



10350 West Bay Harbor Drive Bay Harbor Islands, FL 33154

### **BOARD OF DIRECTORS**

President	Andrew McDermott
Treasurer	Terry Thomas
Secretary	Edward Kazanjian

### **PROPERTY STAFF**

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Admin. Asst	Lisa Levy
Chief Engineer	Jose Ugarte

### **IMPORTANT NUMBERS**

Main	305-864-9153
Alt. Front Desk	786-506-0943
Fax	305-866-2675
Office	305-864-8296

### **EMAIL:**

islandpointemgr@apmanagement.net

### **OFFICE HOURS**

Mon. - Fri...... 8:00 AM - 4:30 PM



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Here's to a brand new year of good health, good fortune, and good times. Thanks for bringing in the New Year with us here at Island Pointe. We feel fortunate to have you all as our residents.

# **Elections**

Elections were held on Thursday, December 20th and the following candidates were voted to the Board of Directors for 2019:

Andrew McDermott, President Terry Thomas, Treasurer Edward Kazanjian, Secretary



# **Christmas Tree Removal**

We are happy to assist with the removal of Christmas trees. Trees will only be picked up by the town of Bay Harbor Islands on Thursdays during bulk pick-up. Please contact the office at (305-864-8296) or the front desk (305-864-9153) to arrange pick-up from your unit.

# Honoring Martin Luther King, Jr.

Since the age of 17, Martin Luther King was a Baptist minister dedicated his entire adult life to fighting racism and segregation in the United States. Influenced by Gandhi's example of nonviolent persuasion, he organized peaceful boycotts and demonstrations, including the Montgomery Bus Boycott in 1955. In 1963, King headed a massive civil rights campaign in Birmingham, Alabama. This crusade was



followed by major drives for voter registration, desegregation, and better housing and education in the South. Honoring his hard work and fortitude in the civil rights movement, King was awarded the Nobel Peace Prize in 1964. On April 4, 1968 he was assassinated in Memphis, Tennessee. Since 1986 the third Monday in January has been designated a legal holiday to honor this man of peace.

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# Slow Cooker Chicken Taco Soup for Cold Winter Days

### **Ingredients**

- 1 onion, chopped
- 1 (16 oz) can chili beans
- 1 (15 oz) can black beans
- 1 (15 oz) can corn, drained
- 1 (8 oz) can tomato sauce
- 1 (12 fluid oz) can or bottle beer
- 2 (10 oz) cans diced tomatoes with green chilies, undrained
- 1 (1.25 oz) package taco seasoning
- 3 skinless, boneless chicken breasts
- 1 (8 oz) package shredded Cheddar
- sour cream
- · crushed tortilla chips

### **Directions**

- 1. Place the onion, chili beans, black beans, corn, tomato sauce, beer, and diced tomatoes in a slow cooker. Add taco seasoning, and stir to blend. Lay chicken breasts on top of the mixture, pressing down slightly until just covered by the other ingredients. Set slow cooker for low heat, cover, and cook for 5 hours.
- 2. Remove chicken breasts from the soup, and allow to cool long enough to be handled. Stir the

shredded chicken back into the soup, and continue cooking for 2 hours. Serve topped with shredded Cheddar cheese, a dollop of sour cream, and crushed tortilla chips, if desired.



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# Glaucoma **Awareness Month**

Did you know that you could be going blind and not even know it? January is Glaucoma Awareness Month, a time to remind the public about the dangers of this disease. Glaucoma is the leading cause of blindness in all adults over the age of 60. In the African-American population, people over 40 are up to five times more likely to get glaucoma.

Glaucoma can't be cured, but if caught early, treatment options can reduce the risk of blindness. If you are over 60, or if you are African-American and over the age of 40, or you have a family history of glaucoma, talk to your doctor. You should have an eye exam every two years. It is painless, easy, and it could save your sight.







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Active	8H	4/3	2,285	\$699,000	
Active	9H	2/2	1,335	\$440,000	
Active	7N	1/1	950	\$250,000	

Active & Sold Listing data was accessed through the MLS and information is deemed accurate, but not guaranteed.

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