

# Ocean One Waves

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**OCEAN ONE  
Condominium Association**  
19333 Collins Avenue  
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## President's Message

Dear fellow residents,

Easter and Passover week are soon approaching. At this time, we expect many visitors and families within the building and, of course, enjoying our pool and beach facilities. I would like to review our pool and beach regulations so that you, as hosts, can ensure that your guests are familiar with them.

The swimming pool may be used daily from dawn until dusk. The pool and beach are normally attended between the hours of 8:00 a.m. and 5:00 p.m. in the fall and winter months and 9:00 a.m. to 6:00 p.m. in the spring and summer months, weather permitting. As it is now officially springtime, attendants are on site from 8:00 a.m. and 6 p.m. While enjoyment of the beach is not limited to the above-mentioned schedule, please be advised that chairs, lounges and umbrellas are taken down for storage at 6 p.m.

Ocean One does not use the services of life guards—therefore, you swim at your own risk. Children under 14 are not permitted in the pool area unless accompanied by an adult.

For reasons of health and safety, use of the Jacuzzi whirlpool is only for children over 14 years of age. Security guards have the right to ask for identification from any users at any time.

No dogs, cats, or other animals are allowed in the pool area. No alcoholic beverages are allowed and no glass containers of any kind are permitted. However, **plastic bottled water** is allowed. No eating of foods or snacks is allowed at the pool.

Florida law requires that you shower and remove any perspiration and/ or suntan oils before entering the pool. This should also be done out of consideration for your neighbors, security reserves the right to write up a violation report on any resident or resident guests who do not comply with this or any other rule. The report will be presented to the grievance committee and subject to a fine.

Out of consideration for all, lounges and chairs may not be reserved when the resident is not in the pool or patio area. Furniture should not be removed from the patio area or Tiki Hut areas. The staff is instructed to strictly enforce towel policies which allows for a maximum eight regular towels and eight lounge chair covers, per resident or guest, or a maximum of six during the busy season, if in-

*Continued on page 2*

**President** (cont. from page 1)

ventory allows. All persons using Association towels must leave them on their lounge chairs once they are done using them or return them to a pool attendant.

Please note: All guests must have a guest pass or Unit I.D. to obtain a towel or lounge chair. You are prohibited from lending your personal I.D. card to anyone. Also if you are a new owner please make sure you fill out the owner registration form available at the management office or front desk. This is to ensure the staff knows who you are. Otherwise, you may be denied services.

No diapers are allowed in the pool. Swim diapers are allowed with the use of a rubber pull-up over the diaper. This is to ensure sanitary swimming conditions for all. See pool attendant for the purchase of a rubber pull up should you need one at a charge of \$4.00 each. There will be no exceptions to this rule. Children under the age of 2 years are required to wear rubber pull ups over the swim diapers.

Residents are not allowed to reserve lounge chairs in advance. Residents and guests will be served on a first come first served basis.

Ball throwing and/or Frisbee tossing in the pool area are strictly prohibited along with large floatation toys.

Only residents participating in water exercise classes may use the pool while water exercise classes are in session. A small area at one side of the pool has been cordoned off to allow others use of the pool while classes are ongoing.

In addition to these rules and procedures, all posted rules apply.

We thank you for your cooperation and wish you a Happy Easter and Happy Passover.

Respectfully, Tamara Benson

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# Tasty and Easy Springtime Recipe: Penne with Chicken and Asparagus

## INGREDIENTS

- 1 (16 ounce) package dried penne pasta
- 5 tablespoons olive oil, divided
- 2 skinless, boneless chicken breast halves - cut into cubes
- salt and pepper to taste
- garlic powder to taste
- 1/2 cup low-sodium chicken broth
- 1 bunch slender asparagus spears, trimmed, cut on diagonal into 1-inch pieces
- 1 clove garlic, thinly sliced
- 1/4 cup Parmesan cheese



## DIRECTIONS

1. Bring a large pot of lightly salted water to boil. Add pasta, and cook until al dente, about 8 to 10 minutes. Drain, and set aside.
2. Warm 3 tablespoons olive oil in a large skillet over medium-high heat. Stir in chicken, and season with salt, pepper, and garlic powder. Cook until chicken is cooked through and browned, about 5 minutes. Remove chicken to paper towels.
3. Pour chicken broth into the skillet. Then stir in asparagus, garlic, and a pinch more garlic powder, salt, and pepper. Cover, and steam until the asparagus is just tender, about 5 to 10 minutes. Return chicken to the skillet, and warm through.
4. Stir chicken mixture into pasta, and mix well. Let sit about 5 minutes. Drizzle with 2 tablespoons olive oil, stir again, then sprinkle with Parmesan cheese.

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