk6423@gmail.com
Asst. Engineer Ivan Esteves

IMPORTANT NUMBERS

Office.....305-864-3232
Fax305-861-1011
Front Desk.....305-865-5641

OFFICE HOURS

Monday-Friday ...7:30 AM - 4:30 PM



Published monthly at no cost for the Mar Del Plata Condominium by Coastal Group Publications, Inc. Contact CGP at (305) 981-3503 or www.cgpnewsletters.com to advertise in one of our newsletters or to get a free newsletter for your property.

MESSAGE FROM THE PRESIDENT

Hello everyone! Well, autumn is upon us. The hurricane season still lingers. Covid restrictions went and came back, and now, looking forward, we're ramping up for the work ahead. Easing up on the mask requirements should help out.

We can't do much about the first three, but things are progressing with Mar del Plata projects. The architectural engineers have submitted their findings to the building contractors. Once those plans are submitted and approved by the city, we'll begin the repairs. We won't have a definite schedule of how long the work will take nor the costs until we receive approval from the city—hopefully, that won't take too long. Still, the constant task of replacing and maintaining equipment continues. We recently replaced the AC unit that cools the elevator mechanisms and refurbished one of our two water pumps. This was huge. Thanks to our staff, in this case, Ivan Estevez and Ricardo Cuba, we were able to rebuild our old pump saving us thousands of dollars in the process. We are very fortunate to have a crew like this at our disposal—both versatile and skilled.

On other fronts, we're in the process of sprucing up the interior of the building a bit. Touching up the floorboards and walls and redoing the trash rooms. Once we get a fix on the concrete and other equipment costs, we'll start on more enhancement projects. Till next time—Happy Trails!

DON'T FORGET...FALL BACK

Daylight Saving Time begins for most of the United States at 2 a.m. on the **Second Sunday in March** and lasts until 2 a.m. on the **First Sunday of November**.

Be sure to set your clocks back one hour at 2 AM on Sunday, November 7, 2021.



This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.

October is National Breast Cancer Awareness Month

How can I find breast cancer early?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

Changes to look for in your breasts

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other



For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.

DIAMOND REMODELERS

Full Service Contractors

We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the *Remodeling Experts*, **family owned for 40 years**.

*specializing
in condo &
apartment interiors*

Jeff Diamond & Anthony Lasorsa

305-865-9005

www.diamondremodelers.com

jeff@diamondremodelers.com

Kitchen & Bathroom Remodeling

Satisfaction and Quality Guaranteed

REMODELING • INSTALLATIONS

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- Custom Baseboards / Crown Molding
- Granite / Marble / Quartz Counter Tops
- All Types of Tiles & Marble Installed

**"Your Experienced
Handyman"**

PAINTING & SERVICES UNLIMITED

- Painting, Condo, House, Apt. Roof Painting
- Full Service Contractors
- Popcorn Ceiling Removal
- Plumbing & Electrical Service
- Smooth Ceilings
- Doors / Windows
- Framing, Drywall & Finishes
- Mirror Installation

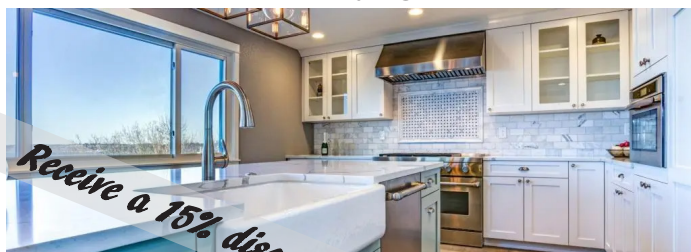
- Design & Management Services
- No Job Too Small
- Free Estimates
- Service & Quality at Reasonable Prices
- Commercial & Residential
- Habla Español

**15%
Off**

any
remodeling
job!

**10%
OFF
Any
Service**

Valid With Coupon.
Not To Be Combined
With Other Offers.
Exp 11/30/2021



Painting & Services Unlimited Lic. CC94BS00437

Lasorsa Enterprises, Inc. CGC031497 Licensed & Insured General Contractor

Funny Epitaphs

Talk about getting the last laugh!
These epitaphs are from actual
tombstones around the world.

Ann Mann

Here lies Ann Mann,
Who lived an old maid
But died an old Mann.

Here lies the body
of Jonathan Blake
Stepped on the gas
Instead of the brake.

Harry Edsel Smith

Born 1903 - Died 1942
Looked up the elevator shaft
To see if the car
Was on the way down.
It was.

Sacred To The Remains of
Jonathan Thompson
A Pious Christian and
Affectionate Husband.
His disconsolate widow
Continues to carry on
His grocery business
At the old stand on
Main Street: Cheapest
and best prices in town.

"I told you I was sick!"

**HAPPY
HALLOWEEN**



Commissioner
Eileen Higgins
District 5



"During these challenging times, rest assured that my office is here to listen to your concerns and connect you to the services and resources you need from Miami-Dade County."

