



360 CONDO NEWSLETTER

Volume 5 Issue 12

A Monthly Newsletter for the Residents of the 360 Condominium Association

March 2019



Condominium Association, Inc.
7900 Harbor Island Drive
North Bay Village, FL 33141

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Myths and Facts About Colorectal Cancer

March is National Colorectal Cancer Awareness Month. For many people, the discussion of this type of cancer is shrouded in embarrassment and misunderstandings. This can lead to a reduction in testing and treatment. Here are some myths and realities about this cancer. Knowing them could save your life or the life of your loved ones.

Myth: Colon and rectal cancers are rare.

These types of cancer are actually quite common. In 2005, almost 150,000 Americans were diagnosed with colorectal cancer.

Myth: Colorectal cancer is usually fatal.

When detected early, colorectal cancer is usually curable. That is why routine screening is so important. If colon cancer is found early and treated, the 5-year survival rate is 90 percent. Starting at age 50, men and women of average risk should be screened regularly. High risk groups, including those with a personal or family history of the disease and African Americans, should begin screening at age 45 or sooner if their doctor suggests it.

Myth: Most of those who get colorectal cancer are older, white men.

In fact, an equal number of men and women get colorectal cancer. African Americans are more likely to be diagnosed with colorectal cancer at a later stage in the disease and are often younger when diagnosed.

Myth: You only need screening once you see symptoms.

As with many types of cancer, the disease may be more advanced once symptoms are presented. About 75 percent of all new cases of this type of cancer occur in individuals with no known risk factors and no presentation of symptoms.



St. Patty's Day Recipes for Kids

This St. Patrick's Day celebrate with some of these fun, and very green, treats!

Leprechaun Punch

- 1/2 gallon lime sherbet
- 2 liter bottle of lemon-lime soda

Let the sherbet soften somewhat. Scoop the sherbet into a large punch bowl and slowly add the soda. Serve immediately.

St. Patrick's Day Green Punch

- 2 cups sugar
- 2 pkgs. Kool-Aid (any green flavor)
- 2 cups water
- 1 6-oz. can frozen orange juice
- 1 pt. pineapple juice
- 1 qt. pineapple sherbet
- 2 liter bottle of ginger ale

Mix sugar, Kool-Aid and water in a saucepan. Place over low heat and stir until the sugar is dissolved. Add the juices and additional water and ice to make one gallon. Scoop the sherbet into a large punch bowl. Add the juice mixture and the ginger ale.

Irish Fluff

- 1 12-oz. container of cottage cheese
- 1 container of Cool Whip
- 1 large can crushed pineapple, drained
- 1 small box Lime Jell-O

Mix all ingredients together and chill well.



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Please call to discuss the possible sale or lease of your property! Inventory is needed!

Esquire House, 4720 Pinetree Dr. Unit 24 2/2, updated unit, heated pool. \$2100/month. **JUST LISTED!**

360 Condo, 7900 Harbor Island Dr. Unit 907 1/1/1, new A/C, bay views. Offered at \$295,000. **JUST LISTED!**

Shorecrest/Davis Harbor, 950 NE 88th St. 3/2, open layout. Offered at \$525,000. **JUST LISTED!**

Island Pointe, 10350 W Bay Harbor Dr. Unit 9LM 3/2/1, grand Master suite, 2 balconies, 2 parking & storage. Offered at \$564,000. **A MUST SEE!**

7720 Hawthorne Ave, Miami Beach 3/2 MiMo, updated, 2386SF, WF canal home w/ no bridges to bay. Offered at \$1,070,000. **REDUCED AGAIN!**

Biscayne Point, 7975 Biscayne Point Cir. 3/2 \$6950/month. **UNDER CONTRACT!**

Biscayne Park, 11193 NE 8th Ct. 3/3, pool home on over half acre lot. Offered at \$689,000. **JUST SOLD!**

Island Pointe, 10350 W Bay Harbor Dr. Unit 10J 1/1+Den, Offered at \$275,000. **SOLD!**

Vilasol Lofts, 7744 Collins Unit 19 Miami Beach 2/2, 2-story loft offered at \$519,900! **SOLD!**

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Children of 360



360 is a large community and is geared towards family living. Every day brings a new challenge in keeping our families and community safe. In an effort to continue such we need the parents to help instruct our children on the 360 rules.

Parents, please help us enforce these key points:

- No running or playing within the hallways or common areas including the garages. These areas are designed for means of entry/egress only.
- Landscaping is not to be used for playing hide and seek.

- If your child walks a family pet please ensure they walk the pet on a leash at all times and that they pick up after the pet. The child should not walk a pet if they can not fully control the pet. Situations can occur that would require the child to forcefully hold back a pet and therefore it is imperative that control is maintained.
- No child is to use any of the amenities by themselves. An adult must be present and vigilant of the child to ensure safety and respect is given to all residents sharing the amenity. Each amenity differs depending on age so please respect each amenity according to its separate rules which are posted within each amenity location.
- Trash: When disposing of trash please ensure that the bag is not leaking fluids as this will stain the carpets. Bags need to be placed properly down the chute and not thrown into the trash chute room.
- Pool: When changing infants please utilize the changing table in the restrooms located within the pool deck area. "Swim diapers" should be used for infants not the normal diaper.



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