

Volume 8 Issue 3

A Monthly Newsletter for the Residents of Commodore Club West Condominium

October 2021

COMMODORE CLUB WEST CONDOMINIUM ASSOCIATION, INC

155 Ocean Lane Drive Key Biscayne, Florida 33149

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DON'T FORGET...FALL BACK

Daylight Saving Time begins for most of the United States at 2 a.m. on the **Second Sunday in March** and lasts until 2 a.m. on the **First Sunday of November.**

Be sure to set your clocks back one hour at 2 AM on Sunday, November 7, 2021.

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.



BRFAS

October is National Breast Cancer Awareness Month

How can I find breast cancer early?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

Changes to look for in your breasts

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other

For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.



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Funny Epitaphs

Talk about getting the last laugh! These epitaphs are from actual tombstones around the world.

> Ann Mann Here lies Ann Mann, Who lived an old maid But died an old Mann.

Here lies the body of Jonathan Blake Stepped on the gas Instead of the brake.

Harry Edsel Smith Born 1903 - Died 1942 Looked up the elevator shaft To see if the car Was on the way down. It was.

Sacred To The Remains of Jonathan Thompson A Pious Christian and Affectionate Husband. His disconsolate widow Continues to carry on His grocery business At the old stand on Main Street: Cheapest and best prices in town.

"I told you I was sick!"



GOT HURRICANE DAMAGE? Public Adjusting Services **GET HELP N** TIME IS RUNNING OUT **TO GET PAID ON YOUR CLAIM NO RECOVERY, NO FEE!** DON'T MISS THE DEADLINE FREE SECOND OPINION INSPECTION LOCAL PUBLIC ADJUSTERS READY TO INSPECT MIAMI-DADE (305) 396-9110 CALL US TODAY FOR ANY TYPE OF CLAIM! BROWARD (954) 376-6991 PALM BEACH (561) 404-3069 STELLARADJUSTING.COM 2450 NE MIAMI GARDENS DR. SUITE 200. MIAMI, FLORIDA 33180



A New Perspective on Caring for Children Treehands Edu-tainment Care for Kids is a childcare company, specializing in the Montessori philosophy of Practical Life | Sensory | Mathematics | Linguistics



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"A man who stops advertising to save money is like a man who stops a clock to save time." – Henry Ford

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Advertise to over 30,000 condo residents.

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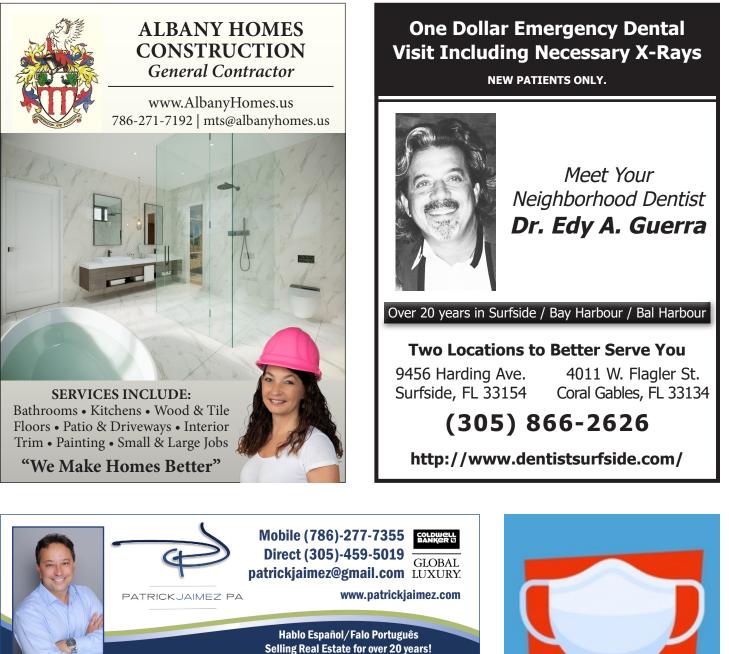


Retired nurse looking for part time work caring for elderly patients. Has own car for help with transportation to and from doctor's appointments, shopping and errands.

786-486-9022 Excellent References Resume Available on Request

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DON'T LET COVID-19 STALL YOUR SALE

My exclusive marketing program will reach buyers quickly and virtually through:

Property Video Tour Online Advertising Social Media Posts Property Website Customized Email Distribution Virtual Showings

CONTACT ME TODAY TO TELL YOU ABOUT HOW I CAN GET THE MOST ONLINE ATTENTION FOR YOUR PROPERTY.

Call me today for a FREE, no cost obligation, comprehensive market analysis of your property.

PLEASE WEAR WEAR MASK

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