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A Newsletter for the Residents of The Mar Del Plata Condominium

January 2019

Mar Del Plata
Condominium Assoc., Inc.
6423 Collins Avenue
Miami Beach, Florida 33141
<http://mardelplatamiamibeach.com>

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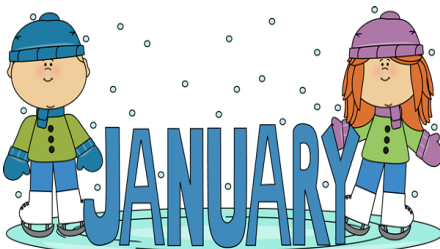
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Letter from the President

January 2019

Dear Neighbors,

As I come back from vacations and holidays it has taken me a while to get back into the routine. So here is a little update.



1. Now that the lobby is finished, Rafael is back on track installing the baseboards. He has finished through the 9th floor and should be starting on the 8th floor soon. Currently, it is taking him approximately 3 days to finish a floor, and there 7 floors left to finish. I expect the baseboards will be finished in February and then he will start going floor by floor to take care of the touch ups.
2. We have received notice from the contractor that the awning will be installed by the end of January,
3. The Board of Directors approved a plant service contract to provide live plants in the hallways and the lobby.

Entertainment and Welcoming Committee

While we work with the entertainment committee for the events of 2019, I have posted the new “preliminary” Calendar on the bulletin board and will be sending you the final calendar very shortly.

I was not here for the New Years’ Party, but I hear it was a lot of fun, as the pictures show.

Kindly review the bulletin boards regularly for additional information on these events.

My best wishes for an excellent 2019!

Leslie Cortina



Slow Cooker Chicken Taco Soup for Cold Winter Days

- 1 onion, chopped
- 1 (16 oz) can chili beans
- 1 (15 oz) can black beans
- 1 (15 oz) can corn, drained
- 1 (8 oz) can tomato sauce
- 1 (12 fluid oz) can or bottle beer
- 2 (10 oz) cans diced tomatoes with green chilies, undrained
- 1 (1.25 oz) package taco seasoning
- 3 skinless, boneless chicken breasts
- 1 (8 oz) package shredded Cheddar
- sour cream
- crushed tortilla chips

1. Place the onion, chili beans, black beans, corn, tomato sauce, beer, and diced tomatoes in a slow cooker. Add taco seasoning, and stir to blend. Lay chicken breasts on top of the mixture, pressing down slightly until just covered by the other ingredients. Set slow cooker for low heat, cover, and cook for 5 hours.
2. Remove chicken breasts from the soup, and allow to cool long enough to be handled. Stir the shredded chicken back into the soup, and continue cooking for 2 hours. Serve topped with shredded Cheddar cheese, a dollop of sour cream, and crushed tortilla chips, if desired.




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T'was the Month After Christmas

T'was the month after Christmas,
 and all through the house,
 nothing would fit me,
 not even a blouse;
 The cookies I'd nibbled,
 the eggnog I had to taste,
 at the holiday parties had
 gone to my waist;

When I got on the scales
 there arose such a number!
 When I walked to the store
 (less a walk than a lumber),
 I'd remember the marvelous meals
 I'd prepared,
 The gravies and sauces and
 beef nicely rared;

The wine and the rum balls;
 the bread and the cheese,
 and the way I'd never said,
 "No thank you, please."

As I dressed myself in my
 husband's old shirt,
 and prepared once again to do
 battle with dirt,
 I said to myself, as only I can,
 "You can't spend a winter
 disguised as a man!"

So, away with the last of the
 sour cream dip.
 Get rid of the fruit cake,
 every cracker and chip.

Every last bit of food that I like
 must be banished,
 'til all the additional ounces
 have vanished.

I won't have a cookie--
 not even a lick.
 I'll want only to chew on
 a long celery stick.
 I won't have hot biscuits,
 or corn bread, or pie,
 I'll munch on a carrot
 and quietly cry.

I'm hungry, I'm lonesome,
 and life is a bore,
 But isn't that what January is for?
 Unable to giggle, no longer a riot.
 Happy New Year to all
 and to all a good diet!

Author Unknown





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