CALL - EMAIL - SOCIAL

www.miamidade.gov/district05
305-375-5924
District5@miamidade.gov




 @CommishEileen

COVID-19 VACCINES

Stay up to date with the latest developments and appointments at miamidade.gov/vaccine.

SAFETY FIRST

Ensure your safety by social distancing, washing your hands, and wearing a mask.

STAY INFORMED

Sign up for the D5 newsletter by emailing district5@miamidade.gov.



**GOT HURRICANE DAMAGE?
GET HELP NOW!**

TIME IS RUNNING OUT TO GET PAID ON YOUR CLAIM

NO RECOVERY, NO FEE!

DON'T MISS THE DEADLINE

FREE SECOND OPINION INSPECTION

LOCAL PUBLIC ADJUSTERS READY TO INSPECT

CALL US TODAY FOR ANY TYPE OF CLAIM!

STELLARADJUSTING.COM


MIAMI-DADE (305) 396-9110
BROWARD (954) 376-6991
PALM BEACH (561) 404-3069

2450 NE MIAMI GARDENS DR. SUITE 200, MIAMI, FLORIDA 33180

THIS IS SOLICITATION FOR BUSINESS. IF YOU HAVE HAD A CLAIM FOR AN INSURED PROPERTY LOSS OR DAMAGE AND YOU ARE SATISFIED WITH THE PAYMENT BY YOUR INSURER, YOU MAY DISREGARD THIS ADVERTISEMENT.

License #PT3524

**One Dollar Emergency Dental Visit
Including Necessary X-Rays
NEW PATIENTS ONLY.**



**Meet Your Neighborhood Dentist
DR. EDY A. GUERRA**
www.DentistSurfside.com

Over 20 years in Surfside, Bay / Bal Harbour

Two Locations to Better Serve You:
9456 Harding Avenue, Surfside, FL
Phone (305)866-2626 Fax (305)866-2204
4011 W. Flagler St. Ste. 506, Coral Gables, FL
Phone (305)643-1444 Fax (305)643-0447



Retired nurse looking for part time work caring for elderly patients. Has own car for help with transportation to and from doctor's appointments, shopping and errands.

786-486-9022

Excellent References
Resume Available on Request

PUMPKIN CHILI

Ingredients

- 1 tbsp. olive oil
 - 1 lb. ground spicy Italian sausage
 - 1 onion, chopped
 - 1 red bell pepper, chopped
 - 3 garlic cloves, chopped
 - 1 1/2 tbsp. chili powder
 - 2 tsp. ground cumin
 - 1 tsp. kosher salt, plus more to taste
 - 3/4 tsp. ground black pepper, plus more to taste
 - 1/2 tsp. ground cinnamon
 - 2 15 oz. cans fire-roasted tomatoes, not drained
 - 1 15 oz. can kidney beans, drained and rinsed
 - 1 15 oz. can black beans, drained and rinsed
 - 1 15 oz. can pumpkin puree
 - 2 1/2 c. chicken broth
- Roasted pumpkin seeds, sour cream, shredded sharp cheddar cheese and avocado, for garnish, if desired



1. In a large Dutch oven, heat the oil over medium heat. Add the sausage and cook, stirring to break into pieces, until browned and cooked through, 8 to 10 minutes. Using a slotted spoon, transfer the sausage to a paper towel lined plate to drain.
2. Add the onion and bell pepper to the Dutch oven. Cook over medium, stirring, until softened, 10 to 12 minutes. Stir in the garlic, cumin, chili powder, 1 teaspoons salt, 3/4 teaspoon pepper and cinnamon. Cook, stirring, for 30 seconds.
3. Stir in the tomatoes, kidney beans, black beans, pumpkin puree, chicken broth and sausage. Bring to boil over medium-high. Reduce heat to medium-low, cover and cook, stirring occasionally, until the flavors meld, about 20 minutes.
4. Season the chili with salt and pepper. Serve, garnishing with pumpkin seeds, sour cream, cheese and avocado, if desired.

HAPPY HALLOWEEN



ALBANY HOMES CONSTRUCTION General Contractor

www.AlbanyHomes.us
786-271-7192 | mts@albanyhomes.us



SERVICES INCLUDE:

Bathrooms • Kitchens • Wood & Tile Floors • Patio & Driveways • Interior Trim • Painting • Small & Large Jobs

"We Make Homes Better"



A New Perspective on Caring for Children

Treehands Edu-tainment Care for Kids is a childcare company, specializing in the Montessori philosophy of Practical Life | Sensory | Mathematics | Linguistics



Have peace of mind when booking your next sitter. If you want to go to a meeting or a night on the town, it is a great opportunity to try our educational childcare!

OFFERING CHILDCARE SERVICES AT YOUR HOME, HOTEL OR AWAY.

www.treehandsedutainment.com
(305) 202-4591



GREATER MIAMI
CONVENTION &
VISITORS BUREAU

Published monthly at no cost for the Mar Del Plata Condominium by Coastal Group Publications, Inc.
Contact CGP at (305) 981-3503 or visit www.cgpnewsletters.com
to advertise in one of our newsletters or to get a free newsletter for your property.