A Newsletter for the Residents of the Marbella Condominium





Volume 19 Issue 8 March 2021

OFFICE STAFF

Marta Castro

BOARD MEMBERS

President	. Moshe Schneider
V. Pres./Treas	surer David Karp
Secretary	Moishe Feiner
Director	Marta Olschek
Director	Aleida Delgado
Director	Lou Cohen

NUMBERS YOU SHOULD KNOW

Office	(305) 868-5208
	(305) 864-7252
Fax	(305) 868-8509
	bellacondo@att.net

OFFICE HOURS

Monday-Friday..... 10 AM - 2 PM

MARBELLA CONDOMINIUM

9341 Collins Avenue Surfside, FL 33154



Published monthly at no cost for Marbella by Coastal Group Publications, Inc. Contact CGP at

(305) 981-3503 or www.cgpnewsletters.com to advertise in one of our newsletters or to get a free newsletter for your property.

PEOPLE CORNER



Our condolences to the Zisman family for the passing of our esteemed Vice President, Rabbi Berel Zisman.

We would also like to thank our retiring Board Member, Jacobo Blachar for his service.

Happy St. Patrick's Day

FUN WITH THE IRISH

Mahoney was at the police station being questioned by police after his wife died in an accident. "Did she say anything before she died?" asked the sergeant. "Actually she spoke without interruption for over forty years," replied the Irishman.

Michael was on his deathbed when his wife Nora came in to him and asked if there was anything he wanted. He said, "What is that heavenly smell coming from the kitchen?" Nora replied, "Oh that is a ham I'm baking." Michael paused and said, "I would love a piece of that ham if I may." Nora said, "But Michael, you can't—I'm saving it for the wake!"

An old man lived alone in Ireland and had depended upon his only son to help him with the farming. His son, however, had recently been locked away in prison. It was planting time, and the old man, not knowing what to do, wrote to his son in prison to ask his advice. He received this reply, "For heaven's sake, don't dig up that garden, that's where I buried the GUNS!!" Early the next morning, a dozen British soldiers showed up and dug up the entire garden, but didn't find a single gun. Confused, the man wrote to his son telling him what happened and asking him what to do next. His son replied, "Just plant your potatoes."

A group of men were discussing the origin of the bagpipes. Several men from different nations claimed their ancestors to be the originators of the instrument. Finally an Irishman said, "Well, I'll tell you the truth about it. The Irish invented them and sold them to the Scots as a joke. And the Scots haven't seen the joke yet!"

Page 2 Marbella Condominium March 2021

DID YOU KNOW?: CAFFEINE TRIVIA

March is National Caffeine Awareness Month.

- Caffeine was on the International Olympic Committee list of prohibited substances until 2004.
 More than 12 micrograms of caffeine per milliliter of urine, about the amount in five cups of coffee, would have been cause for an athlete to be banned.
- The human body can absorb up to about 300 milligrams of caffeine at any given time. Any excess is secreted off.
- Twenty percent of the caffeine you've ingested is dissipated from your body every hour, so it takes about five hours for caffeine to fully leave your body.
- Dark roasted coffees have less caffeine than medium roasts. The longer coffee beans are roasted, the more caffeine burns off during the process.
- A strong cup of tea has about the same amount of caffeine as a cup of filtered coffee.
- Trimethylxanthine is the chemical term for caffeine.
- Seventy percent of all the sodas sold in the United States contain caffeine.
- In its pure state, caffeine is a crystalline white powder.
- Ten grams of caffeine is considered a lethal dose, the same as drinking 80 to 100 cups of coffee in rapid succession.
- Over 450,000,000 cups of coffee are consumed in the United States every day.
- Caffeine begins to affect your body's systems as soon as 15 minutes after it is consumed.



A BLIND WAREHOUSE

Blinds, Shutters & Motorized Shades
GUARANTEED LOWEST PRICES

Dependable & Quality Work
In business 30 years with same phone number

30% OFF all shades and blinds until 5/30/21 www.ablindwarehouse.com info@ablindwarehouse.com instagram@ablindwarehouse

305-598-3343



FASTSTREAM

NETWORKS

Bulk High Speed Internet and TV for Condo Associations

Fiber Directly to Each Unit
Fastest, Most Reliable Fiber Optic Internet Available

PH. 954-573-9093

www.FastStreamNetworks.com



ARE YOU OVER 40?



