

OCTAGON *Tribune*



Volume 5 Issue 2

A Monthly Newsletter for the Residents of the Octagon Towers Condominium

March 2019

OCTAGON TOWERS CONDOMINIUM

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..... 954-458-5517

OFFICE HOURS

Monday, Wednesday, Friday

2:00 pm - 4:00 pm

Tuesday, Thursday

8:00 am - 10:00 am



Reminder

Remember to come down to the
management office and
register your Bicycle/s.

Myths and Facts About Colorectal Cancer

March is National Colorectal Cancer Awareness Month. For many people, the discussion of this type of cancer is shrouded in embarrassment and misunderstandings. This can lead to a reduction in testing and treatment. Here are some myths and realities about this cancer. Knowing them could save your life or the life of your loved ones.

Myth: Colon and rectal cancers are rare.

These types of cancer are actually quite common. In 2005, almost 150,000 Americans were diagnosed with colorectal cancer.

Myth: Colorectal cancer is usually fatal.

When detected early, colorectal cancer is usually curable. That is why routine screening is so important. If colon cancer is found early and treated, the 5-year survival rate is 90 percent. Starting at age 50, men and women of average risk should be screened regularly. High risk groups, including those with a personal or family history of the disease and African Americans, should begin screening at age 45 or sooner if their doctor suggests it.

Myth: Most of those who get colorectal cancer are older, white men.

In fact, an equal number of men and women get colorectal cancer. African Americans are more likely to be diagnosed with colorectal cancer at a later stage in the disease and are often younger when diagnosed.

Myth: You only need screening once you see symptoms.

As with many types of cancer, the disease may be more advanced once symptoms are presented. About 75 percent of all new cases of this type of cancer occur in individuals with no known risk factors and no presentation of symptoms.



Fun with the Irish

Mahoney was at the police station being questioned by police after his wife died in an accident. “Did she say anything before she died?” asked the sergeant. “Actually she spoke without interruption for over forty years,” replied the Irishman.

Michael was on his deathbed when his wife Nora came in to him and asked if there was anything he wanted. He said, “What is that heavenly smell coming from the kitchen?” Nora replied, “Oh that is a ham I’m baking.” Michael paused and said, “I would love a piece of that ham if I may.” Nora said, “But Michael, you can’t—I’m saving it for the wake!”

An old man lived alone in Ireland and had depended upon his only son to help him with the farming. His son, however, had recently been locked away in prison. It was planting time, and the old man, not knowing what to do, wrote to his son in prison to ask his advice. He received this reply, “For heaven’s sake, don’t dig up that garden, that’s where I buried the GUNS!!” Early the next morning, a dozen British soldiers showed up and dug up the entire garden, but didn’t find a single gun. Confused, the man wrote to his son telling him what happened and asking him what to do next. His son replied, “Just plant your potatoes.”



A group of men were discussing the origin of the bagpipes. Several men from different nations claimed their ancestors to be the originators of the instrument. Finally an Irishman said, “Well, I’ll tell you the truth about it. The Irish invented them and sold them to the Scots as a joke. And the Scots haven’t seen the joke yet!”



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International Women's Day!



International Women's Day, an international holiday, has been set aside to recognize the achievements and successes of women the world over. March 8th marks one of the first organized actions by working women anywhere in the world. On this day in 1857, hundreds of women garment and textile workers went on strike in New York City protesting against low wages, long working hours, and inhumane working conditions. The event ended in violent struggles with police.

“Our lives shall not be sweated from birth until life closes, For our hearts starve as well as bodies Give us bread, but give us roses.”

(The anthem of striking mill workers in Lawrence, Massachusetts, 1912.)

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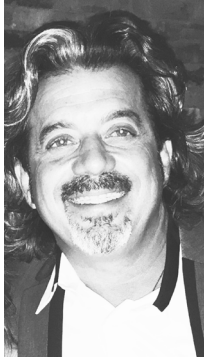
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Eileen Higgins

District 5
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Our office is here to serve you. For assistance, please feel free to reach out:

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