



BRICKELL Bay Tower

Monthly Newsletter

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Brickell Bay Tower
Condominium Association, Inc.
1408 Brickell Bay Drive
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Sat. – Sun:..... 9:00 AM – 6:00 PM

POOL HOURS: . 9:00 AM – 9:00 PM

GYM HOURS: 7:00 AM – 10:00 PM

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GET AN INSURANCE CHECKUP

Just as your body needs a checkup once a year, you should consider giving your insurance the once over occasionally as well. People’s lives can change very rapidly. But one thing many of us forget is to adjust our insurance coverage along with these changes. If it has been several years since you’ve sat down and reviewed your insurance coverage, now is the perfect time.



Start with your life insurance. If the number of dependents you have has increased due to a new birth or a marriage, you will need to consider both the amount of life insurance you have, and who is named as beneficiary. If your children have grown, you may find that you no longer need the same type of insurance that you had before. If you are approaching retirement or are already retired, consider sitting down with an insurance professional to determine whether you have the right coverage for you—you may find that the type of insurance you have is no longer necessary.

Next, take a look at your auto insurance. You probably obtained collision insurance when you bought your new car. It makes sense to carry this type of insurance on newer models of cars. But as your car ages, this type of insurance may no longer be necessary. The value of a car decreases as time goes by. To gauge whether this type of insurance makes sense, compare the value of the car, and the cost of repairing it, to the cost of the collision insurance premiums. The most cost effective solution may be to assume the risk of repairing your car yourself.

While evaluating your renter’s or homeowner’s insurance, be sure to consider whether you have added any items of monetary significance to your home in the past few years. If you have purchased expensive jewelry, furs, or other big-ticket items, you may need to add some insurance coverage for these items.

Make it a habit to review your insurance coverage whenever a policy comes up for renewal. You will save yourself from being underinsured in certain situations and will save money by eliminating unnecessary coverage in others.

Getting the Best Mileage



The way you drive your vehicle can have a big impact on your fuel economy. Although the type of car you drive is the most important factor in fuel economy, the way you drive is significant as well. Keep these tips in mind next time you get behind the wheel to increase your fuel economy.

Warm Up Your Engine: Engines run more efficiently when warmed up. You don't need to let your car idle in the driveway to warm up. Simply start driving slowly and avoid making separate short trips with a cold engine. It is better to group your trips to allow your engine to warm up completely, and stay warm, as you drive.

Drive Smoothly: Hard acceleration and braking can reduce fuel efficiency by up to 2 to 3 mpg. The harder you accelerate the more fuel you will use. Hard braking causes you to waste the additional fuel you need to get up to speed. Try to anticipate the traffic ahead to allow for smooth accelerations and braking. This will not only save you in fuel, but in the wear and tear on your engine, transmission, brakes, and tires.

Eliminate Unnecessary Drag: Carrying items on the top of your vehicle can cut your fuel efficiency by up to 6 mpg. Even empty racks for bicycles or ski equipment can cause excess drag. Remove these racks if you are not using them.

Slow Down: The faster you drive, the more fuel you will use, as aerodynamic drag increases exponentially the faster you drive. Driving within the speed limit is not only safer, but it will save you fuel costs in the long run



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SHRIMP SCAMPI

Try this delicious meal to serve to your loved ones in February!

INGREDIENTS

- 1 (8 oz) package angel hair pasta
- 1/2 cup butter
- 4 cloves minced garlic
- 1 pound shrimp, peeled & deveined
- 1 cup dry white wine
- 1/4 teaspoon ground black pepper
- 3/4 cup grated Parmesan cheese
- 1 tablespoon chopped fresh parsley



DIRECTIONS

1. Bring a large pot of salted water to a boil. Stir in pasta and return pot to boil. Cook until al dente. Drain well.
2. Melt butter in a large saucepan over medium heat. Stir in garlic and shrimp. Cook, stirring constantly, for 3 to 5 minutes.
3. Stir in wine and pepper. Bring to a boil and cook for 30 seconds while stirring constantly.
4. Mix shrimp with drained pasta in a serving bowl. Sprinkle with cheese and parsley. Serve immediately.



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