



BAY PARK Towers

A Newsletter for the Residents of the Bay Park Towers Condominium Association, Inc.

Volume 2 Issue 11

April 2019

BAY PARK TOWERS Condominium Association, Inc.

3301 NE 5th Avenue
Miami, FL 33137

PROPERTY STAFF

Manager Maria Veizaga
bayparkmanager@akam.com

ASSOCIATION OFFICERS

President..... Enza Guida
Vice President Danilo Mesa
Secretary..... Reza Eshghi
Treasurer..... Sally Lamb
Director Charlie Lebess

IMPORTANT NUMBERS

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Valet..... 305-573-3607
Security..... 305-573-3099

OFFICE HOURS

Mon - Fri..... 8:00AM - 5:00PM



Published monthly at no cost for Bay Park Towers Condominium by Coastal Group Publications, Inc. Contact CGP at (305) 981-3503 or info@cgpnewsletters.com to advertise in one of our newsletters or to get a free newsletter for your property.

Message from your Board of Directors

Our Office Administrator, Gigi Casseus, is going on maternity leave. We are happy for this wonderful event, but sad for us because we will miss Gigi! We look forward to having her back with us later in the year and wish her all the best!

The bicycle rack is being moved to make it more easily accessible. We ask that anyone with a bike currently on the rack please let the office know which one is yours, no later than May 15. All unclaimed bicycles will be removed!

Manager's Corner

REMINDER: We want to remind our residents that ALL GUESTS coming in to the property will be asked to present identification. If they refuse, they will not be allowed entry into the property. This includes guests on your permanent guest list. Please understand that just giving a name is not enough to gain entry. You may know your permanent guests, but our security guards do not. Security will not need to call you upon the arrival of guests on your permanent list, but they will still need to show identification.



Also, any resident coming through the guest lane or entering on foot can be asked to show identification to security. Please do not assume that the security guard knows you. It is not their job to remember all of our faces, but it is their job to make sure that ANYONE coming through the front gate is supposed to be here. This includes all of us and all of our guests, employees, vendors, delivery people, EVERYONE. Please understand that this is for our protection. We ask that everyone please show ID when asked instead of arguing with the security guard. They are doing exactly what they have been instructed to do.

Community Corner

Summer is coming and we will be using the pool and the barbecue area more often. Please remember that the pool hours are 8 a.m. until 11 p.m. Please no glass bottles or containers in the pool area. Please make sure to clean up the barbecue area after your cookout. Pets are not allowed in the pool area.

We have been asked to remind all residents that the laundry room hours are from 8:00 a.m. until 11:00 p.m.

Tasty and Easy Springtime Recipe: Penne with Chicken and Asparagus

- 1 (16 oz) package dried penne
- 5 tablespoons olive oil, divided
- 2 skinless, boneless chicken breast halves - cut into cubes
- salt and pepper to taste
- garlic powder to taste
- 1/2 cup low-sodium chicken broth
- 1 bunch asparagus spears, trimmed, cut on diagonal into 1-inch pieces
- 1 clove garlic, thinly sliced
- 1/4 cup Parmesan cheese

1. Bring a large pot of lightly salted water to boil. Add pasta, and cook until al dente, about 8 to 10 minutes. Drain, and set aside.
2. Warm 3 tablespoons olive oil in a large skillet over medium-high heat. Stir in chicken, and season with salt, pepper, and garlic powder. Cook until chicken is cooked through and browned, about 5 minutes. Remove chicken to paper towels.
3. Pour chicken broth into the skillet. Then stir in asparagus, garlic, and a pinch more garlic powder, salt, and pepper. Cover, and steam until the asparagus is just tender, about 5 to 10 minutes. Return chicken to the skillet, and warm through.
4. Stir chicken mixture into pasta, and mix well. Let sit about 5 minutes. Drizzle with 2 tablespoons olive oil, stir again, then sprinkle with Parmesan cheese.



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Earth Day fun facts

Earth day April 22, 2019

- On April 22, 1970, the first Earth Day was celebrated.
- Today Earth Day is the largest secular observance day in the world, celebrated by more than 1 billion people every year.
- 2020 marks the 50th anniversary of Earth Day.
- Over 193 countries around the world celebrate Earth Day.
- Earth Day was founded by Gaylord Nelson, he was a US Senator at that time.
- The first major international conference on environmental issues was held in 1972 in Sweden and UN sponsored it.
- The ringing of the Peace bell given by Japan is one of the highlighting moments on the annual Earth Day ceremony in UN. The bell is made from coins given by school children to further peace on Earth.
- Earth Day led to the creation of the Environmental Protection Agency (EPA).
- The shade and wind buffering provided by trees reduces annual heating and cooling cost by 2.1 billion dollars.
- The UN officially renamed Earth Day as the International Mother Earth Day in 2009.
- In 2000, Internet was for the first time used as a principle-organizing tool to celebrate Earth Day.
- Earth Day Network works towards increasing the awareness about recycling, planting trees and fighting against global warming and climate change.
- Earth Day Flag is also known as Ecology Flag.
- 10,000 Earth Day events are hosted around the world by Earth Day Network members.
- 2,000 colleges and 10,000 primary and secondary schools participated in the first Earth Day event.
- 1 in every 4 mammals is at the risk of extinction.
- Earth Day led to the passage of Clean Air Act, the water Quality Improvement Act, and the Endangered Species Act.
- 15% of all greenhouse gas emissions are resulted from deforestation.
- 100 endangered species of orchids are planted and maintained in Panama, to prevent their extinction in honor of Earth Day.



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Excellent References
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Matzo Ball Soup

Ingredients

- 2 (10 ounce) packages matzo crackers
- 1/2 cup butter
- 6 eggs
- salt and pepper to taste
- 3 tablespoons minced fresh parsley
- 2 onions, minced
- 5 ounces matzo meal
- 96 ounces chicken broth

Directions

1. Bring a large pot of lightly salted water to a boil.
2. Break matzo crackers into small pieces, and place in a large bowl. Add water to cover; allow to soak for a few minutes, until soft. Drain off excess water.
3. Melt butter in a large skillet over medium heat and stir in drained matzos; stir until mixture is dry and slightly brown. Remove from heat, and mix in eggs, salt and pepper to taste, parsley, and onions.

4. Mix in just enough matzo meal to make mixture hold together. Roll one golf ball-size matzo ball. Place matzo ball in the boiling water to test the mixture. The ball must rise to the top of the water and not break apart. If it does not rise, then too much matzo meal was added. In this case, add another beaten egg to the mixture and try again. When desired consistency is reached, roll all of mixture into golf ball size spheres.



5. In a large saucepan, bring chicken broth to a slow boil over medium heat; add balls to broth. Serve soup as the balls rise to the top of the broth.

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