

# Lake Point Tower

Monthly Newsletter

Volume 9 Issue 9

A Monthly Newsletter for the Residents of Lake Point Tower Condominium

March 2019

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MVP Property Management		
	844-696-8722	

## OFFICE HOURS Mondat-Friday... 9:00am - 5:00pm



# **Lake Point Tower**

Condominium Association, Inc. 100 Golden Isles Drive Hallandale Beach, FL 33009



# **Myths and Facts About Colorectal Cancer**

March is National Colorectal Cancer Awareness Month. For many people, the discussion of this type of cancer is shrouded in embarrassment and misunderstandings. This can lead to a reduction in testing and treatment. Here are some myths and realities about this cancer. Knowing them could save your life or the life of your loved ones.

# Myth: Colon and rectal cancers are rare. These types of cancer are actually quite common. In 2005, almost 150,000 Americans were diagnosed with colorectal cancer.

Myth: Colorectal cancer is usually fatal. When detected early, colorectal cancer is usually curable. That is why routine screening is so important. If colon cancer is found early and treated, the 5-year



survival rate is 90 percent. Starting at age 50, men and women of average risk should be screened regularly. High risk groups, including those with a personal or family history of the disease and African Americans, should begin screening at age 45 or sooner if their doctor suggests it.

## Myth: Most of those who get colorectal cancer are older, white men.

In fact, an equal number of men and women get colorectal cancer. African Americans are more likely to be diagnosed with colorectal cancer at a later stage in the disease and are often younger when diagnosed.

## Myth: You only need screening once you see symptoms.

As with many types of cancer, the disease may be more advanced once symptoms are presented. About 75 percent of all new cases of this type of cancer occur in individuals with no known risk factors and no presentation of symptoms.

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International Women's Day, an international holiday, has been set aside to recognize the achievements and successes of women the world over. March 8<sup>th</sup> marks one of the first organized actions by working women anywhere in the world. On this day in 1857, hundreds of women garment and textile workers went on strike in New York City protesting against low wages, long working hours, and inhumane working conditions. The event ended in violent struggles with police.

"Our lives shall not be sweated from birth until life closes,

For our hearts starve as well as bodies
Give us bread, but give us roses."

(The anthem of striking mill workers in Lawrence,
Massachusetts, 1912.)



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# **Get Ready for TAX TIME**

The first step to preparing your taxes is organization of your records. Use this list of commonly needed documents to help you with this year's tax return.

- □ W-2s
- □ 1099s
- Statements you've received from your employer or the government, both state and federal Interest earned statements Interest paid statements
- ☐ Notice of distribution from partnerships, estates, or trusts
- □ Records of unemployment insurance
- Records of Social Security benefits
- ☐ Social Security numbers for you, your spouse, and any dependents
- Receipts for deductible expenses, including business, moving, childcare, medical, and home office expenses
- Records of charitable contributions
- ☐ Your tax return booklet with label

Although this list not comprehensive, it is a good start on your way to preparing for your tax preparation.



# **GOT PROPERTY DAMAGE? GET HELP NOW!**

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# **RE-OPEN OLD & DENIED CLAIMS**

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Damage

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