

Volume 19 Issue 3

# Monthly Newsletter

September 2020

## **PARKVIEW POINT**

7441 Wayne Avenue Miami Beach, FL 33141

#### **OFFICE HOURS**

Mon Thus.	9:00 AM-5:00	РΜ
Friday	8:00 AM-4:00	PΜ
Lunch	1:30-2:30	PΜ
Sat Sun	Clos	sed

## **IMPORTANT #'S:**

Security	. 305-865-1616
<b>Building Office</b>	. 305-865-0429
Valet	. 305-865-3317
Website www.p	arkviewpoint.com
E-mail info@pa	arkviewpoint.com

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Director	Carmen Santana
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## **NEWS**

Once again we must be very thankful to the City of Miami Beach, which through South Florida Seniors in Action, has been donating the residents of Parkview Point with food.

We also thank the Girls Scouts as since the beginning of the pandemic started they managed to donate food and now continuously provide the residents with bread from Publix.

# REMINDERS

Lately there have been several vehicles found in our parking lot without decal or temporary pass. We must remind our residents that you are not allowed to open the parking lot gate to your visitors. If visitors want to park in our building they must pay for valet. Vehicles without decal or temporary pass will get a warning sticker and if we know who opened the gate, the third time the visitor's vehicle will be towed away.

MASKS MUST BE WORN AT ALL TIMES IN LOBBY, ELEVATORS, AND HALLWAYS. TAKE THEM OFF ONLY WHEN YOU ARE INSIDE YOUR HOUSE OR AWAY FROM PARKVIEW POINT.

Unit doors must be kept closed at all times.

Remember to always smash boxes before leaving them on the shelf in the trash rooms. Don't throw boxes down the chute. We need everyone to cooperate and make our building the best place to live. While most of the residents comply and dispose of their trash correctly, unfortunately, we have some that just don't cooperate and by not doing things correctly contribute to the proliferation of bugs and also bad odors in some floors. Below some examples of what our staff has to deal with:







# THE JEWISH HIGH HOLY DAYS

Rosh Hashanah and Yom Kippur are the most important of all Jewish Holidays and the only holidays that are purely religious, they are not tied to historical or natural events. They are observed in the fall season of the western calendar and the seventh month of the Jewish calendar - Tishri. Rosh Hashanah begins a 10-day period, known as the High Holy Days or Yamim Nora'im, a time of penitence and prayer that ends with Yom Kippur. Jews worldwide are given these 10 days to repent for their sins and ask God for forgiveness. "May you be inscribed in the Book of Life" is the common greeting during this period, as it is believed that on Rosh Hashanah God records the destiny of all mankind in the Book of Life. On Yom Kippur the Book is closed and sealed. Those that have repented for their sins are granted a good and happy New Year.

On Rosh Hashanah it is customary to eat foods that are sweet with flavor. This symbolizes the "sweetness and good fortune" of the New Year ahead. Foods flavored with honey, apples and carrots are commonly served. The Rosh Hashanah meal begins with apple and challah dipped in honey. Challah, the bread usually eaten on the Sabbath, is also specially prepared for the holiday. Instead of the traditional braided loaf, the Rosh Hashanah challah is round - symbolizing the cycle of the new year. The design of ladders or birds are added to the holiday challah by some fam-

ilies to commemorate the prayers rising to Heaven. Below you will find a delicious recipe for a Honey Whole Wheat Challah for you to enjoy this Rosh Hashanah.

#### HONEY WHOLE WHEAT CHALLAH

## **Ingredients**

- 4 cups Flour
- 4 cups Whole-Grain Wheat flour
- 2 pkgs. Active Rapid-Rise Yeast
- 1 ½ tsp Salt
- 2 cups Hot Water
- ½ cup Honey
- ¼ cup Margarine
- 2 Eggs beaten
- 1Egg Yolk
- 1 tsp Water
- Sesame Seeds -- or poppy seeds

#### **Directions**

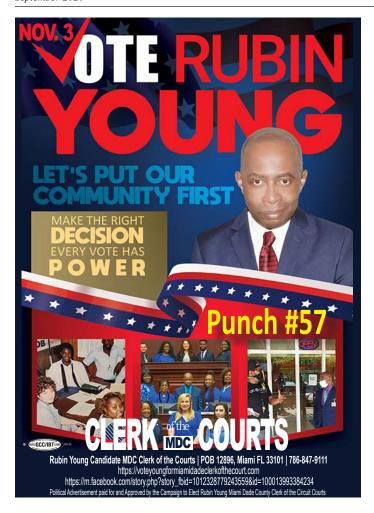
Combine both flours in a large bowl. Set aside 1 cup. Add yeast and salt to flours. Combine the hot water, honey, and margarine. Stir until margarine melts. Stir warm liquids into flour mixture. Stir in eggs. Knead dough on lightly floured board 7-10 minutes adding as much of reserved flour as needed to form a smooth, elastic dough. Cover dough and let it rest for 10 minutes. Cut dough into two parts and

shape each part into a ball. Place both balls on a greased cookie sheets. Cover and let rise in a warm, draft-free place until the balls double in size. Beat egg yolk with the remaining 1 tsp water. Brush loaves with glaze and sprinkle with sesame or poppy seeds. Bake at 350 degrees for 45-55 minutes or until brown. Remove from pan and cool on wire rack. Makes 2 loaves, 24 servings.





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Retired nurse looking for part time work caring for elderly patients. Has own car for help with transportation to and from doctor's appointments, shopping and errands.

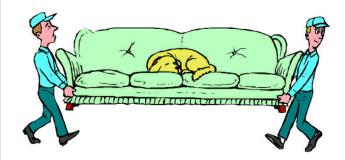
786-486-9022

Excellent References
Resume Available on Request

# RECEIVING OR BRINGING DOWN FURNITURE

Please remember that whenever you need to bring down or you will be receiving furniture or bulky deliveries, you must contact the office previously to check there is no move in or move out on the date you need the elevator. When people are moving in or out they pay to have the elevator for their move so no other residents can use the service elevator on that date.

Also, remember furniture can only be delivered or brought down during weekdays between 10 a.m. and 5 p.m. The only exception to bring down furniture or bulky items is during the first weekend of each month when the City opens the trash collection site located in the corner of Dickens Avenue and 75<sup>th</sup> street.



# RECIBIR O BAJAR MUEBLES

Recuerde que siempre que necesite bajar o vaya a recibir muebles o entregas voluminosas, debe comunicarse con la oficina previamente para verificar que no haya mudanza en la fecha en que necesita el elevador. Cuando las personas se mudan, pagan para tener el uso exclusivo del ascensor para su mudanza, de modo que ningún otro residente debe usar el ascensor de servicio en esa fecha.

Recuerde también que los muebles solo se pueden recibir o bajar durante los días de semana entre las 10 a.m. y las 5 p.m. La única excepción para bajar muebles o artículos voluminosos es durante el primer fin de semana de cada mes cuando la Ciudad abre el sitio de recolección de basura ubicado en la esquina de Dickens Avenue y 75th street.



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