

# CENTRO

A Newsletter for the Residents of the Centro Downtown Condominium Association, Inc.

Volume 2 Issue 3

March 2019

### CENTRO DOWNTOWN

Condominium Association, Inc. 151 SE 1st Street Miami, Florida 33131



### **PROPERTY STAFF**

**Manager** ....... Gisbell Lores manager@centrocondominium.com

**Admin. Asst.** ... Daniel Orozco admin@centrocondominium.com

### Front Desk.. Lauren Gutierrez

Front Desk is available to residents 24hrs frontdesk@centrocondominium.com Receiving Department is available for package pick up from 9am until 6pm receiving@centrocondominium.com.

### **ASSOCIATION OFFICERS**

**President**...... Shai Ben-Ami **Vice Pres.** ...Harvey Hernandez **Secretary**...... Mandi Miranda

### **IMPORTANT NUMBERS**

### **OFFICE HOURS**

Mon - Fri.. 9:00 am - 5:00 pm

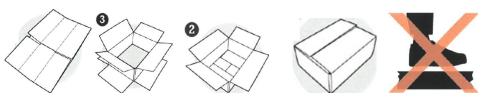




### **Trash Notice**

Just a friendly reminder:

- NO empty card board boxes are to be left inside the trash chute room.
- NO card board boxes are permitted down the trash chute.
- All card board boxes must be broken down before placing them into the recycling bin (*located in the loading dock*).



- NO TOXIC OR COMBUSTIBLE MATERIAL are permitted down the trash chute.
- NO AUTO BATTERIES, OIL OR PETROLEUM are permitted down the trash chute.
- NO FURNITURE OR LARGE APPLIANCES are permitted down the trash chute.
- NO GLASS BOTTLES are permitted down the trash chute.
- NO WOOD is permitted down the trash chute.
- ALL trash must be securely bagged prior to disposing down the trash chute.

### "Please help us keep the trash chute rooms clean and litter free"

These rules are designed to make living for all Residents, pleasant and comfortable.

I thank you for your attention and cooperation.

Your Management Team

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### **Spring Recipes**

Cooking seasonally is a great way to get quality produce at its very best and making dishes that truly complement those flavors. Springtime vegetables and fruits are featured in these great recipes.

### **Asparagus Quiche**

1 frozen 9-inch pie crust, unbaked 1/2 pound asparagus

1/2 cup shredded Swiss cheese 6 eggs

1/2 cup sour cream

1 cup milk

1 tablespoon dried onion flakes

1/2 teaspoon salt

1/2 teaspoon pepper

Bake pie crust in a 450 degree F oven for 10-12 minutes or until pastry is set and dry. Remove the woody ends of the asparagus. Cut the remaining asparagus into 1-inch sections and cook in boiling water for about 5 minutes. Drain and arrange asparagus in bottom of baked pastry shell. Sprinkle with the shredded Swiss cheese. In a mixing bowl, beat the eggs and blend in sour cream, milk, onion, salt, and pepper. Pour into pastry shell. Bake in a 375 degree oven for 35 to 40 minutes or until a knife inserted near the center comes out clean. Let stand for 10 minutes before cutting.

### **Strawberry and Spinach Salad**

1 pint sliced strawberries

2 bunches fresh spinach leaves, washed and torn into small pieces

1/2 cup sugar

1-1/2 tablespoons minced green onion

1/2 teaspoon paprika

1/2 cup olive oil

1/2 cup balsamic or cider vinegar

2 tablespoons sesame seeds

In a large bowl, place strawberries and spinach leaves. In a separate bowl, combine remaining ingredients and whisk until well blended. Pour dressing over spinach and strawberries and toss.



# **GAMBLING PROBLEM?** DMIT-IT

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Help and hope are available. Talk to a specialist 24/7/365, and get connected to free treatment and other resources. Call Florida's Problem Gambling HelpLine at 888-ADMIT-IT (236-4848), text to 321-978-0555, chat on gamblinghelp.org, or message us on Facebook or Twitter.



gamblinghelp.org



# **GOT PROPERTY DAMAGE? GET HELP NOW!**

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# **RE-OPEN OLD & DENIED CLAIMS**

FREE CLAIM INSPECTION

IS YOUR ROOF LEAKING?

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DOES YOUR DRAIN LINE NEED TO BE REPLACED?

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Loss of

Income

Damage





Mold Hurricane Damage Damage

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# Please Pick up After Your Pet

Centro Downtown Condominium is a "pet friendly" community and we want to remind all of our pet owners of the following:

- All pet owners must enter and exit the property through the west gate ONLY; no dog unless carried are allowed to travel through the lobby of the Association.
- When walking your dog in our common areas remember that your pet should be leashed at **all times** (leash should not to exceed six (6) feet in length)
- Pick up and dispose your dog waste immediately. Animal waste can be smelly and unpleasant but it can be hazardous to the health of humans who come into contact with dog waste (can cause salmonellosis, and toxocariasis, which may cause abdominal cramps, fever, coughing or wheezing, hives and possibly permanent vision damage). Animal waste can also attract mice and parasites that can get into your house or harm your pets and other animals.

The Association supplies bags and waste containers, which makes it very easy to be a good neighbor and clean up after your pet.

By taking a few simple steps to clean up after your pet, you can contribute not only to the beautification of our community, but also towards the elimination of one of the most irritating nuisances in our community.

Your cooperation is greatly appreciated.



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After a century of moving Floridians, we have learned everything there is to know about the industry - and we've used that knowledge to distinguish ourselves from competitors and serve customers better.

### Here are 5 ways Suddath provides the best service Miami has to offer:

1. America's #1 Mover. Suddath has offices in Miami, Ft. Lauderdale, Tampa, Melbourne, Orlando and headquartered in Jacksonville. We are the largest agent in the United Van Lines family, which allows us to provide you with consistent, high-quality services at origin and destination.

2. Highest Caliber Crews and Drivers. Drivers are the unsung heroes of the moving industry and have a big impact on the ease of your move. That's why we only hire the best, award-winning, tenured and fully-background checked crews.

3. Safety Record. Suddath is a safety-first organization. We take pride in our ability to consistently maintain some of the highest safety ratings in our industry.

**4.Range of Services.** Suddath offers a multitude of solutions to fit any budget or lifestyle. From packing and storage to convenience services and destination information, we have you covered.

5. Competitive Rates. With all of the above, and so much more. Suddath still provides the best value at competitive rates. Let us prove it to you!

Google ★ ★ ★ ★ ★ 4.9 out of 5 stars from 51 reviews







George Camacho 305.910.2079 George.Camacho@suddath.com



We are fully licensed & insured 15 years of construction experience in South Florida.

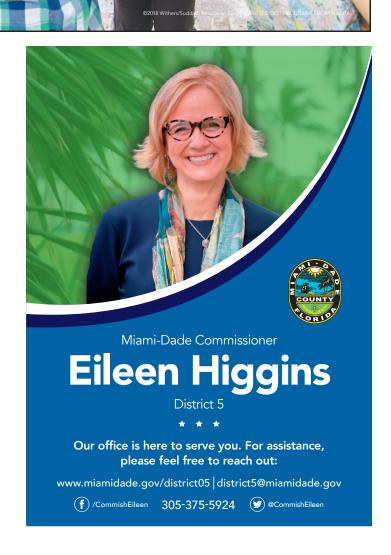
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### **FREE ESTIMATES**

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