DO YOU TAKE MEDICATION TO CONTROL YOUR BLOOD PRESSURE?

VOLUNTEER WITH



FLORIDA INTERNATIONAL UNIVERSITY

Participate in a research study about health and taking medications.

All information will remain confidential

Earn up to \$50

For more information or to register your interest go to https://go.fiu.edu/MAST

Contact Us Email: MastStudy@fiu.edu Call/Text: (786) 265 - 9825

HABLAMOS ESPANOL



March 2021 Page 3 Marbella Condominium

GET READY FOR TAX TIME

The first step to preparing your taxes is organization of your records. Use this list of commonly needed documents to help you with this year's tax return.

- W-2s
- 1099s
- Statements you've received from your employer or the government, both state and federal
- Interest earned statements
- Interest paid statements
- Notice of distribution from partnerships, estates, or trusts
- Records of unemployment insurance
- Records of Social Security benefits
- Social Security numbers for you, your spouse, and any dependents
- Receipts for deductible expenses, business, moving, including childcare, medical, and home office expenses
- Records of charitable contributions
- Your tax return booklet with label

Although this list is not comprehensive, it is a good start on your way to preparing for your tax preparation.







THE MOST ONLINE ATTENTION FOR YOUR PROPERTY. Call me today for a FREE, no cost obligation, comprehensive market analysis of your property.

One Dollar Emergency Dental Visit Including Necessary X-Rays
NEW PATIENTS ONLY.



Meet Your Neighborhood Dentist Dr. Edy A. Guerra

Over 20 years in Surfside, Bay / Bal Harbour

Two Locations to Better Serve You:

9456 Harding Avenue, Surfside, FL Phone (305)866-2626 Fax (305)866-2204 4011 W. Flagler St. Ste. 506, Coral Gables, FL Phone (305)643-1444 Fax (305)643-0447

PHYSICAL & OCCUPATIONAL THERAPY

Are You Suffering From Back Pain, Poor Balance, Weakness?



We offer Ultrasound, Massage, Balance & **Vestibular Therapy** Cardiac, Neurological and Senior Rehab Exclusive 1 on 1, In the Comfort of your Home **Protective Equipment Protocols**

THERAPY IN YOUR HOME Licensed Medicare Provider FL8318

Brian Caits @ 954-328-1505| bcaits@bellsouth.net

Page 4 Marbella Condominium March 2021



BROKER ASSOCIATE

9 305 318 2385

305.866.2423

305.866.2410

ERIC BROAD - REALTOR

@BESTOFMIAMIBEACH

M. KOTLER REALTY, INC.





We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the Miami Beach Experts, family owned for 30 years.

specializing in condo & apartment Interiors Jeff Diamond & Anthony Lasorsa 305-865-9005 www.diamondremodelers.com ieff@diamondremodelers.com



Painting & Services Unlimited Lic. CC94BS00437 • Lasora Enterprises, Inc CGC031497 Licensed & Insured General Contractor

Kitchen χ Bathroom Remodeling Satisfaction and Quality Guaranteed

REMODELING • INSTALLATIONS

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- · Custom Baseboards / Crown Moldings
- Granite / Marble / Mica Counter Tops
- All Types of Tiles & Marble Installed

"Your Experienced Handyman"

PAINTING & SERVICES UNLIMITED

- Painting, Condo, House, Apt. Roof Painting Full Service Contractors
- Popcorn Ceiling Removal
- Smooth Ceilings Framing, Drywall & Finishes
- Plumbing & Electrical Service
- Doors / Windows EST. 1980
- Mirror Installation
- Design & Management Services
- No Job Too Small
- Free Estimates
- Service & Quality at Reasonable Prices
- Commercial & Residential
- Habla Español

15%

anv remodeling iob!

Service

Valid With Coupon. Not To Be Combined With Other Offers Exp 4/30/2021

No warranty is given by the Marbella Condominium Association or implied as to the accuracy of any part of this Newsletter. No responsibility is accepted for negligence or to advise on any errors, omissions or changes in the matters covered by this newsletter.