

# BONAVIDA

## Monthly Newsletter

Volume 9 Issue 1

A Monthly Newsletter for the Residents of Bonavida Condominium

July 2021

### Bonavida Condominium Association, Inc

20100 W Country Club Drive  
Aventura, Florida 33180

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#### PROPERTY STAFF

##### Affinity Management Services

**General Manager** Maria Veizaga

(305) 935-1319

manager@bonavidacondominium.com

**Assistant Manager**..Bruno Rios

(305) 935-1319

assistant@bonavidacondominium.com

**Maintenance Sup.**.. Brian Boone

**Maintenance** .....Lucian Pasa

**Housekeeping** .. Auristela Gonzalez

#### IMPORTANT NUMBERS

**Main** .....305-935-1319

**Fax** .....305-933-3365

**Security** .....786-288-6570



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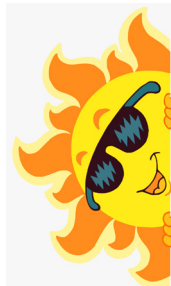
### Hurricane Season:

## Let's Get Ready!



## SUMMER QUOTATIONS

- People don't notice whether it's winter or summer when they're happy. -- Anton Chekhov
- Oh the summer night, has a smile of light, and she sits on a sapphire throne. -- Barry Cornwall
- A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken. -- James Dent
- Do what we can; summer will have its flies. -- Ralph Waldo Emerson
- Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air and you. -- Langston Hughes
- Summer is the time when one sheds one's tensions with one's clothes, and the right kind of day is jeweled balm for the battered spirit. A few of those days and you can become drunk with the belief that all's right with the world. -- Ada Louis Huxtable
- Of all the wonders of nature, a tree in summer is perhaps the most remarkable; with the possible exception of a moose singing "Embraceable You" in spats. -- Woody Allen
- Being a child at home alone in the summer is a high-risk occupation. If you call your mother at work thirteen times an hour, she can hurt you. -- Erma Bombeck
- Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time. -- John Lubbock
- The summer night is like a perfection of thought. -- Wallace Stevens
- Ah, summer, what power you have to make us suffer and like it. -- Russel Baker
- In summer, the song sings itself. -- William Carlos Williams
- Deep summer is when laziness finds respectability. -- Sam Keen



## TEXAS CAVIAR

### INGREDIENTS

- 2 (15 ounce) cans black beans, rinsed and drained
- 2 (15 ounce) cans pinto beans, rinsed and drained
- 2 (15 ounce) cans white corn, rinsed and drained
- 1 (4 ounce) can chopped green chiles, undrained
- 1 jalapeno chile pepper, seeded and finely chopped (Optional)
- 1 red bell pepper - cored, seeded and finely chopped
- 1 green bell pepper - cored, seeded and finely chopped
- 1 small red onion, finely chopped
- 1 bunch cilantro leaves, finely chopped
- ½ cup rice vinegar
- ½ cup olive oil
- ⅓ cup white sugar
- ½ teaspoon garlic powder

### DIRECTIONS

#### Step 1:

Mix the black beans, pinto beans, white corn, green chiles, jalapeno pepper, red and green bell peppers, red onion, and cilantro together in a large bowl.

#### Step 2:

To make the dressing, stir the rice vinegar, olive oil, sugar, and garlic powder together in a pan. Bring to a boil, then remove from heat, and cool. Pour dressing over bean mixture, and toss to mix evenly.



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## Thunderstorm Safety

Along with summer's warm days come thunderstorms. Lightning is one of nature's most powerful and unpredictable killers. Golfing, swimming, boating, biking riding, mowing the lawn – almost any outdoor activity – can be dangerous if there's lightning around. So when you hear that rumble in the sky, heed these tips from the National Weather Service:

- If you can hear thunder, you're close enough to the storm to be struck by lightning.
- Listen to weather reports before you go outside for extended periods. Cancel picnics and such if thunderstorms are likely, or move the picnic indoors.
- If you're caught unexpectedly, move to a sturdy building or car (keep the windows up). Avoid small sheds, isolated trees, or convertible automobiles.
- If there's no shelter nearby, find a low spot away from trees, fences, and poles. In the woods, stay by the shorter trees.
- If you feel your skin tingle or your hair stand up, squat low to the ground on the balls of your feet. Put your hands on your knees and your head between them. Do not lie flat on the ground. Make yourself the smallest target possible.
- Move to higher ground if a flash flood or any flood seems likely. Abandon cars once a flood begins. Do not attempt to drive to safety. Most flash-flood deaths happen in cars.



PATRICKJAIMEZ PA

Mobile (786)-277-7355  
Direct (305)-459-5019  
patrickjaimez@gmail.com

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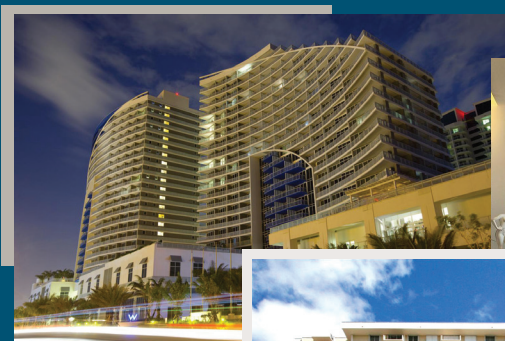
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