

HARBOUR CLUB

Villas

Monthly Newsletter

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A Newsletter for the Residents of the Harbour Club Villas Association

April 2019

HARBOUR CLUB VILLAS



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Earth Day Fun Facts

Earth day April 22, 2019

- On April 22, 1970, the first Earth Day was celebrated.
- Today Earth Day is the largest secular observance day in the world, celebrated by more than 1 billion people every year.
- 2020 marks the 50th anniversary of Earth Day.
- Over 193 countries around the world celebrate Earth Day.
- Earth Day was founded by Gaylord Nelson, he was a US Senator at that time.
- The first major international conference on environmental issues was held in 1972 in Sweden and UN sponsored it.
- The ringing of the Peace bell given by Japan is one of the highlighting moments on the annual Earth Day ceremony in UN. The bell is made from coins given by school children to further peace on Earth.
- Earth Day led to the creation of the Environmental Protection Agency (EPA).
- The shade and wind buffering provided by trees reduces annual heating and cooling cost by 2.1 billion dollars.
- The UN officially renamed Earth Day as the International Mother Earth Day in 2009.
- In 2000, Internet was for the first time used as a principle-organizing tool to celebrate Earth Day.
- Earth Day Network works towards increasing awareness about recycling, planting trees and fighting against global warming & climate change.
- Earth Day Flag is also known as Ecology Flag.
- 10,000 Earth Day events are hosted around the world by Earth Day Network members.
- 2,000 colleges and 10,000 primary and secondary schools participated in the first Earth Day event.
- 1 in every 4 mammals is at the risk of extinction.
- Earth Day led to the passage of Clean Air Act, the water Quality Improvement Act, and the Endangered Species Act.
- 15% of all greenhouse gas emissions are resulted from deforestation.
- 100 endangered species of orchids are planted and maintained in Panama, to prevent their extinction in honor of Earth Day.

EARTH DAY



APRIL 22

Five Common Car Insurance Mistakes

Buying vehicle insurance is a necessary that can turn into a dreaded chore. It can take time to shop around to find the coverage and price that is right for you. If you have purchased a new car or want to change insurance companies for a better deal, remember to avoid these common mistakes.



1. While it may be convenient and save some time, don't go with the first company you contact. Plan on spending some time calling several carriers to find the best deal.
2. If you are in the market for a new car, do your homework ahead of time. The car of your dreams may be in your budget, but the insurance may not. Find out what it will cost to insure your car before you go car shopping.
3. Once you've settled on a carrier and policy, be sure to take the time to review and read the policy before you sign it. It may seem easier to just trust your agent has gone over all the important points, but it could cost you in the long run if you don't end up having the coverage you expected.
4. In order to save money, you may be tempted to negotiate a policy with lower limits, but this could leave you vulnerable in the event of a catastrophic accident. Everything of value you own--your car, home, and savings--could be at risk if you don't have adequate coverage. Be sure to have the right limits in place for your financial situation.
5. Finally, don't forget to get all the discounts available to you. Depending on your regional market, you may be able to get discounts for having a homeowner's policy with the same carrier, having anti-theft devices installed, insuring multiple vehicles with your carrier, and even having a teen driver with good grades. It never hurts to ask for all available discounts and could end up saving you big bucks.

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Tasty and Easy Springtime Recipe: Penne with Chicken and Asparagus

- 1 (16 oz) package dried penne
- 5 tablespoons olive oil, divided
- 2 skinless, boneless chicken breast halves - cut into cubes
- salt and pepper to taste
- garlic powder to taste
- 1/2 cup low-sodium chicken broth
- 1 bunch asparagus spears, trimmed, cut on diagonal into 1-inch pieces
- 1 clove garlic, thinly sliced
- 1/4 cup Parmesan cheese

1. Bring a large pot of lightly salted water to boil. Add pasta, and cook until al dente, about 8 to 10 minutes. Drain, and set aside.
2. Warm 3 tablespoons olive oil in a large skillet over medium-high heat. Stir in chicken, and season with salt, pepper, and garlic powder. Cook until chicken is cooked through and browned, about 5 minutes. Remove chicken to paper towels.
3. Pour chicken broth into the skillet. Then stir in asparagus, garlic, and a pinch more garlic powder, salt, and pepper. Cover, and steam until the asparagus is just tender, about 5 to 10 minutes. Return chicken to the skillet, and warm through.
4. Stir chicken mixture into pasta, and mix well. Let sit about 5 minutes. Drizzle with 2 tablespoons olive oil, stir again, then sprinkle with Parmesan cheese.

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Matzo Ball Soup

Ingredients

- 2 (10 ounce) packages matzo crackers
- 1/2 cup butter
- 6 eggs
- salt and pepper to taste
- 3 tablespoons minced fresh parsley
- 2 onions, minced
- 5 ounces matzo meal
- 96 ounces chicken broth

Directions

1. Bring a large pot of lightly salted water to a boil.
2. Break matzo crackers into small pieces, and place in a large bowl. Add water to cover; allow to soak for a few minutes, until soft. Drain off excess water.
3. Melt butter in a large skillet over medium heat and stir in drained matzos; stir until mixture is dry and slightly brown. Remove from heat, and mix in eggs, salt and pepper to taste, parsley, and onions.

4. Mix in just enough matzo meal to make mixture hold together. Roll one golf ball-size matzo ball. Place matzo ball in the boiling water to test the mixture. The ball must rise to the top of the water and not break apart. If it does not rise, then too much matzo meal was added. In this case, add another beaten egg to the mixture and try again. When desired consistency is reached, roll all of mixture into golf ball size spheres.



5. In a large saucepan, bring chicken broth to a slow boil over medium heat; add balls to broth. Serve soup as the balls rise to the top of the broth.

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